








Four easy ways to pay for meals:

1. Go to www.MyPaymentsPlus.com to make a payment with your MasterCard or Visa; a convenience fee of 4.75% applies.
2. Call 229-FOOD (229-3663) to make a payment with your MasterCard or Visa using the Lunch Phone System, a convenience fee of \$1.25 applies per transaction.
3. Mail a check to MCS Child Nutrition, 211 North East Street, Mason, OH 45040.
4. Give a check or cash to the Child Nutrition Worker.


Mason High School Lunch Menu April 2017

Lunch Prices:
\$2.70, \$3.50 \$3.70 & \$4.50
2nd Entrée: \$2.10, \$2.75
2nd Slice Pizza: \$2.75
Ala Carte Milk: \$0.55
Ala Carte Bottled Water (8oz): \$0.55

Monday	Tuesday	Wednesday	Thursday	Friday
<p>3 Bosco Cheese Filled Breadsticks w/ Marinara Sauce Steamed Peas* Baby Carrots* Choice of 2 Fruits* Milk</p>	<p>4 Popcorn Chicken w/ Biscuit Tender Green Beans* Fresh Red Pepper Strips* Choice of 2 Fruits* Milk</p>	<p>5 Cheese Coney Bar "Bush's Best" Vegetarian Baked Beans* Hearty Spinach Salad* Choice of 2 Fruits* Milk</p> 	<p>6 General Tso's Chicken w/ Brown Rice & Dinner Roll Steamed Broccoli Florets* Fresh Cucumber Slices* Choice of 2 Fruits* Milk</p>	<p>7 Italian Pasta Bar w/ Breadstick (Choices include: Beef Meat Sauce, Meatless Sauce & Italian Cheese Sauce) Tossed Salad Mix* Grape Tomatoes* Choice of 2 Fruits* Milk</p>
<p>10 Toasted Cheese Sandwich "Campbell's" Tomato Soup* Tater Tots* Choice of 2 Fruits* Milk</p> 	<p>11 Sweet Southern BBQ Chicken Sandwich Steamed Carrots* Crisp Romaine Salad* Choice of 2 Fruits* Milk</p>	<p>12 Cincinnati Chili & Spaghetti Bar w/ Oyster Crackers Kidney Beans* Crisp Celery Sticks* Choice of 2 Fruits* Milk</p>	<p>13 Brunch for Lunch French Toast Sticks w/ Turkey Sausage Links Hash Brown Potato Triangles* Spring Mix Salad* Choice of 2 Fruits* Milk</p>	<p>14 NO SCHOOL</p> 
<p>17 NO SCHOOL</p> 	<p>18 Orange Chicken w/ Brown Rice & Dinner Roll Steamed Broccoli Florets* Baby Carrots* Choice of 2 Fruits* Milk</p>	<p>19 Cheese Coney Bar "Bush's Best" Vegetarian Baked Beans* Fresh Red Pepper Strips* Choice of 2 Fruits* Milk</p> 	<p>20 French Bread Cheese Pizza Grape Tomatoes* Tossed Salad Mix* Choice of 2 Fruits* Milk</p>	<p>21 Popcorn Chicken w/ Biscuit Steamed Golden Corn * Cucumber Slices* Choice of 2 Fruits* Milk</p> <p> No Afterschool Snack Shop</p>
<p>24 Bosco Cheese Filled Breadsticks w/ Marinara Sauce Steamed Peas* Baby Carrots* Choice of 2 Fruits* Milk</p>	<p>25 Mini Turkey Corn Dogs Crisp Romaine Salad* Fresh Red Pepper Strips* Choice of 2 Fruits* Milk</p>	<p>26 Cincinnati Chili & Spaghetti Bar w/ Oyster Crackers Kidney Beans* Hearty Spinach Salad* Choice of 2 Fruits* Milk</p>	<p>27 Teriyaki Chicken w/ Brown Rice & Dinner Roll Steamed Broccoli Florets* Cucumber Slices* Choice of 2 Fruits* Milk</p>	<p>28 Boneless Chicken Wings w/ Choice of Dipping Sauce & Harvest Cheddar Sun Chips Tossed Salad Mix* Grape Tomatoes* Choice of 2 Fruits* Milk</p> <p> No Afterschool Snack Shop</p>

Check out Child Nutrition's Interactive Menus!

Go to mcschildnutrition.com OR masonohschools.com, click on 'Departments' then 'Child Nutrition.'

The interactive menus are identified with the  icon next to them.

Additional Offerings Include: Offered Daily: Café Feature or South of the Border Tacos, Nachos w/ Cheese and/or Beef Taco Meat, Taco Salad,

Hot Pretzel w/ Cheese, Cheese, Pork Pepperoni or Specialty Pizza, Hamburger or Cheeseburger, Grilled, Breaded or Hot & Spicy Chicken Sandwiches, Specialty Salads: Oriental Chicken, Chef, Cobb and NEW this year Greek Chicken Salad; Deli Subs & Sandwiches, Hummus Meal, Mac & Cheese w/ Toppings, PB & J Sandwich, Yogurt Parfait w/ Granola, Deli Turkey & Cheese Wrap; **Available on Fridays:** Fish Sandwich

*Additional fruit and vegetable choices are available daily.

A complete lunch consists of 5 food components: grains (part of entrée), protein (part of entrée), fruits, vegetables and milk. Under National School Lunch guidelines, students must choose 3 of the 5 food components and 1 must be a fruit or vegetable. Students may choose 2 fruits and/or 2 vegetables.