Four easy ways to pay for meals:

- 1. Go to www.MyPaymentsPlus.com to make a payment with your MasterCard or Visa; a convenience fee of 4.75% applies.
- 2. Call 229-FOOD (229-3663) to make a payment with your MasterCard or Visa using the Lunch Phone System, a convenience fee of \$1.25 applies per transaction.

 3. Mail a check to MCS Child Nutrition, 211 North East Street, Mason, OH 45040.
- 4. Give a check or cash to the Child Nutrition Worker.

Mason Early Childhood Center Lunch Menu August 2017

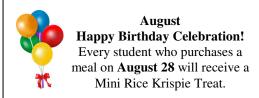
Fuel Up with School Breakfast at MECC!

K-2 Students Welcome Served Daily: 9:00-9:20 AM Breakfast Meal Price: \$1.70 See Menu On-Line



Monday Tuesday Wednesday Thursday Friday

Worlday	Tuesday	wednesday	Thursday	Tituay
BACK!	Tony's Cheese Pizza Green Pepper Strips* "Bush's Best" Vegetarian Baked Beans* Orange Smiles*	16 Bosco Cheese Filled Breadsticks w/ Marinara Sauce Spring Mix Salad* Celery Sticks*	17 Mini Pillsbury Pancakes w/ Scrambled Eggs OR Apple Filled Frudel w/	18 Chicken Fingers w/ Dinner Roll Oven Baked French Fries* Crisp Romaine Salad* Mixed Fruit*
Lunch Price: \$2.60 Ala Carte Milk: \$0.55 Ala Carte Bottled Water (80z): \$0.55	Milk	Slushy Strawberry Kiwi Juice Cup* Milk	Scrambled Eggs Tater Tots* Grape Tomatoes* 100% Apple, Orange or Grape Juice* Milk	Milk
Toasted Cheese Sandwich "Campbell's" Tomato Soup* Tossed Mix Salad* Pineapple Tidbits* Milk Campbella	Chipotle Black Beans* Crunchy Cucumber Slices* Mandarin Oranges* Milk	23 Popcorn Chicken w/ Biscuit Spinach Salad* Sweet & Juicy Red Pepper Strips* Chilled Strawberry Cup* Milk	24 Mini Pillsbury Waffles w/ Turkey Sausage Links OR Mini Cinnis w/ Turkey Sausage Links Hash Brown Potato Triangles* Crisp Romaine Salad* 100% Apple, Orange or Grape Juice* Milk	25 Mini Turkey Corn Dogs Mini "Night Vision" Carrots* Mini Tater Tots* Mini Diced Pears* Milk Mini Scooby Doo Fruit Snacks w/ the purchase of any Meal!
28 Macaroni & Cheese w/ Dinner Roll Steamed Broccoli Florets* Grape Tomatoes* Tropical Fruit Salad* Milk August Happy Birthday Celebration! Mini Rice Krispie Treat w/ any Meal!	29 Tony's Cheese Pizza Steamed Carrot Coins* Green Pepper Strips* Cinnamon Applesauce Cup* Milk	30 Hamburger or Cheeseburger "Bush's Best" Vegetarian Baked Beans* Celery Sticks* Red Grapes* Milk	31 Mini Pillsbury Pancakes w/ Scrambled Eggs OR Apple Filled Frudel w/ Scrambled Eggs Tater Tots* Crunchy Cucumber Slices* 100% Apple, Orange or Grape Juice* Milk	Choose My Plate .gov



Check out Child Nutrition's Interactive Menus!

Go to mcschildnutrition.com OR masonohisochools.com, click on 'Departments' then 'Child Nutrition.'

The interactive menus are identified with the **(a)** icon next to them.

n 'Child Nutrition.' vegetables, and milk.

grains (part of entrée), protein (part of entrée), fruits, vegetables, and milk.

To make your lunch a meal, choose:

A complete lunch has 5 components:

- At least 1 fruit or vegetable and
- At least 2 additional food components

Additional Entrées Served:

<u>Daily:</u> Large Green Salad w/ Cheese, Mini Blueberry Loaf & Goldfish Crackers, PB&J Uncrustable w/ String Cheese & Goldfish Crackers;

Monday, Friday: Yogurt, String Cheese & Goldfish Crackers;

<u>Tuesday, Wednesday, Thursday:</u> Yogurt, String Cheese, Mini Blueberry Loaf & Goldfish Crackers; *Additional fruit and vegetable choices are available daily.

MCS Office of Child Nutrition

336-6526

Located at Mason Central:

211 North East St. Mason, OH 45040

"This institution is an equal opportunity provider."