


Four easy ways to pay for meals:

1. Go to www.MyPaymentsPlus.com to make a payment with your MasterCard or Visa; a convenience fee of 4.75% applies.
2. Call 229-FOOD (229-3663) to make a payment with your MasterCard or Visa using the Lunch Phone System, a convenience fee of \$1.25 applies per transaction.
3. Mail a check to MCS Child Nutrition, 211 North East Street, Mason, OH 45040.
4. Give a check or cash to the Child Nutrition Worker.

Mason Intermediate Campus Lunch Menu September 2017

Fuel Up Each Day with A Healthy Breakfast at MI!
Breakfast is available in both MI cafeterias and from a breakfast cart located by the 100 wing next to the Take 5 Room
Cafeteria: 7:45-8:10 AM
Breakfast Meal Price: \$1.80













Monday

Tuesday

Wednesday

Thursday

Friday

<u>Additional Entrées Served</u>			Check out Child Nutrition's Interactive Menus!	1 Italian Pasta Bar w/ Breadstick (Choices include: Beef Meat Sauce, Meatless Sauce & Italian Cheese Sauce) Tossed Mix Salad* Baby Carrots* Apple Slices* Milk 
<p>Offered Daily: Large Green or Chef Salad w/ Banana Bread, Yogurt, String Cheese & Banana Bread, Peanut Butter & Jelly Uncrustable w/ String Cheese & Goldfish Crackers, Hamburger/Cheeseburger;</p> <p>Monday: Pizza, Hot Pretzel w/ Cheese; Tuesday: Chicken Nuggets w/ Biscuit;</p> <p>Wednesday: Pizza, Hot Pretzel Meal w/ Cheese; Thursday: Mac & Cheese;</p> <p>Friday: Pizza, Hot Pretzel w/ Cheese, Fish Sandwich</p> <p>*Additional fruit and vegetable choices are available daily.</p>			<p>Go to mcschildnutrition.com OR masonohisochools.com, click on 'Departments' then 'Child Nutrition.'</p> <p>The interactive menus are identified with the  icon next to them.</p>	
<p>4 NO SCHOOL</p> <div style="border: 1px solid black; padding: 5px; margin: 5px auto; width: 80%;"> <p>Lunch Price: \$2.70 Ala Carte Milk: \$0.55 Ala Carte Bottled Water (8oz): \$0.55</p> </div> <p style="text-align: center;">LABOR DAY</p>	<p>5 Chili Cheese Dog OR Turkey Hot Dog on Bun "Bush's Best" Vegetarian Baked Beans* Crisp Romaine Salad* Diced Pears* Milk</p>	<p>6 <i>Brunch for Lunch</i> French Toast Sticks w/ Turkey Sausage Links Hash Brown Potato Triangles* Grape Tomatoes* 100% Apple, Orange or Grape Juice* Milk</p>	<p>7 General Tso's Chicken w/ Brown Rice Steamed Broccoli Florets* Spring Mix Salad* Kicking Kiwi* Milk</p>	<p>8 Bosco Cheese Filled Breadsticks w/ Marinara Sauce Baby Carrots* Tossed Salad Mix* Chilled Strawberry Cup* Milk</p>
<p>11 Toasted Cheese Sandwich Campbell's Tomato Soup* Tater Tots* Diced Peaches* Milk</p> 	<p>12 Turkey Corn Dog Potato Smiles* Crisp Romaine Salad* Orange Smiles* Milk</p> 	<p>13 <i>Roald Dahl Day!</i> Chance to win a book with any purchase today! Taco Salad w/Baked Tostitos Chips & Choice of Salsa & Sour Cream Chipotle Black Beans* Steamed Golden Corn* Kicking Kiwi* Milk</p>	<p>14 Spicy Chicken Fingers & Mini Pillsbury Waffles Curly Fries* Sweet & Juicy Red Pepper Strips* Red Grapes* Milk</p>	<p>15 Pepperoni Calzone Crunchy Cucumber Slices* Tossed Mix Salad* Mandarin Oranges* Milk</p>
<p>18 Teriyaki Chicken w/ Brown Rice Steamed Broccoli Florets* Grape Tomatoes* Pineapple Chunks* Milk</p>	<p>19 Chili Cheese Dog OR Turkey Hot Dog on Bun "Bush's Best" Vegetarian Baked Beans* Baby Carrots* Red Delicious Apple* Milk</p>	<p>20 <i>Brunch for Lunch</i> Mini Pillsbury Pancakes w/ Scrambled Eggs Hash Brown Potato Triangles* Hearty Spinach Salad* 100% Apple, Orange or Grape Juice* Milk</p>	<p>21 Chicken Patty Sandwich Oven Baked French Fries* Celery Sticks* Diced Peaches* Milk</p> 	<p>22 Bosco Cheese Filled Breadsticks w/ Marinara Sauce Steamed Power Peas* Tossed Mix Salad* Slushy "Ice Dog" Blue Raspberry Juice Pouch*  Milk</p> 
<p>25 Mini Turkey Corn Dogs Potato Smiles* Crisp Romaine Salad* Mandarin Oranges* Milk</p>  <p style="text-align: center;">September Happy Birthday Celebration! <i>Rice Krispie Treat w/ any Meal!</i></p>	<p>26 Tony's Personal Pan Cheese Pizza Grape Tomatoes* Green Pepper Strips* Diced Mangoes* Milk</p> 	<p>27 Taco Salad w/ Baked Tostitos Chips & Choice of Salsa & Sour Cream Refried Beans* Steamed Golden Corn* Diced Pears* Milk</p>	<p>28 Popcorn Chicken w/ Biscuit Tender Green Beans* Crunchy Cucumber Slices* Red Grapes* Milk</p> 	<p>29 Italian Pasta Bar w/ Garlic Toast (Choices include: Beef Meat Sauce, Meatless Sauce & Italian Cheese Sauce) Tossed Mix Salad* Baby Carrots* Apple Slices* Milk</p>

A complete lunch consists of 5 food components-grains (part of entrée), protein (part of entrée), fruits, vegetables and milk. Under National School Lunch guidelines, students must choose 3 of the 5 food components and 1 must be a fruit or vegetable. Students may choose 1 to 3 fruits or vegetables.