

**Four easy ways to pay for meals:**

1. Go to [www.MyPaymentsPlus.com](http://www.MyPaymentsPlus.com) to make a payment with your MasterCard or Visa; a convenience fee of 4.75% applies.
2. Call 229-FOOD (229-3663) to make a payment with your MasterCard or Visa using the Lunch Phone System, a convenience fee of \$1.25 applies per transaction.
3. Mail a check to MCS Child Nutrition, 211 North East Street, Mason, OH 45040.
4. Give a check or cash to the Child Nutrition Worker.

# Western Row Elementary Lunch Menu April 2017

**Fuel Up with School Breakfast at WR!**

K-2 Students Welcome  
Served Daily: 8:55-9:15 AM  
Breakfast Meal Price: \$1.70  
See Menu On-Line



Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>3</b> <b>Red's Opening Day!</b> Chicken Nuggets w/ Dinner Roll OR "Ballpark" Turkey Hot Dog on Bun Oven Baked French Fries*  Baby Carrots* Applesauce Cup*  Milk <b>Cotton Candy Ice Cream Cup w/ the purchase of any Meal!</b></p>	<p><b>4</b> Tony's Cheese OR Pork Pepperoni Pizza OR Deli Turkey Sandwich Grape Tomatoes* Crunchy Cucumber Slices* Chilled Strawberry Cup* Milk</p>	<p><b>5</b> Soft Tacos w/ Beef &amp; Cheese Choice of Sour Cream &amp; Salsa OR Hamburger or Cheeseburger Refried Beans* Shredded Lettuce Salad* Diced Pears* Milk</p>	<p><b>6</b> Mini Pillsbury Pancakes w/ Turkey Sausage Links OR Mini Cinnis w/ Turkey Sausage Links Hash Brown Potato Triangles* Crisp Romaine Salad* 100% Apple, Orange or Grape Juice* Milk</p>	<p><b>7</b> Personal Pan Cheese Pizza OR Turkey Corn Dog Steamed Peas* Sweet &amp; Juicy Red Pepper Strips* Pineapple Tidbits* Milk </p>
<p><b>10</b> Popcorn Chicken w/ Biscuit OR American Sub (Turkey Ham, Turkey &amp; Cheese on Sub Bun) "Smiley Face" Potatoes* Baby Carrots* Apple Slices* Milk</p>	<p><b>11</b> Tony's Cheese Pizza OR Hamburger or Cheeseburger Steamed Golden Corn* "Bush's Best" Vegetarian Baked Beans*  Orange Smiles* Milk</p>	<p><b>12</b> Bosco Cheese Filled Breadsticks w/ Marinara Sauce OR Deli Turkey &amp; Cheese Sandwich Crisp Romaine Salad* Crisp Celery Sticks* Chilled Peach Cup* Milk</p>	<p><b>13</b> French Toast Sticks w/ Scrambled Eggs OR Mini Pillsbury Waffles w/ Scrambled Eggs  Tater Tots* Grape Tomatoes* 100% Apple, Orange or Grape Juice* Milk</p>	<p><b>14</b> <b>NO SCHOOL</b></p> <div style="border: 1px solid black; padding: 5px; width: fit-content; margin: auto;"> <p><b>Lunch Price: \$2.60</b> <b>A la Carte Milk: \$0.55</b> <b>A la Carte Bottled Water (8oz): \$0.55</b></p> </div>
<p><b>17</b> <b>NO SCHOOL</b> <b>Vegetable of the Month is Tomatoes!</b> <b>Check out "Spotlight on Nutrition" on the back to learn more!</b> </p>	<p><b>18</b> Tony's Cheese Pizza OR Pork Pepperoni Pizza OR Hot Turkey Ham &amp; Cheese Sandwich Baby Carrots* Crunchy Cucumber Slices* Blue Raspberry Lemon Juice Cup* Milk</p>	<p><b>19</b> Popcorn Chicken w/ Biscuit OR Cheese Quesadilla w/ Choice of Sour Cream &amp; Salsa Chipotle Black Beans* Tossed Salad Mix* Mandarin Oranges* Milk</p>	<p><b>20</b> Mini Pillsbury Pancakes w/ Turkey Sausage Links OR Apple Filled Frudel w/ Turkey Sausage Links Hash Brown Potato Triangles* Sweet &amp; Juicy Red Pepper Strips* 100% Apple, Orange or Grape Juice* Milk</p>	<p><b>21</b> <b>Happy Early Earth Day!</b> Chicken Nuggets w/ Dinner Roll OR  Fish Sandwich Oven Baked French Fries* Spring Mix Salad* Fresh Strawberries*  Milk</p>
<p><b>24</b> Macaroni and Cheese w/ Dinner Roll OR Turkey Hot Dog on Bun Steamed Broccoli Florets* Grape Tomatoes* Tropical Fruit Salad*  Milk <b>April Happy Birthday Celebration!</b> <b>Mini Rice Krispies Treat w/ any Meal!</b></p>	<p><b>25</b> Tony's Cheese Pizza OR American Sub (Turkey Ham, Turkey &amp; Cheese on Sub Bun) Steamed Carrot Coins* Green Pepper Strips* Cinnamon Applesauce Cup* Milk</p>	<p><b>26</b> Bosco Cheese Filled Breadsticks w/ Marinara Sauce OR Mexican Burrito (Beef &amp; Bean) Choice of Salsa &amp; Sour Cream Refried Beans* Celery Sticks*  Red Grapes* Milk</p>	<p><b>27</b> French Toast Sticks w/ Scrambled Eggs OR Mini Pillsbury Waffles w/ Scrambled Eggs Hash Brown Potato Triangles* Crunchy Cucumber Slices* 100% Apple, Orange or Grape Juice* Milk</p>	<p><b>28</b> Mini Turkey Corn Dogs OR Mini Fish Sticks Mini "Night Vision" Carrots* Mini Tater Tots* Mini Diced Pears* Milk  <b>Mini Scooby Doo Fruit Snacks w/ the purchase of any Meal!</b></p>
<p><b>Check out Child Nutrition's Interactive Menus!</b> Go to <a href="http://mcschildnutrition.com">mcschildnutrition.com</a> OR <a href="http://masonohschools.com">masonohschools.com</a>, click on 'Departments' then 'Child Nutrition.' The interactive menus are identified with the  icon next to them.</p>		<p style="text-align: center;"><b>Additional Entrées Served:</b> <b>Daily:</b> Large Green Salad w/ Cheese, Mini Blueberry Loaf &amp; Goldfish Crackers, PB&amp;J Uncrustable w/ String Cheese &amp; Goldfish Crackers; <b>Monday, Friday:</b> Yogurt, String Cheese &amp; Goldfish Crackers; <b>Tuesday, Wednesday, Thursday:</b> Yogurt, String Cheese, Mini Blueberry Loaf &amp; Goldfish Crackers; *Additional fruit and vegetable choices are available daily.</p>		

A complete lunch has 5 components: grains (part of entrée), protein (part of entrée), fruits, vegetables, and milk.  
To make your lunch a meal, choose: At least 1 fruit or vegetable and at least 2 additional food components



MCS Office of Child Nutrition

336-6526

Located at Mason Central: 211 North East St. Mason, OH 45040

"This institution is an equal opportunity provider."

