












Four easy ways to pay for meals:


1. Go to www.MyPaymentsPlus.com to make a payment with your MasterCard or Visa; a convenience fee of 4.75% applies.
2. Call 229-FOOD (229-3663) to make a payment with your MasterCard or Visa using the Lunch Phone System, a convenience fee of \$1.25 applies per transaction.
3. Mail a check to MCS Child Nutrition, 211 North East Street, Mason, OH 45040.
4. Give a check or cash to the Child Nutrition Worker.

Mason Intermediate Campus Lunch Menu April 2017

Fuel Up Each Day with A Healthy Breakfast at MI!
Breakfast is available in both MI cafeterias and from a breakfast cart located by the 100 wing next to the Take 5 Room
Cafeteria: 7:45-8:10 AM
Breakfast Meal Price: \$1.80



Monday	Tuesday	Wednesday	Thursday	Friday
<p>3 Red's Opening Day! "Ballpark" Turkey Corn Dog Potato Smiles* Baby Carrots* Applesauce Cup* Milk Cotton Candy Ice Cream Cup <i>w/ the purchase of any Meal!</i></p>   	<p>4 French Bread Cheese Pizza Crisp Celery Sticks* Spring Mix Salad* Diced Pears* Milk</p>	<p>5 Taco Salad w/ Baked Tostitos Chips & Choice of Salsa & Sour Cream Refried Beans* Steamed Golden Corn* Kicking Kiwi* Milk</p> 	<p>6 Popcorn Chicken w/ Biscuit Tender Green Beans* Crunchy Cucumber Slices* Red Grapes* Milk</p>	<p>7 Italian Pasta Bar w/ Breadstick (Choices include: Beef Meat Sauce, Meatless Sauce & Italian Cheese Sauce) Romaine Salad* Sweet & Juicy Red Pepper Strips* Pineapple Chunks* Milk</p>
<p>10 Toasted Cheese Sandwich Campbell's Tomato Soup* Tater Tots* Mandarin Oranges* Milk</p>	<p>11 Chili Cheese Dog OR Turkey Hot Dog on Bun "Bush's Best" Vegetarian Baked Beans* Hearty Spinach Salad* Apple Slices* Milk</p>	<p>12 Brunch for Lunch French Toast Sticks w/ Turkey Sausage Links Hash Brown Potato Triangles* Baby Carrots* 100% Apple, Orange or Grape Juice* Milk</p>	<p>13 Orange Chicken w/ Brown Rice Steamed Broccoli Florets* Fresh Green Pepper Strips* Chilled Peach Cup* Milk</p>	<p>14 NO SCHOOL</p> <div style="border: 1px solid black; padding: 5px; width: fit-content; margin: auto;"> <p>Lunch Price: \$2.70 Ala Carte Milk: \$0.55 Ala Carte Bottled Water (8oz): \$0.55</p> </div>
<p>17 NO SCHOOL Vegetable of the Month is Tomatoes! Check out "Spotlight on Nutrition" on the back to learn more!</p> 	<p>18 Bosco Cheese Filled Breadsticks w/ Marinara Sauce Baby Carrots* Spring Mix Salad* Diced Pears* Milk</p>	<p>19 Taco Salad w/ Baked Tostitos Chips & Choice of Salsa & Sour Cream Black Beans* Steamed Golden Corn* Kicking Kiwi* Milk</p>	<p>20 Chicken Patty Sandwich Oven Baked French Fries* Sweet & Juicy Red Pepper Strips* Fresh Strawberries* Milk</p> 	<p>21 Happy Early Earth Day! Italian Pasta Bar w/ Breadstick (Choices include: Beef Meat Sauce, Meatless Sauce & Italian Cheese Sauce) Grape Tomatoes* Tossed Mix Salad* Slushy SOUR Watermelon Juice Cup* Milk</p>  
<p>24 Teriyaki Chicken w/ Brown Rice Steamed Broccoli* Crisp Celery Sticks* Pineapple Chunks* Milk April Happy Birthday Celebration! <i>Mini Rice Krispies Treat w/ any Meal!</i></p>  	<p>25 Pepperoni Calzone Chipotle Black Beans* Crisp Romaine Salad* Apple Slices* Milk</p>	<p>26 Brunch for Lunch Mini Pillsbury Pancakes w/ Scrambled Eggs Hash Brown Potato Triangles* Grape Tomatoes* 100% Apple, Orange or Grape Juice* Milk</p>	<p>27 Spicy Chicken Fingers & Mini Pillsbury Waffles Curly Fries* Cucumber Slices* Orange Smiles* Milk</p>	<p>28 Bosco Cheese Filled Breadsticks w/ Marinara Sauce Baby Carrots* Hearty Spinach Salad* Diced Peaches* Milk</p> 

Check out Child Nutrition's Interactive Menus!
 Go to mcschildnutrition.com OR masonohschools.com, click on 'Departments' then 'Child Nutrition.'
 The interactive menus are identified with the  icon next to them.

Additional Entrées Served

Offered Daily: Large Green or Chef Salad w/ Banana Bread, Yogurt, String Cheese & Banana Bread, PB&J Uncrustable w/ String Cheese & Goldfish Crackers, Hamburger/Cheeseburger;
Monday: Pizza, Hot Pretzel w/ Cheese; **Tuesday:** Chicken Nuggets w/ Biscuit;
Wednesday: Pizza, Hot Pretzel Meal w/ Cheese; **Thursday:** Mac & Cheese;
Friday: Pizza, Hot Pretzel w/ Cheese, Fish Sandwich
 *Additional fruit and vegetable choices are available daily.

A complete lunch consists of 5 food components-grains (part of entrée), protein (part of entrée), fruits, vegetables and milk. Under National School Lunch guidelines, students must choose 3 of the 5 food components and 1 must be a fruit or vegetable. Students may choose 1 to 3 fruits or vegetables.