

Four easy ways to pay for meals:

1. Go to www.MyPaymentsPlus.com to make a payment with your MasterCard or Visa; a convenience fee of 4.75% applies.
2. Call 229-FOOD (229-3663) to make a payment with your MasterCard or Visa using the Lunch Phone System, a convenience fee of \$1.25 applies per transaction.
3. Mail a check to MCS Child Nutrition, 211 North East Street, Mason, OH 45040.
4. Give a check or cash to the Child Nutrition Worker.

Mason Middle School Lunch Menu April 2017

Fuel Up Each Day with A Healthy Breakfast at MM!
Breakfast is available in the cafeteria and from a breakfast cart located by the 300 wing where the buses unload.

Cafeteria: 6:55-7:20 AM
Breakfast Cart 7:00-7:20 AM
Breakfast Meal Price: \$1.80
Breakfast Items Available Ala Carte



Monday	Tuesday	Wednesday	Thursday	Friday
<p>3 Orange Chicken w/ Brown Rice Steamed Broccoli Florets* Baby Carrots* Mixed Fruit* Milk</p>	<p>4 Bosco Cheese Filled Breadsticks w/ Marinara Sauce Steamed Peas* Crisp Celery Sticks* Apple Slices* Milk</p>	<p>5 Spicy Chicken Fingers w/ Dinner Roll "Bush's Best" Vegetarian Baked Beans* Tossed Mix Salad* Blue Raspberry Lemon Juice Cup* Milk </p>	<p>6 <u>Brunch For Lunch</u> French Toast Sticks w/ Scrambled Eggs Hash Brown Potato Triangles* Cucumber Slices* 100% Apple, Orange or Grape Juice* Milk</p>	<p>7 Italian Pasta Bar w/ Bread Stick (Choices include: Beef Meat Sauce, Meatless Sauce & Italian Cheese Sauce) Grape Tomatoes* Crisp Romaine Salad* Diced Pears* Milk Personal Pan Domino's Pizza</p>
<p>10 Toasted Cheese Sandwich "Campbell's" Tomato Soup* Tater Tots* Chilled Peach Cup* Milk</p>	<p>11 Taco Salad w/ Baked Tostitos Chips & Choice of Salsa & Sour Cream Golden Corn* Refried Beans* Orange Smiles* Milk</p>	<p>12 Mac & Cheese w/ Dinner Roll Steamed Broccoli Florets* Baby Carrots* Fresh Strawberries* Milk </p>	<p>13 Popcorn Chicken w/ Biscuit Curly Fries* Green Pepper Strips* Apple Slices* Milk</p>	<p>14 NO SCHOOL</p> <div style="border: 1px solid black; padding: 5px; width: fit-content; margin: auto;"> <p>Lunch Price: \$2.70, \$2.95 Ala Carte Milk: \$0.55 Ala Carte Bottled Water (8 oz): \$0.55</p> </div>
<p>17 NO SCHOOL </p>	<p>18 Bosco Cheese Filled Breadsticks w/ Marinara Sauce Steamed Peas* Tossed Salad Mix* Mandarin Oranges* Milk</p>	<p>19 Chili Cheese Dog "Bush's Best" Vegetarian Baked Beans* Fresh Red Pepper Strips* Red Grapes* Milk </p>	<p>20 <u>Brunch For Lunch- Early Release</u> French Toast Sticks w/ Turkey Sausage Links Hash Brown Potato Triangles* Grape Tomatoes* 100% Apple, Orange or Grape Juice* Milk</p>	<p>21 <u>Happy Early Earth Day!</u> <i>Tyson®</i> Breaded Chicken Drumstick w/ Biscuit Mashed Potatoes w/ Chicken Gravy* Tender Green Beans* Diced Pears* Milk </p>
<p>24 Teriyaki Chicken w/ Brown Rice Steamed Broccoli Florets* Crisp Celery Sticks* Pineapple Chunks* Milk</p>	<p>25 Taco Salad w/ Baked Tostitos Chips & Choice of Salsa & Sour Cream Golden Corn* Black Beans* Orange Smiles* Milk</p>	<p>26 Mini Turkey Corn Dogs Potato Smiles* Baby Carrots* Kicking Kiwi* Milk</p>	<p>27 Chicken Nuggets w/ Dinner Roll Tender Green Beans* Cucumber Slices* Tropical Fruit Salad* Milk</p>	<p>28 Italian Pasta Bar w/ Bread Stick (Choices include: Beef Meat Sauce, Meatless Sauce & Italian Cheese Sauce) Tossed Mix Salad* Grape Tomatoes* Diced Peaches* Milk Buffalo Chicken & Cheese Pizza No Pepperoni Pizza will be Offered</p>

Check out Child Nutrition's Interactive Menus!
Go to mcschildnutrition.com OR masonohschools.com, click on 'Departments' then 'Child Nutrition.'

The interactive menus are identified with the icon next to them.

Offered Daily: Crispy Shell and/or Flour Tortilla Tacos, Nachos w/ Cheese and/or Taco Meat, Hot Pretzel w/ Cheese, Cheese or Pepperoni Pizza, Hamburger or Cheeseburger, Grilled Chicken Sandwich, Chicken Patty Sandwich, Hot & Spicy Chicken Sandwich, PB & J Sandwich and Made to Order Salads and Sandwiches from the Comet Fresh Express; **Available on Fridays:** Fish Sandwich
*Additional fruit and vegetable choices are available daily.

A complete lunch consists of 5 food components: grains (part of entrée), protein (part of entrée), fruits, vegetables and milk. Under National School Lunch guidelines, students must choose 3 of the 5 food components and 1 must be a fruit or vegetable. Students may choose 1-3 fruits and/or vegetables.