

# November Middle School Menu



**Prices:**  
 Breakfast- \$1.75  
 Reduced Breakfast- \$0.30  
 Lunch- \$3.35  
 Reduced Lunch- \$0.40  
 Milk-\$0.85  
 8oz Water- \$0.60  
 Fruit and Veggie Bar Available Daily

Monday 28	Tuesday 29	Wednesday 30	Thursday 31	Friday 1
<b>BREAKFAST MENU</b> Monday- Breakfast Sandwich Variety! Tuesday- Breakfast Pizza! Wednesday- Pancakes with Turkey Bacon! Thursday- Breakfast Sandwich Variety! Friday- Dutch Waffle and Sausage Patty!! Available Daily: Cereal, Muffins, Bagels, Smoothies, and Yogurt. All Breakfasts come with fruit and fat-free or 1% milk				<b>Pan Pizza</b> Caesar Salad Chilled Fruit Juice Assorted Fruit  Chef's Choice  Garden Salad w/ Buffalo Chicken
Monday 4	Tuesday 5	Wednesday 6	Thursday 7	Friday 8
<b>Fish N' Chips Basket!</b> Fish Sticks with Potato Wedges Broccoli Salad Tartar Sauce Assorted Fruit	<b>Chicken Parmesan w/ Spaghetti</b> Wild Mike's Cheesy Breadstick Bites Green Beans Assorted Fruit  Chef's Choice Soup	<b>National Nachos Day!</b> BBQ Pulled Pork Nachos or Fajita Chicken or Queso Cheese Spanish Rice Cheesy Refried Beans Assorted Fruit	<b>Chicken Finger Basket</b> Assorted Dipping Sauces Brown Rice Pilaf Kale Carrot Coleslaw Dinner Roll Assorted Fruit  Chef's Choice Soup	<b>No School!</b> Teacher Professional Day  
Monday 11	Tuesday 12	Wednesday 13	Thursday 14	Friday 15
<b>No School!</b> Veteran's Day  	<b>BBQ Chicken Drumstick!</b> Roasted Red Bliss Potatoes Honey Glazed Carrots Cornbread Assorted Fruit  Chef's Choice Soup	<b>Italian Trio!</b> Fried Ravioli Mozzarella Sticks Meatballs Marinara Sauce Green Beans Garlic Texas Toast Assorted Fruit	<b>Boneless Wings with Dipping Sauces</b> Veggie Fried Rice Chinese Style Vegetable Chilled Pineapple Fortune Cookie  Chef's Choice Soup	<b>Pan Pizza</b> Broccoli Salad Chilled Fruit Juice Fresh Fruit
Monday 18	Tuesday 19	Wednesday 20	Thursday 21	Friday 22
<b>BBQ Bacon Cheeseburgers Or Veggie Burgers</b> Lettuce & Tomato Onion Rings Confetti Corn Salad Assorted Fruit	<b>Mac N' Cheese or Buffalo Chicken Mac N' Cheese!</b> Breadstick Kale Chips Chilled Juice Assorted Fruit  Chef's Choice Soup	<b>Boom Boom or Plain Crispy Chicken Sandwich!</b> Lettuce and Tomato Pasta Salad Delicata Smiles Assorted Fruit	<b>Turkey Dinner!</b> Gravy Stuffing Garlic Mashed Potatoes Farm Fresh Roasted Butternut Squash Cranberry Sauce WW Dinner Roll Assorted Fruit	<b>Pan Pizza</b> Veggie Crunchers Dipping Sauces Chilled Juice Assorted Fruit Warm Apple Crisp
Monday 25	Tuesday 26	Wednesday 27	Thursday 28	Friday 29
<b>French Toast Sliders</b> Egg and Cheese or Sausage Egg and Cheese Tater Tots Orange Juice Assorted Fruit	<b>Meatball Mozzarella Sub</b> Oven Baked French Fries Green Beans Assorted Fruit  Chef's Choice Soup	<b>Early Release!</b> Breakfast Served 30 Minutes Before Start of School Bagged Lunches Available Upon Request	<b>No School! Thanksgiving!</b>  	<b>Thanksgiving Break!</b>  

Questions? Contact Us: 978-247-5520  
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Need to put money on your student's account? Use [www.sendmoneytoschool.com](http://www.sendmoneytoschool.com)

Menu subject to change due to product availability and/or school cancellations

To see if your family qualifies for free/reduced priced meals, please fill out an application. This can be done online via [www.lunchapp.com](http://www.lunchapp.com). Applications must be filled out yearly.

This institution is an equal opportunity provider

# November Middle School Sandwich and Salad Menu



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 Reduced Breakfast- \$0.30  
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 Reduced Lunch- \$0.40  
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Monday	28	Tuesday	29	Wednesday	30	Thursday	31	Friday	1
								<b>Tuna Sandwich and Chips</b>  <b>Chef's Choice</b>  <b>Chicken Bacon Ranch Salad and Pita</b>	
Monday	4	Tuesday	5	Wednesday	6	Thursday	7	Friday	8
<b>Roasted Veggie and Cheese Panini</b>  <b>Deli Bar!</b>  <b>Asian Chicken Salad and Pita</b>		<b>BBQ Pulled Pork on Bulky Roll</b>  <b>Grilled Cheese</b>  <b>Mexican Tortilla Salad</b>		<b>Buffalo Chicken Sandwich</b>  <b>Cobb Salad and Pita</b>		<b>Turkey Bacon, Egg, and Cheese on a Bagel</b>  <b>Crispy Chicken (GF)</b> <b>Garden Salad and Pita</b>		<b>No School!</b> Teacher Professional Day  	
Monday	11	Tuesday	12	Wednesday	13	Thursday	14	Friday	15
<b>No School!</b> Veteran's Day  		<b>Chicken Pesto Sandwich on Pretzel Bun</b>  <b>Grilled Cheese</b>  <b>Chicken Caesar Salad or Caesar Salad with Pita</b>		<b>Cereal Served with Yogurt</b>  <b>Greek Salad with Feta and Pita</b>		<b>Sausage Egg and Cheese on a Bagel</b>  <b>Deli Bar</b>  <b>Garden Salad with Buffalo Chicken (GF) and Pita</b>		<b>Egg Salad Sandwich and Chips</b>  <b>Chef's Choice</b>  <b>Chicken Bacon Ranch Salad and Pita</b>	
Monday	18	Tuesday	19	Wednesday	20	Thursday	21	Friday	22
<b>Roasted Veggie and Cheese Panini</b>  <b>Breakfast Burrito with Egg, Cheese, Sausage and Hashbrowns</b>  <b>Asian Chicken Salad and Pita</b>		<b>BBQ Pulled Pork on Bulky Roll</b>  <b>Grilled Cheese</b>  <b>Mexican Tortilla Salad</b>		<b>Buffalo Chicken Quesadillas with Salsa and Sour Cream</b>  <b>Deli Bar</b>  <b>Cobb Salad and Pita</b>		<b>Turkey Dinner!</b>  <b>See Main Menu for Details</b>		<b>Mediterranean Wrap and Chips</b>  <b>Chef's Choice</b>  <b>Salami and Cheese Salad</b>	
Monday	25	Tuesday	26	Wednesday	27	Thursday	28	Friday	29
<b>Fish Stick Sub</b>  <b>Turkey Club on Croissant</b>  <b>Apple and Craisin Salad with Feta and Pita</b>		<b>Chicken Pesto Sandwich on Pretzel Bun</b>  <b>Grilled Cheese</b>  <b>Chicken Caesar Salad or Caesar Salad with Pita</b>		<b>Early Release!</b> Breakfast Served 30 Minutes Before Start of School  Bagged Lunches Available Upon Request		<b>No School!</b> Thanksgiving!  		<b>Thanksgiving Break!</b>  	

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