












Four easy ways to pay for meals:

1. Go to www.MyPaymentsPlus.com to make a payment with your MasterCard or Visa; a convenience fee of 4.75% applies.
2. Call 229-FOOD (229-3663) to make a payment with your MasterCard or Visa using the Lunch Phone System, a convenience fee of \$1.25 applies per transaction.
3. Mail a check to MCS Child Nutrition, 211 North East Street, Mason, OH 45040.
4. Give a check or cash to the Child Nutrition Worker.

Mason Intermediate Campus Lunch Menu December 2017

Fuel Up Each Day with A Healthy Breakfast at MI!
Breakfast is available in both MI cafeterias and from a breakfast cart located by the 100 wing next to the Take 5 Room
Cafeteria: 7:45-8:10 AM
Breakfast Meal Price: \$1.80



Monday	Tuesday	Wednesday	Thursday	Friday
<p>Check out Child Nutrition's Interactive Menus! Go to mcschildnutrition.com OR masonohioschools.com, click on 'Departments' then 'Child Nutrition.' The interactive menus are identified with the  icon next to them.</p>		<p>Lunch Price: \$2.70 Ala Carte Milk: \$0.55 Ala Carte Bottled Water (8oz): \$0.55</p>	<p>National Handwashing Awareness Week December 4-10 </p> <p>Washing hands frequently is the single most effective way to prevent the spread of disease!</p>	<p>1 Italian Pasta Bar w/ Garlic Toast (Choices include: Beef Meat Sauce, Meatless Sauce & Italian Cheese Sauce) Crisp Romaine Salad* Crunchy Cucumber Slices* Apple Slices* Milk</p>
<p>4 Toasted Cheese Sandwich Campbell's Tomato Soup* Tater Tots* Chilled Peach Cup* Milk </p>	<p>5 Orange Chicken w/ Brown Rice Steamed Broccoli Florets* Celery Sticks* Kicking Kiwi* Milk </p>	<p>6 <i>Brunch for Lunch</i> French Toast Sticks w/ Turkey Sausage Links Hash Brown Potato Triangles* Spring Mix Salad* 100% Apple, Orange or Grape Juice* Milk</p>	<p>7 Regular Chicken Fingers & Mini Pillsbury Waffles "Bush's Best" Vegetarian Baked Beans* Green Pepper Strips* Diced Pears* Milk</p>	<p>8 Bosco Cheese Filled Breadsticks w/ Marinara Sauce Baby Carrots* Tossed Mix Salad* Apple Slices* Milk </p>
<p>11 Mini Turkey Corn Dogs Potato Smiles* Crisp Romaine Salad* Mandarin Oranges* Milk</p>	<p>12 Tony's Personal Pan Cheese Pizza Hearty Spinach Salad* Grape Tomatoes* Pineapple Chunks* Milk </p>	<p>13 Taco Salad w/ Baked Tostitos Chips & Choice of Salsa & Sour Cream Chipotle Black Beans* Steamed Golden Corn* Kicking Kiwi* Milk</p>	<p>14 General Tso's Chicken w/ Brown Rice Steamed Broccoli Florets* Sweet & Juicy Red Pepper Strips* Fresh Clementine* Milk </p>	<p>15 Pepperoni Calzone Crunchy Cucumber Slices* Celery Sticks* Chilled Strawberry Cup* Milk</p>
<p>18 Chicken Patty Sandwich Oven Baked French Fries* Crisp Romaine Salad* Mandarin Oranges* Milk   December Happy Birthday Celebration! Rice Krispie Treat w/ any Meal!</p>	<p>19 Cincinnati Chili Cheese Dog OR Turkey Hot Dog on Bun "Bush's Best" Vegetarian Baked Beans* Baby Carrots* Mixed Berries* Milk</p>	<p>20 <i>Brunch for Lunch</i> Mini Pillsbury Pancakes w/ Scrambled Eggs Hash Brown Potato Triangles* Hearty Spinach Salad* 100% Apple, Orange or Grape Juice* Milk</p>	<p>21 HOLIDAY MEAL Turkey w/ Dinner Roll Mashed Potatoes* w/ Gravy Tender Green Beans* Slushy Strawberry Kiwi Juice Cup* Milk </p>	<p>22 Bosco Cheese Filled Breadsticks w/ Marinara Sauce Steamed Power Peas* Grape Tomatoes* Mixed Fruit* Milk</p>

A complete lunch consists of 5 food components-grains (part of entrée), protein (part of entrée), fruits, vegetables and milk. Under National School Lunch guidelines, students must choose 3 of the 5 food components and 1 must be a fruit or vegetable. Students may choose 1 to 3 fruits or vegetables.

Enjoy Winter Break!

School resumes January 8, 2018



Additional Entrées Served: Offered Daily: Large Green or Chef Salad w/ Banana Bread, Yogurt, String Cheese & Banana Bread, Peanut Butter & Jelly Uncrustable w/ String Cheese & Goldfish Crackers, Hamburger/Cheeseburger; Hummus & Veggies Meal; **Monday:** Cheese & Beef Pepperoni Pizza, Hot Pretzel w/ Cheese; **Tuesday:** Chicken Nuggets w/ Biscuit; **Wednesday:** Cheese & Beef Pepperoni Pizza, Hot Pretzel Meal w/ Cheese; **Thursday:** Mac & Cheese; **Friday:** Cheese & Beef Pepperoni Pizza, Hot Pretzel w/ Cheese, Fish Sandwich *Additional fruit and vegetable choices are available daily.