

Four easy ways to pay for meals:

1. Go to www.MyPaymentsPlus.com to make a payment with your MasterCard or Visa; a convenience fee of 4.75% applies.
2. Call 229-FOOD (229-3663) to make a payment with your MasterCard or Visa using the Lunch Phone System, a convenience fee of \$1.25 applies per transaction.
3. Mail a check to MCS Child Nutrition, 211 North East Street, Mason, OH 45040.
4. Give a check or cash to the Child Nutrition Worker.

Mason Middle School Lunch Menu November 2017

Fuel Up Each Day with A Healthy Breakfast at MM!
Breakfast is available in the cafeteria and from a breakfast cart located by the 300 wing where the buses unload.

Cafeteria: 6:55-7:20 AM
Breakfast Cart 7:00-7:20 AM

Breakfast Meal Price: \$1.80

Breakfast Items Available Ala Carte



Monday	Tuesday	Wednesday	Thursday	Friday
<p>Check out Child Nutrition's Interactive Menus! Go to mcschildnutrition.com OR masonohioschools.com, click on 'Departments' then 'Child Nutrition.'</p> <p>The interactive menus are identified with the icon next to them.</p>		<p>1 Mac & Cheese w/ Dinner Roll Steamed Broccoli Florets* Crisp Romaine Salad* Diced Peaches* Milk</p>	<p>2 Boneless Chicken Wings w/ Biscuit "Bush's Best" Vegetarian Baked Beans* Celery Sticks* Kicking Kiwi* Milk</p>	<p>3 Italian Pasta Bar w/ Garlic Breadstick (Choices include: Beef Meat Sauce, Meatless Sauce & Italian Cheese Sauce) Tossed Mix Salad* Grape Tomatoes* Mandarin Oranges* Milk</p> <p style="text-align: center;">Personal Pan Domino's Pizza</p>
<p>6 Tyson® Breaded Chicken Drumstick w/ Dinner Roll Mashed Potatoes* w/ Gravy Tender Green Beans* Apple Slices* Milk</p>	<p>7 Taco Salad w/ Baked Tostitos Chips & Choice of Salsa & Sour Cream Golden Corn* Refried Beans* Orange Smiles* Milk</p>	<p>8 Bosco Cheese Filled Breadsticks w/ Marinara Sauce Steamed Peas* Baby Carrots* Mixed Berries* Milk</p> <p style="text-align: right;"></p>	<p>9 Popcorn Chicken w/ Biscuit Curly Fries* Cucumber Slices* Chilled Peach Cup* Milk</p>	<p>10 <i>Made to Order Burrito & Bowl Bar</i> Fajita Seasoned Chicken, Beef, Pork, and/or Black Beans, Fiesta Corn, Cilantro Lime Rice & Shredded Cheese Grape Tomatoes* Crisp Romaine Salad* Diced Pears* Milk</p>
<p>13 Toasted Cheese Sandwich Campbell's Tomato Soup* Tater Tots* Diced Peaches* Milk</p>	<p>14 Cincinnati Chili Cheese Dog "Bush's Best" Vegetarian Baked Beans* Red Pepper Strips* Diced Mangoes* Milk</p>	<p>15 <u>HOLIDAY MEAL</u> Roast Turkey w/ Biscuit Mashed Potatoes* w/ Gravy Tender Green Beans* Slushy Strawberry Mango Juice Cup* Milk</p>	<p>16 <u>Brunch For Lunch- Early Release</u> French Toast Sticks w/ Scrambled Eggs Hash Brown Potato Triangles* Spring Mix Salad* 100% Apple, Orange or Grape Juice* Milk</p>	<p>17 Italian Pasta Bar w/ Garlic Breadstick (Choices include: Beef Meat Sauce, Meatless Sauce & Italian Cheese Sauce) Tossed Mix Salad* Grape Tomatoes* Mandarin Oranges* Milk</p> <p style="text-align: center;">Buffalo Chicken & Cheese Pizza No Pepperoni Pizza will be Offered</p>
<p>20 No School Personal Learning Day</p> <div style="border: 1px solid black; padding: 5px; margin-top: 5px;"> <p>Lunch Price: \$2.70, \$2.95 Ala Carte Milk: \$0.55 Ala Carte Bottled Water (8 oz): \$0.55</p> </div>	<p>No School - November 21-24</p> <div style="text-align: center;"> </div> <div style="border: 1px solid black; padding: 10px; margin-top: 10px; text-align: center;"> <p>A complete lunch consists of 5 food components: grains (part of entrée), protein (part of entrée), fruits, vegetables and milk. Under National School Lunch guidelines, students must choose 3 of the 5 food components and 1 must be a fruit or vegetable. Students may choose 1-3 fruits and/or vegetables.</p> </div>			
<p>27 Orange Chicken w/ Brown Rice Steamed Broccoli* Green Pepper Strips* Pineapple Chunks* Milk</p>	<p>28 Taco Salad w/ Baked Tostitos Chips & Choice of Salsa & Sour Cream Golden Corn* Chipotle Black Beans* Orange Smiles* Milk</p>	<p>29 Cincinnati Chili Cheese Dog "Bush's Best" Vegetarian Baked Beans* Hearty Spinach Salad* Kicking Kiwi* Milk</p>	<p>30 Spicy Chicken Fingers w/ Dinner Roll Tender Green Beans* Red Pepper Strips* Tropical Fruit Salad* Milk</p>	<p style="text-align: center;"> Hummus Meal <u>Available Daily!</u> Roasted Red Pepper Hummus, Pita Bread, Baby Carrots, Grape Tomatoes & Cucumber Slices</p>

Offered Daily: Crispy Shell and/or Flour Tortilla Tacos, Nachos w/ Cheese and/or Taco Meat, Hot Pretzel w/ Cheese, Cheese or Turkey Pepperoni Pizza, Hamburger or Cheeseburger, Grilled Chicken Sandwich, Chicken Patty Sandwich, Hot & Spicy Chicken Sandwich; Peanut Butter & Jelly Sandwich and Made to Order Salads and Sandwiches from the Comet Fresh Express;

NEW Hummus & Veggies Meal; **Available on Fridays:** Fish Sandwich *Additional fruit and vegetable choices are available daily.

MCS Office of Child Nutrition

336-6526

Located at Mason Central: 211 North East St. Mason, OH 45040

"This institution is an equal opportunity provider."