

Four easy ways to pay for meals:

1. Go to www.MyPaymentsPlus.com to make a payment with your MasterCard or Visa; a convenience fee of 4.75% applies.
2. Call 229-FOOD (229-3663) to make a payment with your MasterCard or Visa using the Lunch Phone System, a convenience fee of \$1.25 applies per transaction.
3. Mail a check to MCS Child Nutrition, 211 North East Street, Mason, OH 45040.
4. Give a check or cash to the Child Nutrition Worker.

Western Row Elementary Lunch Menu September 2017

Fuel Up with School Breakfast at WR!

K-2 Students Welcome

Served Daily: 8:55-9:15 AM

Breakfast Meal Price: \$1.70

See Menu On-Line



Monday

Tuesday

Wednesday

Thursday

Friday

<p><u>Check out Child Nutrition's Interactive Menus!</u> Go to mcschildnutrition.com OR masonohschools.com, click on 'Departments' then 'Child Nutrition.' The interactive menus are identified with the icon next to them.</p>		<p><u>Additional Entrées Served:</u> Daily: Large Green Salad w/ Cheese, Mini Blueberry Loaf & Goldfish Crackers, Peanut Butter & Jelly Uncrustable w/ String Cheese & Goldfish Crackers; Monday, Friday: Yogurt, String Cheese & Goldfish Crackers; Tuesday, Wednesday, Thursday: Yogurt, String Cheese, Mini Blueberry Loaf & Goldfish Crackers; *Additional fruit and vegetable choices are available daily.</p>		<p>1 Chicken Nuggets w/ Dinner Roll OR Fish Sandwich Oven Baked French Fries* Crisp Romaine Salad* Chilled Peach Cup* Milk</p>
<p>4 No School – Labor Day</p> <div style="border: 1px solid black; padding: 5px; margin: 5px;"> <p>Lunch Price: \$2.60 Ala Carte Milk: \$0.55 Ala Carte Bottled Water (8oz): \$0.55</p> </div>	<p>5 Tony's Cheese OR Pork Pepperoni Pizza OR Deli Turkey Sandwich Grape Tomatoes* Crunchy Cucumber Slices* Pineapple Tidbits* Milk</p>	<p>6 Soft Tacos w/ Beef & Cheese Choice of Sour Cream & Salsa OR Hamburger or Cheeseburger Refried Beans* Shredded Lettuce Salad* Diced Pears* Milk</p>	<p>7 French Toast Sticks w/ Turkey Sausage Links OR Mini Cinnis w/ Turkey Sausage Links Hash Brown Potato Triangles* Spring Mix Salad* 100% Apple, Orange or Grape Juice* Milk</p>	<p>8 Tony's Personal Pan Cheese Pizza OR Turkey Corn Dog Steamed Peas* Sweet & Juicy Red Pepper Strips* Chilled Strawberry Cup* Milk</p>
<p>11 Popcorn Chicken w/ Biscuit OR American Sub (Ham, Turkey & Cheese on Sub Bun) "Smiley Face" Potatoes* Baby Carrots* Apple Slices* Milk</p>	<p>12 Tony's Cheese Pizza OR Hamburger or Cheeseburger "Bush's Best" Vegetarian Baked Beans* Green Pepper Strips* Orange Smiles* Milk </p>	<p>13 Bosco Cheese Filled Breadsticks w/ Marinara Sauce OR Deli Turkey & Cheese Sandwich Spring Mix Salad* Celery Sticks* Slushy "Ice Dog" Blue Raspberry Juice Pouch* </p>	<p>14 Mini Pillsbury Pancakes w/ Scrambled Eggs OR Apple Filled Frudel w/ Scrambled Eggs Tater Tots* Grape Tomatoes* 100% Apple, Orange or Grape Juice* Milk</p>	<p>15 Chicken Fingers w/ Dinner Roll OR Fish Sandwich Oven Baked French Fries* Crisp Romaine Salad* Mixed Fruit* Milk</p>
<p>18 Toasted Cheese Sandwich OR Deli Turkey & Cheese Sandwich "Campbell's" Tomato Soup* Tossed Mix Salad* Pineapple Tidbits* Milk </p>	<p>19 Tony's Cheese Pizza OR Pork Pepperoni Pizza OR Hot Ham & Cheese Sandwich Spinach Salad* Crunchy Cucumber Slices* Mandarin Oranges* Milk</p>	<p>20 Popcorn Chicken w/ Biscuit OR Cheese Quesadilla w/ Choice of Sour Cream & Salsa Chipotle Black Beans* Sweet & Juicy Red Pepper Strips* Chilled Strawberry Cup* Milk</p>	<p>21 French Toast Sticks w/ Turkey Sausage Links OR Mini Pillsbury Waffles w/ Turkey Sausage Links Hash Brown Potato Triangles* Crisp Romaine Salad* 100% Apple, Orange or Grape Juice* Milk</p>	<p>22 Mini Turkey Corn Dogs OR Mini Fish Sticks Mini "Night Vision" Carrots* Mini Tater Tots* Mini Diced Pears* Milk Mini Scooby Doo Fruit Snacks w/ the purchase of any Meal!</p>
<p>25 Macaroni & Cheese w/ Dinner Roll OR Turkey Hot Dog on Bun Steamed Broccoli Florets* Grape Tomatoes* Pineapple Tidbits* Milk September Happy Birthday Celebration! Mini Rice Krispie Treat w/ any Meal!</p>	<p>26 Tony's Cheese Pizza OR American Sub (Ham, Turkey & Cheese on Sub Bun) Steamed Carrot Coins* Green Pepper Strips* Cinnamon Applesauce Cup* Milk</p>	<p>27 Bosco Cheese Filled Breadsticks w/ Marinara Sauce OR Mexican Burrito (Beef & Bean) Choice of Salsa & Sour Cream Refried Beans* Celery Sticks* Red Grapes* Milk</p>	<p>28 Mini Pillsbury Pancakes w/ Scrambled Eggs OR Apple Filled Frudel w/ Scrambled Eggs Hash Brown Potato Triangles* Crunchy Cucumber Slices* 100% Apple, Orange or Grape Juice* Milk</p>	<p>29 Chicken Nuggets w/ Dinner Roll OR Fish Sandwich Oven Baked French Fries* Crisp Romaine Salad* Chilled Peach Cup* Milk</p>

A complete lunch has 5 components: grains (part of entrée), protein (part of entrée), fruits, vegetables, and milk.

To make your lunch a meal, choose:

- At least 1 fruit or vegetable and
- At least 2 additional food components

MCS Office of Child Nutrition

336-6526

Located at Mason Central: 211 North East St. Mason, OH 45040

"This institution is an equal opportunity provider."