



EATING HEALTHY for ACTIVE LEARNING
ANDOVER SCHOOL NUTRITION SERVICES

High School Menu November 18th-22nd



Main Entrée



Monday, 18th- Chicken Wing Bar

- Chicken Wings Tossed in Buffalo, or Honey BBQ
- Served over Rice Pilaf
- Veggie Crunchers and Hummus
- Assorted Fruit



Tuesday, 19th- Chicken and Waffles Basket

- Breaded Drumstick served with Waffles
- Maple Syrup or Honey Mustard Sauce
- Harvest Homefries
- Orange Slices

Wednesday, 20th- Burrito Bar!

- Beef, Chicken or Veggie
- Assorted Toppings
- Spanish Rice
- Cheesy Refried Beans
- Assorted Fruit



Thursday, 21st- Turkey Dinner! \$3.00 Special

- Roasted Turkey
- Warm Gravy
- Stuffing
- Garlic Mashed Potatoes
- Roasted Butternut Squash
- Cranberry Sauce
- Dinner Roll

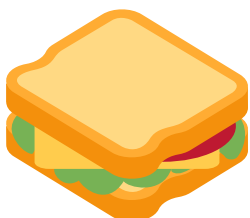


Friday, 22nd- Manager's Choice



Assorted Low-Fat Milks, Side Salad,
Soup & Fresh Fruit Served Daily w/ Lunch

Deli Line:



Served Daily. Made with Thin & Trim Old Neighborhood Meats
Try a Delicious Combo of: Ham, Roast Beef, Buffalo Chicken, Oven Roasted Turkey, Mesquite Chicken, Salami, Tuna Salad, Seafood Salad, Chicken Salad, Veggie, Assorted Cheeses
Toppings: Lettuce, Tomato, Pickles, Cucumbers, Black Olives, Peppers, Hot Peppers, Onions, Spinach, Carrots, Celery, Hummus
Choose from Bulky, Sub Roll or Wrap, all are Whole Grain;
Add one of our special sauces
-Served with assorted salads, fruit and milk

Warrior's Choice

Monday- Quesadillas! Veggie and Cheese or BBQ Pulled Pork with Fiesta Corn Salad

Tuesday- Steak and Cheese on a Sub with Onion and Peppers and Caesar Salad

Wednesday- Mozzarella Sticks served with Marinara Sauce, Cucumber Salad, and Dinner Roll

Thursday- Turkey Dinner! \$3.00 for Students and Adults!

Friday- Manager's Choice

Served with Assorted Fresh Fruit, Vegetables,
and Fat-Free or 1% Milk



Pizza Line



Served Daily! A variety of pizzas including:
Classic Cheese, Pepperoni, Buffalo Chicken, Pepper and Onion, BBQ Chicken, Veggie Lovers, and more! All pizzas are served with a variety of fruits and vegetables.



Pasta Bar



Served Monday and Wednesday! Each week will consist of a variety of pastas, sauces, and toppings! Served with choices of fruit and vegetables.

Fresh Assorted Sushi Served on Tuesdays

Grab n Go and Power Packs on Thursday