

# March Middle School Menu



New! Every Thursday we will be exploring foods from various cultures! Stay tuned for flyers with fun facts and details!

Recipes you'd like featured?  
E-mail

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**Prices:**  
Breakfast- \$1.75  
Reduced Breakfast- \$0.30  
Lunch- \$3.35  
Reduced Lunch- \$0.40  
Milk-\$0.85  
8oz Water- \$0.60  
Fruit and Veggie Bar Available Daily

Monday 2	Tuesday 3	Wednesday 4	Thursday 5	Friday 6
<b>Mac n' Cheese Bowls</b> Assorted Toppings Served with Mixed Vegetables Dinner Roll Fresh Baked Cookie	<b>Bacon Grilled Cheese Sandwich</b> Or Ham and Cheese Or Traditional Cheese Veggie Crunchers with Dip Chili Lime Corn Salad Assorted Fruit  Chef's Choice Soup	<b>Stuffed Shells</b> Marinara Sauce Homemade Garlic Bread Lemon Zest Broccoli Assorted Fruit	<b>Breaded Chicken Drumstick</b> Cornbread Roasted Red Bliss Potatoes Assorted Fruit Chocolate Pudding  Chef's Choice Soup	<b>Pan Pizza</b> Cucumber Wheels Roasted Chickpeas 100% Fruit Juice Assorted Fruit
Monday 9	Tuesday 10	Wednesday 11	Thursday 12	Friday 13
<b>National Meatball Day! Meatball Sub</b> Sweet Potato Fries Veggie Crunchers Assorted Fruit Ice Cream Sandwich	<b>French Toast Tacos</b> Maple Waffle Flatbread with Scrambled Eggs Shredded Cheese Chicken Sausage Harvest Homefries 100% Fruit Juice Assorted Fruit  Chef's Choice Soup	<b>Chicken Tender Basket</b> With Dipping Sauces Oven Baked Fries Green Beans Assorted Fruit	<b>Chicken Broccoli Alfredo</b> Italian Mixed Vegetables Garlic Knots Strawberry Shortcake Assorted Fruit  Chef's Choice Soup	<b>Pan Pizza</b> Or Assorted Calzones Caesar Salad Assorted Fruit 100% Fruit Juice Fresh Baked Cookie
Monday 16	Tuesday 17	Wednesday 18	Thursday 19	Friday 20
<b>Wild Mike's Pizza Fries</b> Marinara Sauce Garden Salad Breadstick 100% Fruit Juice Assorted Fruit	<b>Turkey Pot Pie</b> With a Flaky Puff Pastry Crust Mixed Vegetables Dinner Roll Assorted Fruit	<b>Fried Ravioli</b> Chicken Meatballs Marinara Sauce Green Beans Homemade Garlic Bread Applesauce Cake Assorted Fruit	<b>Orange Chicken</b> Lo Mein Noodles Oriental Style Mixed Vegetables Pineapple Tidbits Fortune Cookie	<b>Early Release Day!</b>  Bagged Lunches Available Upon Request
Monday 23	Tuesday 24	Wednesday 25	Thursday 26	Friday 27
<b>Burger Bar</b> Lettuce, Tomatoes, Onion, Cheese, Bacon, Pickles Boom Boom and BBQ Sauce Oven Baked Fries 100% Fruit Juice Assorted Fruit	<b>Chili Cheese Dog</b> Or Hot Dog BBQ Baked Beans Honey Glazed Carrots Applesauce  Chef's Choice Soup	<b>Tacos</b> Beef, Chicken, or Veggie Spanish Rice Whole Kernel Corn Salsa, Sour Cream, Guacamole Apple Churros Assorted Fruit	<b>Gyros</b> Chicken or Beef Tzatziki Manestra Greek Fries Greek Salad Assorted Fruit  Chef's Choice Soup	<b>Pan Pizza</b> Tossed Garden Salad Cool Tropics Assorted Fruit Warm Apple Crisp
Monday 30	Tuesday 31	Wednesday 1	Thursday 2	Friday 3
<b>Eggo Confetti Pancakes</b> Strawberry or Blueberry Topping Whipped Topping Chicken Sausage Harvest Homefries 100% Fruit Juice	<b>Chef's Choice!</b>	Need to put money on your student's account? Use <a href="http://www.sendmoneytoschool.com">www.sendmoneytoschool.com</a>	<b>To see if your family qualifies for free/reduced priced meals, please fill out an application. This can be done online via <a href="http://www.lunchapp.com">www.lunchapp.com</a>. Applications must be filled out yearly.</b>	Questions? Contact Us: 978-247-5520 Gail Koutroubas, Director of Food & Nutrition Services gkoutroubas@aps1.net Taylor Pirog, MS, RD, Assistant Food Service Director Taylor.Pirog@andoverma.us

# March Middle School Sandwich and Salad Menu



**Prices:**  
 Breakfast- \$1.75  
 Reduced Breakfast- \$0.30  
 Lunch- \$3.35  
 Reduced Lunch- \$0.40  
 Milk- \$0.85  
 8oz Water- \$0.60

Monday 2	Tuesday 3	Wednesday 4	Thursday 5	Friday 6
Fish Stick Sub w/ Tartar Sauce Salami and Cheese Wrap Mexican Tortilla Salad	Hot Dog Crispy Chicken Sandwich Chicken Caesar Salad w/ Pita	Cranberry Chicken Salad Sandwich Deli Bar Mediterranean Salad w/ Pita	Sausage Egg and Cheese on a Bagel Deli Bar Chef's Salad w/ Pita	Buffalo Chicken Salad Sandwich Chef's Choice Assorted Salads
Monday 9	Tuesday 10	Wednesday 11	Thursday 12	Friday 13
Garlic Bread Grilled Cheese BBQ Grilled Chicken Sandwich Greek Salad w/ Pita	Tuna Salad Sandwich Turkey Club on Croissant Chef's Salad w/ Pita	Philly Cheesesteak Sub Deli Bar Salami and Cheese Salad	Bacon Egg and Cheese on a Bagel Deli Bar Caesar Salad w/ Pita	Egg Salad Sandwich Chef's Choice Chicken, Bacon, Ranch Salad
Monday 16	Tuesday 17	Wednesday 18	Thursday 19	Friday 20
Buffalo Chicken Salad Sandwich Cheese Quesadilla with Salsa and Sour Cream Mexican Tortilla Salad	Veggie Burger Crispy Chicken Sandwich Chicken Caesar Salad w/ Pita	Cranberry Chicken Salad Sandwich Deli Bar Mediterranean Salad w/ Pita	Sausage Egg and Cheese on a Bagel Chef's Choice! Chef's Salad w/ Pita	Early Release Day! Bagged Lunches Available Upon Request
Monday 23	Tuesday 24	Wednesday 25	Thursday 26	Friday 27
Veggie Burger Crispy Chicken Sandwich Strawberry Spinach Salad	Garlic Bread Grilled Cheese Chef's Choice Chef's Salad w/ Pita	Philly Cheesesteak Sub Chef's Choice Salami and Cheese Salad	Bacon Egg and Cheese on a Bagel Deli Bar Caesar Salad w/ Pita	Tuna Pocket Chef's Choice Chicken, Bacon Ranch Salad
Monday 30	Tuesday 31	Wednesday 1	Thursday 2	Friday 3
Chef's Choice Greek Salad w/ Pita	Salami and Cheese Crispy Chicken Sandwich Chicken Caesar Salad w/ Pita	<div style="border: 1px solid black; padding: 10px; color: blue; font-weight: bold;">                     March 2-6th is National School Breakfast Week! Have breakfast with us and win a chance at free breakfast for a week!                 </div>		

## BREAKFAST MENU

Menu subject to change due to product availability and/or school cancellations

This institution is an equal opportunity provider

Monday- Assorted Breakfast Sandwiches  
 Tuesday- Assorted Perfecto's Bagels and Muffins with Choice of Protein  
 Wednesday- Waffle Breakfast Sandwiches  
 Thursday- French Toast Sticks and Syrup with Chicken Sausage  
 Friday- Assorted Breakfast Sandwiches