












**Four easy ways to pay for meals:**

1. Go to [www.MyPaymentsPlus.com](http://www.MyPaymentsPlus.com) to make a payment with your MasterCard or Visa; a convenience fee of 4.75% applies.
2. Call 229-FOOD (229-3663) to make a payment with your MasterCard or Visa using the Lunch Phone System, a convenience fee of \$1.25 applies per transaction.
3. Mail a check to MCS Child Nutrition, 211 North East Street, Mason, OH 45040.
4. Give a check or cash to the Child Nutrition Worker.

# Mason Intermediate Campus Lunch Menu November 2017

**Fuel Up Each Day with A Healthy Breakfast at MI!**  
**Breakfast is available in both MI cafeterias and from a breakfast cart located by the 100 wing next to the Take 5 Room**  
**Cafeteria: 7:45-8:10 AM**  
**Breakfast Meal Price: \$1.80**



Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>Check out Child Nutrition's Interactive Menus!</b>                      Go to <a href="http://mcschildnutrition.com">mcschildnutrition.com</a> OR <a href="http://masonohioschools.com">masonohioschools.com</a>, click on 'Departments' then 'Child Nutrition.'                      The interactive menus are identified with the  icon next to them.</p>		<p><b>1</b> <i>Brunch for Lunch</i>                      French Toast Sticks w/                      Turkey Sausage Links                      Hash Brown Potato Triangles*                      Grape Tomatoes*                      100% Apple, Orange or Grape Juice*                      Milk</p>	<p><b>2</b> Spicy Chicken Fingers &amp;                      Mini Pillsbury Waffles                      "Bush's Best" Vegetarian                      Baked Beans*                      Spring Mix Salad*                      Apple Slices*                      Milk</p>	<p><b>3</b> Bosco Cheese Filled Breadsticks                      w/ Marinara Sauce                      Baby Carrots*                      Tossed Salad Mix*                      Chilled Peach Cup*                      Milk </p>
<p><b>6</b> Chicken Patty Sandwich                      Potato Smiles*                      Crisp Romaine Salad*                      Orange Smiles*                      Milk</p>	<p><b>7</b> Tony's Personal Pan Cheese Pizza                      Grape Tomatoes*                      Celery Sticks*                      Pineapple Chunks*                      Milk </p>	<p><b>8</b> Taco Salad w/                      Baked Tostitos Chips                      &amp; Choice of Salsa &amp; Sour Cream                      Chipotle Black Beans*                      Steamed Golden Corn*                      Kicking Kiwi*                      Milk</p>	<p><b>9</b> General Tso's Chicken w/                      Brown Rice                      Steamed Broccoli Florets*                      Sweet &amp; Juicy Red Pepper Strips*                      Red Grapes*                      Milk</p>	<p><b>10</b> Pepperoni Calzone                      Crunchy Cucumber Slices*                      Tossed Mix Salad*                      Mandarin Oranges*                      Milk</p>
<p><b>13</b> Toasted Cheese Sandwich                      Campbell's Tomato Soup*                      Tater Tots*                      Diced Peaches*                      Milk  </p>	<p><b>14</b> Cincinnati Chili Cheese Dog                      OR                      Turkey Hot Dog on Bun                      "Bush's Best" Vegetarian Baked Beans*                      Baby Carrots*                      Red Delicious Apple*                      Milk</p>	<p><b>15</b> <i>Brunch for Lunch</i>                      Mini Pillsbury Pancakes w/                      Scrambled Eggs                      Hash Brown Potato Triangles*                      Hearty Spinach Salad*                      100% Apple, Orange or Grape Juice*                      Milk</p>	<p><b>16</b> <b>HOLIDAY MEAL</b>                      Roast Turkey w/ Dinner Roll                       Mashed Potatoes* w/ Gravy                      Tender Green Beans*                      Slushy Strawberry Mango                      Juice Cup*                      Milk</p>	<p><b>17</b> Bosco Cheese Filled Breadsticks                      w/ Marinara Sauce                      Steamed Power Peas*                      Crisp Romaine Salad*                      Mixed Fruit*                      Milk</p>
<p><b>20</b> No School                      Personal Learning Day  <div style="border: 1px solid black; padding: 5px; margin-top: 10px;"> <p><b>Lunch Price: \$2.70</b>  <b>Ala Carte Milk: \$0.55</b>  <b>Ala Carte Bottled Water (8oz): \$0.55</b></p> </div></p>	<p><b>No School - November 21-24</b></p>  <div style="border: 1px solid black; padding: 10px; margin-top: 10px; width: fit-content; margin-left: auto; margin-right: auto;"> <p>A complete lunch consists of 5 food components - grains (part of entrée), protein (part of entrée), fruits, vegetables and milk. Under National School Lunch guidelines, students must choose 3 of the 5 food components and 1 must be a fruit or vegetable. Students may choose 1 to 3 fruits or vegetables.</p> </div>			
<p><b>27</b> Mini Turkey Corn Dogs                      Potato Smiles*                      Grape Tomatoes*                      Mandarin Oranges*                      Milk                         November  <b>Happy Birthday Celebration!</b>                      Rice Krispie Treat w/ any Meal!</p>	<p><b>28</b> Teriyaki Chicken w/                      Brown Rice                      Steamed Broccoli Florets*                      Celery Sticks*                      Diced Mangoes*                      Milk</p>	<p><b>29</b> Taco Salad w/                      Baked Tostitos Chips                      &amp; Choice of Salsa &amp; Sour Cream                      Refried Beans*                      Steamed Golden Corn*                      Mixed Berries*                      Milk</p>	<p><b>30</b> Popcorn Chicken w/ Biscuit                      Curly Fries*                      Baby Carrots*                      Red Grapes*                      Milk </p>	<p> <b>Hummus Meal</b>                      Available Daily!                      Roasted Red Pepper Hummus,                      Pita Bread, Baby Carrots,                      Grape Tomatoes &amp;                      Cucumber Slices</p>

**Additional Entrées Served: Offered Daily:** Large Green or Chef Salad w/ Banana Bread, Yogurt, String Cheese & Banana Bread, Peanut Butter & Jelly Uncrustable w/ String Cheese & Goldfish Crackers, Hamburger/Cheeseburger; Hummus & Veggies Meal; **Monday:** Cheese & Beef Pepperoni Pizza, Hot Pretzel w/ Cheese; **Tuesday:** Chicken Nuggets w/ Biscuit; **Wednesday:** Cheese & Beef Pepperoni Pizza, Hot Pretzel Meal w/ Cheese; **Thursday:** Mac & Cheese; **Friday:** Cheese & Beef Pepperoni Pizza, Hot Pretzel w/ Cheese, Fish Sandwich \*Additional fruit and vegetable choices are available daily.

MCS Office of Child Nutrition 336-6526 Located at Mason Central: 211 North East St. Mason, OH 45040

"This institution is an equal opportunity provider."