


Four easy ways to pay for meals:

1. Go to www.MyPaymentsPlus.com to make a payment with your MasterCard or Visa; a convenience fee of 4.75% applies.
2. Call 229-FOOD (229-3663) to make a payment with your MasterCard or Visa using the Lunch Phone System, a convenience fee of \$1.25 applies per transaction.
3. Mail a check to MCS Child Nutrition, 211 North East Street, Mason, OH 45040.
4. Give a check or cash to the Child Nutrition Worker.


Western Row Elementary Lunch Menu November 2017

Fuel Up with School Breakfast at WR!
 All Students Welcome
 Served Daily: 8:55-9:15 AM
 Breakfast Meal Price: \$1.70
 See Menu On-Line



Monday	Tuesday	Wednesday	Thursday	Friday	
<p>Check out Child Nutrition's Interactive Menus! Go to mcschildnutrition.com OR masonohioschools.com, click on 'Departments' then 'Child Nutrition.'</p> <p>The interactive menus are identified with the  icon next to them.</p>		<p>1 Soft Tacos w/ Beef & Cheese Choice of Sour Cream & Salsa OR Hamburger or Cheeseburger Refried Beans* Shredded Lettuce Salad* Diced Pears* Milk</p>	<p>2 French Toast Sticks w/ Turkey Sausage Links OR Mini Cinnis w/ Turkey Sausage Links Hash Brown Potato Triangles* Spring Mix Salad* 100% Apple, Orange or Grape Juice* Milk</p>	<p>3 Tony's Personal Pan Cheese Pizza OR Turkey Corn Dog  Steamed Corn* Sweet & Juicy Red Pepper Strips* Chilled Peach Cup* Milk</p>	
<p>6 Popcorn Chicken w/ Biscuit OR American Sub (Ham, Turkey & Cheese on Sub Bun) "Smiley Face" Potatoes* Baby Carrots* Apple Slices* Milk</p>	<p>7 Tony's Cheese Pizza OR Hamburger or Cheeseburger "Bush's Best" Vegetarian Baked Beans* Green Pepper Strips* Orange Smiles*  Milk</p>	<p>8 Bosco Cheese Filled Breadsticks w/ Marinara Sauce OR Deli Turkey & Cheese Sandwich Spinach Salad* Celery Sticks* Slushy Strawberry Mango Juice Cup* Milk</p>	<p>9 Mini Pillsbury Pancakes w/ Scrambled Eggs OR Apple Filled Frudel w/ Scrambled Eggs Tater Tots*  Grape Tomatoes* 100% Apple, Orange or Grape Juice* Milk</p>	<p>10 Chicken Nuggets w/ Dinner Roll OR Fish Sandwich Oven Baked French Fries* Crisp Romaine Salad* Mixed Fruit* Milk</p>	
<p>13 Toasted Cheese Sandwich OR Deli Turkey & Cheese Sandwich "Campbell's" Tomato Soup* Tossed Mix Salad* Applesauce Cup*  Milk</p>	<p>14 Tony's Cheese Pizza OR Pork Pepperoni Pizza OR Hot Ham & Cheese Sandwich Spring Mix Salad* Crunchy Cucumber Slices* Mandarin Oranges*  Milk</p>	<p>15 Chicken Fingers w/ Biscuit OR Cheese Quesadilla w/ Choice of Sour Cream & Salsa Chipotle Black Beans* Grape Tomatoes* Diced Peaches* Milk</p>	<p>16 French Toast Sticks w/ Turkey Sausage Links OR Mini Pillsbury Waffles w/ Turkey Sausage Links Hash Brown Potato Triangles* Crisp Romaine Salad* 100% Apple, Orange or Grape Juice* Milk</p>	<p>17 Mini Turkey Corn Dogs OR Mini Fish Sticks Mini "Night Vision" Carrots* Mini Tater Tots* Mini Diced Pears* Milk Mini Scooby Doo Fruit Snacks w/ the purchase of any Meal! </p>	
<p>20 No School Personal Learning Day</p> <div style="border: 1px solid black; padding: 5px; margin-top: 10px;"> <p>Lunch Price: \$2.60 Ala Carte Milk: \$0.55 Ala Carte Bottled Water (8oz): \$0.55</p> </div>	<p>No School - November 21-24</p> 			<p>A complete lunch has 5 components: grains (part of entrée), protein (part of entrée), fruits, vegetables, and milk. To make your lunch a meal, choose:</p> <ul style="list-style-type: none"> • At least 1 fruit or vegetable and • At least 2 additional food components 	
<p>27 Macaroni & Cheese w/ Dinner Roll OR Turkey Hot Dog on Bun Steamed Broccoli Florets* Grape Tomatoes* Pineapple Tidbits* Milk  November Happy Birthday Celebration! Mini Rice Krispie Treat w/ any Meal!</p>	<p>28 Tony's Cheese Pizza OR American Sub (Ham, Turkey & Cheese on Sub Bun) Steamed Carrot Coins* Crunchy Cucumber Slices* Mixed Berries* Milk</p>	<p>29 Chicken Fingers w/ Biscuit OR Mexican Burrito (Beef & Bean) Choice of Salsa & Sour Cream Refried Beans* "Smiley Face" Potatoes* Red Grapes*  Milk</p>	<p>30 Mini Pillsbury Pancakes w/ Scrambled Eggs OR Apple Filled Frudel w/ Scrambled Eggs Tater Tots* Sweet & Juicy Red Pepper Strips* 100% Apple, Orange or Grape Juice* Milk</p>	<p> Hummus Meal <u>Available Daily!</u> Roasted Red Pepper Hummus, Cheddar Cheese Cubes, Baby Carrots, Celery Sticks, Grape Tomatoes & Goldfish Crackers</p>	

Additional Entrées Served:

Daily: Large Green Salad w/ Cheese, Mini Blueberry Loaf & Goldfish Crackers, Peanut Butter & Jelly Uncrustable w/ String Cheese & Goldfish Crackers;
 **Hummus Meal:** Roasted Red Pepper Hummus, Cheddar Cheese Cubes, Baby Carrots, Celery Sticks, Grape Tomatoes & Goldfish Crackers;
 Yogurt, String Cheese, Mini Blueberry Loaf & Goldfish Crackers;
 *Additional fruit and vegetable choices are available daily.

MCS Office of Child Nutrition 336-6526 Located at Mason Central: 211 North East St. Mason, OH 45040

"This institution is an equal opportunity provider."