












**Four easy ways to pay for meals:**

1. Go to [www.MyPaymentsPlus.com](http://www.MyPaymentsPlus.com) to make a payment with your MasterCard or Visa; a convenience fee of 4.75% applies.
2. Call 229-FOOD (229-3663) to make a payment with your MasterCard or Visa using the Lunch Phone System, a convenience fee of \$1.25 applies per transaction.
3. Mail a check to MCS Child Nutrition, 211 North East Street, Mason, OH 45040.
4. Give a check or cash to the Child Nutrition Worker.

# Mason Early Childhood Center Lunch Menu November 2017

**Fuel Up with School Breakfast at MECC!**  
**K-2 Students Welcome**  
**Served Daily: 9:00-9:20 AM**  
**Breakfast Meal Price: \$1.70**  
**See Menu On-Line**



Monday	Tuesday	Wednesday	Thursday	Friday	
<p><b>Check out Child Nutrition's Interactive Menus!</b>                      Go to <a href="http://mcschildnutrition.com">mcschildnutrition.com</a> OR <a href="http://masonohioschools.com">masonohioschools.com</a>, click on 'Departments' then 'Child Nutrition.'</p> <p>The interactive menus are identified with the  icon next to them.</p>		<p><b>1</b> Hamburger or Cheeseburger                      "Bush's Best" Vegetarian Baked Beans*                      Crisp Romaine Salad*                      Diced Pears*                      Milk</p>	<p><b>2</b> French Toast Sticks w/                      Turkey Sausage Links OR                      Mini Cinnis w/ Turkey Sausage Links                      Hash Brown Potato Triangles*                      Spring Mix Salad*                      100% Apple, Orange or Grape Juice*                      Milk</p>	<p><b>3</b> Turkey Hot Dog w/ Bun                      Steamed Corn*                      Sweet &amp; Juicy Red Pepper Strips*                      Chilled Peach Cup*                      Milk</p> 	
<p><b>6</b> Popcorn Chicken w/ Biscuit                      "Smiley Face" Potatoes*                      Baby Carrots*                      Apple Slices*                      Milk</p>	<p><b>7</b> Tony's Cheese Pizza                      "Bush's Best" Vegetarian Baked Beans*                      Green Pepper Strips*                      Orange Smiles*                      Milk</p> 	<p><b>8</b> Bosco Cheese Filled Breadsticks                      w/ Marinara Sauce                      Spinach Salad*                      Celery Sticks*                      Slushy Strawberry Mango                      Juice Cup*                      Milk</p> 	<p><b>9</b> Mini Pillsbury Pancakes w/                      Scrambled Eggs OR                      Apple Filled Frudel w/ Scrambled Eggs                      Tater Tots*                      Grape Tomatoes*                      100% Apple, Orange or Grape Juice*                      Milk</p> 	<p><b>10</b> Chicken Nuggets w/ Dinner Roll                      Oven Baked French Fries*                      Crisp Romaine Salad*                      Mixed Fruit*                      Milk</p>	
<p><b>13</b> Toasted Cheese Sandwich                      "Campbell's" Tomato Soup*                      Tossed Mix Salad*                      Pineapple Tidbits*                      Milk</p>	<p><b>14</b> Tony's Cheese Pizza OR                      Pork Pepperoni Pizza                      Chipotle Black Beans*                      Crunchy Cucumber Slices*                      Mandarin Oranges*                      Milk</p>	<p><b>15</b> Chicken Fingers w/ Biscuit                      Spring Mix Salad*                      Sweet &amp; Juicy Red Pepper Strips*                      Diced Peaches*                      Milk</p>	<p><b>16</b> French Toast Sticks w/                      Turkey Sausage Links OR                      Mini Pillsbury Waffles w/                      Turkey Sausage Links                      Hash Brown Potato Triangles*                      Crisp Romaine Salad*                      100% Apple, Orange or Grape Juice*                      Milk</p>	<p><b>17</b> Mini Turkey Corn Dogs                      Mini "Night Vision" Carrots*                      Mini Tater Tots*                      Mini Diced Pears*                      Milk</p> <p style="text-align: center;"><b>Mini Scooby Doo Fruit Snacks w/                      the purchase of any Meal!</b></p> 	
<p><b>20</b> <b>No School</b>  <b>Personal Learning Day</b></p> <div style="border: 1px solid black; padding: 5px; margin-top: 5px;"> <p><b>Lunch Price: \$2.60</b>  <b>Ala Carte Milk: \$0.55</b>  <b>Ala Carte Bottled Water (8oz): \$0.55</b></p> </div>	<p><b>No School - November 21-24</b></p> 			<div style="border: 1px solid black; padding: 5px;"> <p><b>A complete lunch has 5 components:</b> grains (part of entrée), protein (part of entrée), fruits, vegetables, and milk.</p> <p><b>To make your lunch a meal, choose:</b></p> <ul style="list-style-type: none"> <li>• At least 1 fruit or vegetable and</li> <li>• At least 2 additional food components</li> </ul> </div>	
<p><b>27</b> Macaroni &amp; Cheese w/ Dinner Roll                      Steamed Broccoli Florets*                      Grape Tomatoes*                      Pineapple Tidbits*                      Milk</p> <p style="text-align: center;"><b>November</b></p> <p style="text-align: center;"><b>Happy Birthday Celebration!</b></p> <p style="text-align: center;"><b>Mini Rice Krispie Treat w/ any Meal!</b></p>  	<p><b>28</b> Tony's Cheese Pizza                      Steamed Carrot Coins*                      Green Pepper Strips*                      Mixed Berries*                      Milk</p>	<p><b>29</b> Hamburger or Cheeseburger                      "Bush's Best" Vegetarian Baked Beans*                      Celery Sticks*                      Red Grapes*                      Milk</p>	<p><b>30</b> Mini Pillsbury Pancakes w/                      Scrambled Eggs OR                      Apple Filled Frudel w/                      Scrambled Eggs                      Hash Brown Potato Triangles*                      Crunchy Cucumber Slices*                      100% Apple, Orange or Grape Juice*                      Milk</p>	<p style="text-align: center;"><b>NEW!</b></p> <p style="text-align: center;"><b>Hummus Meal</b></p> <p style="text-align: center;"><u>Available Daily!</u></p> <p>Roasted Red Pepper Hummus,                      Cheddar Cheese Cubes, Baby Carrots,                      Celery Sticks, Grape Tomatoes &amp; Goldfish Crackers</p>	

**Additional Entrées Served:**

**Daily:** Large Green Salad w/ Cheese, Mini Blueberry Loaf & Goldfish Crackers, Peanut Butter & Jelly Uncrustable w/ String Cheese & Goldfish Crackers;

**NEW!** Hummus Meal: Roasted Red Pepper Hummus, Cheddar Cheese Cubes, Baby Carrots, Celery Sticks, Grape Tomatoes & Goldfish Crackers;

Yogurt, String Cheese, Mini Blueberry Loaf & Goldfish Crackers;

\*Additional fruit and vegetable choices are available daily.

**MCS Office of Child Nutrition 336-6526 Located at Mason Central: 211 North East St. Mason, OH 45040**

"This institution is an equal opportunity provider."