



EATING HEALTHY for ACTIVE LEARNING
ANDOVER SCHOOL NUTRITION SERVICES

High School Menu December 2nd-6th



Main Entrée



Monday, 2nd- Mac n' Cheese Bar!

- Assorted Toppings including Roasted Veggies, Feta, Mushrooms, Shredded Cheese
- Served with Green Beans
- Dinner Roll
- Fresh Fruit

Tuesday, 3rd- Oven Roast Chicken

- Warm Stuffing
- Steamed Broccoli with Cheese Sauce
- Breadstick
- Fruit Cup

Wednesday, 4th- Chicken Parmesan

- Served with Pasta
- Mixed Vegetables
- Garlic Texas Toast
- Assorted Fruit

Thursday, 5th-Turkey Pot Pie

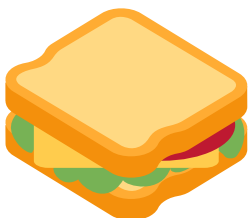
- Served with Whipped Potatoes
- Honey Wheat Biscuit
- Garden Side Salad
- Fresh Baked Cookie
- Assorted Fruit

Friday, 6th- Oven Baked Haddock

- Served with Tartar Sauce
- Baked Potato with Sour Cream
- Whole Kernel Corn
- Dinner Roll
- Assorted Fruit

Assorted Low-Fat Milks, Side Salad,
Soup & Fresh Fruit Served Daily w/ Lunch

Deli Line:



Served Daily. Made with Thin & Trim Old Neighborhood Meats
Try a Delicious Combo of: Ham, Roast Beef, Buffalo Chicken, Oven Roasted Turkey, Mesquite Chicken, Salami, Tuna Salad, Seafood Salad, Chicken Salad, Veggie, Assorted Cheeses
Toppings: Lettuce, Tomato, Pickles, Cucumbers, Black Olives, Peppers, Hot Peppers, Onions, Spinach, Carrots, Celery, Hummus
Choose from Bulky, Sub Roll or Wrap, all are Whole Grain;
Add one of our special sauces
-Served with assorted salads, fruit and milk

Warrior's Choice

Monday- Eggplant Parmesan Sub topped with Mozzarella served with Creamy Coleslaw, Juice and Fruit

Tuesday- Grilled Ham and Cheese with Cream of Broccoli Soup, Chips, Veggie Crunchers and Fruit

Wednesday- Roasted Veggie Panini with Pesto served with Oven Baked Fries and Sweet Potato Quinoa Chili

Thursday- Steak and Cheese Calzone with Garden Salad, Chilled Juice, and Cookie

Friday- Chef's Choice

Served with Assorted Fresh Fruit, Vegetables,
and Fat-Free or 1% Milk



Pizza Line



Served Daily! A variety of pizzas including: Classic Cheese, Pepperoni, Buffalo Chicken, Pepper and Onion, BBQ Chicken, Veggie Lovers, and more! All pizzas are served with a variety of fruits and vegetables.



Pasta Bar



Served Monday and Wednesday! Each week will consist of a variety of pastas, sauces, and toppings! Served with choices of fruit and vegetables.

Fresh Assorted Sushi Served on Tuesdays

Grab n Go and Power Packs on Thursday