



EATING HEALTHY for ACTIVE LEARNING
ANDOVER SCHOOL NUTRITION SERVICES

High School Menu October 21st-25th



Main Entrée



Monday, 21st- Buffalo Chicken Chunk Basket

- Served with Oven Baked Fries
- Veggie Crunchers and Blue Cheese or Ranch Dip
- Assorted Fruit

Tuesday, 22nd- Mac N' Cheese!

- Creamy Mac N' Cheese
- Served with Broccoli
- Warm Breadstick
- Assorted Fruit

Wednesday, 23rd- Chicken Curry Casserole

- Chicken, Rice and Vegetables Baked in a Delicious Curry Sauce
- Sauteed Green Beans
- Served with Dinner Roll
- Assorted Fruit

Thursday, 24th- Lasagna!

- Homemade with Veggie or Meat
- Toasted Garlic Bread
- Fresh Caesar Salad
- Assorted Fruit

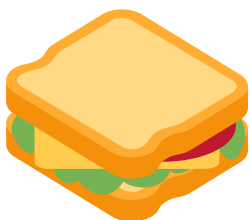


Friday, 25th- LIVE CHEF DAY!

- See Flyers for more info!!
- Build your own Mediterranean Pita Pocket!
- Chicken or Hummus
- Fillings include: Baba Ganoush, Tzatziki, Lettuce, Tomato, Onion
- Sides Include: Mujaddara, Tabbouleh, and Melon Mint Salad

Assorted Low-Fat Milks, Side Salad, Soup & Fresh Fruit Served Daily w/ Lunch

Deli Line:



Served Daily. Made with Thin & Trim Old Neighborhood Meats
Try a Delicious Combo of: Ham, Roast Beef, Buffalo Chicken, Oven Roasted Turkey, Mesquite Chicken, Salami, Tuna Salad, Seafood Salad, Chicken Salad, Veggie, Assorted Cheeses
Toppings: Lettuce, Tomato, Pickles, Cucumbers, Black Olives, Peppers, Hot Peppers, Onions, Spinach, Carrots, Celery, Hummus
Choose from Bulky, Sub Roll or Wrap, all are Whole Grain;
Add one of our special sauces
-Served with assorted salads, fruit and milk

Warrior's Choice

Monday- Sloppy Joes! Served with Onion Rings and Side Salad

Tuesday- Caprese Panini with Pesto and RF Chips

Wednesday- Honey Mustard Chicken and Waffle Basket served with Hash Browns and Maple Syrup

Thursday- Chef's Choice

Friday- Live Chef Day! See Flyer for More Info!!

Served with Assorted Fresh Fruit, Vegetables, and Fat-Free or 1% Milk



Pizza Line



Served Daily! A variety of pizzas including: Classic Cheese, Pepperoni, Buffalo Chicken, Pepper and Onion, BBQ Chicken, Veggie Lovers, and more! All pizzas are served with a variety of fruits and vegetables.



Pasta Bar



Served Monday and Wednesday! Each week will consist of a variety of pastas, sauces, and toppings! Served with choices of fruit and vegetables.

Fresh Assorted Sushi Served on Tuesdays

Grab n Go and Power Packs on Thursday