



# High School Menu

## February 10th-14th



### Main Entrée



#### Monday, 10th- Ravioli

- Marinara Sauce
- Garlic Knots
- Lemon Zest Broccoli
- Assorted Fruit

#### Tuesday, 11th- Chicken and Waffles Basket

- Maple Syrup
- Harvest Homefries
- Chilled Juice
- Assorted Fruit

#### Wednesday, 12th- Giant Meatball Bowl

- Meatballs served over Mashed Potatoes
- Gravy
- Shredded Cheese
- Green Beans
- Assorted Fruit

#### Thursday, 13th- Chef's Choice

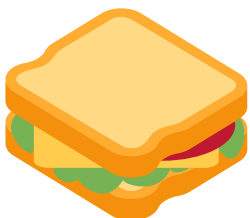


#### Friday, 14th- Calzone Bar!

- Ham and Cheese, Broccoli and Cheese, or Hamburger and Cheese
- Served with Veggie Crunchers and Dip
- Chilled Juice
- Valentine's Day Dessert!
- Assorted Fruit

Assorted Low-Fat Milks, Side Salad,  
Soup & Fresh Fruit Served Daily w/ Lunch

### Deli Line:



Served Daily. Made with Thin & Trim Old Neighborhood Meats  
Try a Delicious Combo of: Ham, Roast Beef, Buffalo Chicken, Oven Roasted Turkey, Mesquite Chicken, Salami, Tuna Salad, Seafood Salad, Chicken Salad, Veggie, Assorted Cheeses  
Toppings: Lettuce, Tomato, Pickles, Cucumbers, Black Olives, Peppers, Hot Peppers, Onions, Spinach, Carrots, Celery, Hummus  
Choose from Bulky, Sub Roll or Wrap, all are Whole Grain;  
Add one of our special sauces  
-Served with assorted salads, fruit and milk

### Warrior's Choice

**Monday**-BBQ Pulled Pork or Cheese Quesadillas with Salsa, Sour Cream, Black Bean and Corn Salad

**Tuesday**-Eggplant Parm Sub with Side Salad and RF Chips

**Wednesday**- Boom Boom Crispy Chicken Sandwich with Sweet and Spicy Coleslaw

**Thursday**- Chef's Choice!

**Friday**- Calzone Bar!

All Above are Served w/ Chips or Pretzels , Carrot Sticks and Fresh Fruit



### Pasta Line



Served Monday and Wednesday! Each week will consist of a variety of pastas, sauces, and toppings! Served with choices of fruit and vegetables.



### Pizza Line



Served Daily! A variety of pizzas including: Classic Cheese, Pepperoni, Buffalo Chicken, Pepper and Onion, BBQ Chicken, Veggie Lovers, and more! All pizzas are served with a variety of fruits and vegetables.

\*Fresh Assorted Sushi Served on Tuesdays\*