

**Four easy ways to pay for meals:**

1. Go to [www.MyPaymentsPlus.com](http://www.MyPaymentsPlus.com) to make a payment with your MasterCard or Visa; a convenience fee of 4.75% applies.
2. Call 229-FOOD (229-3663) to make a payment with your MasterCard or Visa using the Lunch Phone System, a convenience fee of \$1.25 applies per transaction.
3. Mail a check to MCS Child Nutrition, 211 North East Street, Mason, OH 45040.
4. Give a check or cash to the Child Nutrition Worker.

# Mason Early Childhood Center Lunch Menu September 2017

**Fuel Up with School Breakfast at MECC!**  
**K-2 Students Welcome**  
**Served Daily: 9:00-9:20 AM**  
**Breakfast Meal Price: \$1.70**  
**See Menu On-Line**















Monday

Tuesday

Wednesday

Thursday

Friday

<p><b>Check out Child Nutrition's Interactive Menus!</b>                  Go to <a href="http://mcschildnutrition.com">mcschildnutrition.com</a> OR <a href="http://masonohschools.com">masonohschools.com</a>, click on 'Departments' then 'Child Nutrition.'                  The interactive menus are identified with the  icon next to them.</p>		<p style="text-align: center;"><b>Additional Entrées Served:</b>  <b>Daily:</b> Large Green Salad w/ Cheese, Mini Blueberry Loaf &amp; Goldfish Crackers, Peanut Butter &amp; Jelly Uncrustable w/ String Cheese &amp; Goldfish Crackers;  <b>Monday, Friday:</b> Yogurt, String Cheese &amp; Goldfish Crackers;  <b>Tuesday, Wednesday, Thursday:</b> Yogurt, String Cheese, Mini Blueberry Loaf &amp; Goldfish Crackers;                  *Additional fruit and vegetable choices are available daily.</p>			<p><b>1</b> Chicken Nuggets w/ Dinner Roll                  Oven Baked French Fries*                  Crisp Romaine Salad*                  Chilled Peach Cup*                  Milk</p>
<p><b>4</b> <b>No School – Labor Day</b></p> <div style="border: 1px solid black; padding: 5px; margin: 5px;"> <p style="text-align: center;"><b>Lunch Price: \$2.60</b>  <b>Ala Carte Milk: \$0.55</b>  <b>Ala Carte Bottled Water (8oz): \$0.55</b></p> </div>	<p><b>5</b> Tony's Cheese OR Pork Pepperoni Pizza                  Grape Tomatoes*                  Crunchy Cucumber Slices*                  Pineapple Tidbits*                  Milk</p> 	<p><b>6</b> Hamburger or Cheeseburger                  "Bush's Best" Vegetarian Baked Beans*                  Tossed Mix Salad*                  Diced Pears*                  Milk</p>	<p><b>7</b> French Toast Sticks w/ Turkey Sausage Links OR Mini Cinnis w/ Turkey Sausage Links                  Hash Brown Potato Triangles*                  Spring Mix Salad*                  100% Apple, Orange or Grape Juice*                  Milk</p>	<p><b>8</b> Turkey Hot Dog w/ Bun                  Steamed Peas*                  Sweet &amp; Juicy Red Pepper Strips*                  Chilled Strawberry Cup*                  Milk</p>	
<p><b>11</b> Popcorn Chicken w/ Biscuit                  "Smiley Face" Potatoes*                  Baby Carrots*                  Apple Slices*                  Milk</p>	<p><b>12</b> Tony's Cheese Pizza                  "Bush's Best" Vegetarian Baked Beans*                  Green Pepper Strips*                  Orange Smiles*                  Milk</p> 	<p><b>13</b> Bosco Cheese Filled Breadsticks w/ Marinara Sauce                  Spring Mix Salad*                  Celery Sticks*                  Slushy "Ice Dog"                  Blue Raspberry Juice Pouch*                  Milk</p>  	<p><b>14</b> Mini Pillsbury Pancakes w/ Scrambled Eggs OR Apple Filled Frudel w/ Scrambled Eggs                  Tater Tots*                  Grape Tomatoes*                  100% Apple, Orange or Grape Juice*                  Milk</p> 	<p><b>15</b> Chicken Fingers w/ Dinner Roll                  Oven Baked French Fries*                  Crisp Romaine Salad*                  Mixed Fruit*                  Milk</p>	
<p><b>18</b> Toasted Cheese Sandwich                  "Campbell's" Tomato Soup*                  Tossed Mix Salad*                  Pineapple Tidbits*                  Milk</p> 	<p><b>19</b> Tony's Cheese Pizza OR Pork Pepperoni Pizza                  Chipotle Black Beans*                  Crunchy Cucumber Slices*                  Mandarin Oranges*                  Milk</p>	<p><b>20</b> Popcorn Chicken w/ Biscuit                  Spinach Salad*                  Sweet &amp; Juicy Red Pepper Strips*                  Chilled Strawberry Cup*                  Milk</p> 	<p><b>21</b> French Toast Sticks w/ Turkey Sausage Links OR Mini Pillsbury Waffles w/ Turkey Sausage Links                  Hash Brown Potato Triangles*                  Crisp Romaine Salad*                  100% Apple, Orange or Grape Juice*                  Milk</p>	<p><b>22</b> Mini Turkey Corn Dogs                  Mini "Night Vision" Carrots*                  Mini Tater Tots*                  Mini Diced Pears*                  Milk</p>  <p style="text-align: center;"><b>Mini Scooby Doo Fruit Snacks w/ the purchase of any Meal!</b></p>	
<p><b>25</b> Macaroni &amp; Cheese w/ Dinner Roll                  Steamed Broccoli Florets*                  Grape Tomatoes*                  Pineapple Tidbits*                  Milk</p>   <p style="text-align: center;"><b>September</b>  <b>Happy Birthday Celebration!</b>  <b>Mini Rice Krispie Treat w/ any Meal!</b></p>	<p><b>26</b> Tony's Cheese Pizza                  Steamed Carrot Coins*                  Green Pepper Strips*                  Cinnamon Applesauce Cup*                  Milk</p>	<p><b>27</b> Hamburger or Cheeseburger                  "Bush's Best" Vegetarian Baked Beans*                  Celery Sticks*                  Red Grapes*                  Milk</p> 	<p><b>28</b> Mini Pillsbury Pancakes w/ Scrambled Eggs OR Apple Filled Frudel w/ Scrambled Eggs                  Hash Brown Potato Triangles*                  Crunchy Cucumber Slices*                  100% Apple, Orange or Grape Juice*                  Milk</p>	<p><b>29</b> Chicken Nuggets w/ Dinner Roll                  Oven Baked French Fries*                  Crisp Romaine Salad*                  Chilled Peach Cup*                  Milk</p>	

**A complete lunch has 5 components:** grains (part of entrée), protein (part of entrée), fruits, vegetables, and milk.  
**To make your lunch a meal, choose:**

- At least 1 fruit or vegetable and
- At least 2 additional food components

MCS Office of Child Nutrition

336-6526

Located at Mason Central: 211 North East St. Mason, OH 45040

"This institution is an equal opportunity provider."