

# Intermediate 4-6 January 5-6

## BREAKFAST

Daily Breakfast Entrées Include fruit choice and milk or water. Cereal is also an option

### Monday

Breakfast Donut

### Tuesday

Cherry/Apple Frudel

### Wednesday

Breakfast Sandwich

### Thursday

Cinni-Mini

### Friday

Bagel/Cream Cheese

### Breakfast Meal Deal

- (1) Entrée Choice
  - (1) Fruit or Fruit Juice
  - (1) Low-Fat or Fat Free Milk (8oz)
- \$1.50

## INTERNATIONAL FARE

### Lunch Meal Deal

- (1) Entrée Choice (bread & protein)
  - (1) Fruit Choice (1) Veggie Choice
  - (1) Low-Fat or Fat Free Milk (8oz)
- \$2.65

## Home Style Classics

*Daily Entrées Include:*

### Monday

No School

### Tuesday

No School

### Wednesday

No School

### Thursday

Spaghetti/Meatballs

### Friday

Corn Dog

### Burrito Bar

**Beef or Chicken  
Burrito**  
**Refried Beans, Corn, Sour  
Cream, Lettuce, Tomato**  
**Choice of Fruits and Vegetables**  
(2)

**Milk and/or Water**

*The Burrito Bar will be offered daily  
for the second part of the year,  
December through February*

## Fresh and Green

*Daily Entrées Include:*

**Fresh Salad Bar**  
**Or**  
**Made to Order**  
**Deli Sandwich**

**Choice of additional fruits and  
veggies**  
**Milk and/or Water**

## Pizza

*Daily Entrées Include:*

**Pizza Choices available  
Daily**  
**Assorted Fruits and Veggies**  
**Milk and/or Water**

*(Pizza and Grab 'N Go are  
located on the same serving  
line.)*

## Grab 'N Go

*Daily Entrees Include:*

**Chicken Sandwich**  
**Burger**  
**Assorted Fruits and Veggies**  
**Milk and/or Water**

*\*Menu Subject to Change*

## Ala Carte Snack

**Snack Items Meet the "Smart  
Snack" program**

<b>Cookie</b>	<b>\$0.50</b>
<b>Chips</b>	<b>\$0.75</b>
<b>Smoothie</b>	<b>\$1.50</b>
<b>Extra Entrée</b>	<b>\$2.25</b>
<b>Extra Fruit/Veggie</b>	<b>\$0.75</b>

*Cookie is a whole-grain cookie,  
all chips are baked, smoothies are  
V-8 fruit smoothie.*

## FYI

All students must take a full lunch tray; ala carte (extra) items may be purchased in addition to the tray lunch. If a student brings a packed lunch from home, he/she will be able to purchase ala carte items.

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