



EATING HEALTHY for ACTIVE LEARNING
ANDOVER SCHOOL NUTRITION SERVICES

High School Menu October 14th-18th



Main Entrée



Warrior's Choice

Monday, 14th- Columbus Today!

-No School!

Tuesday, 15th- Chicken Finger Basket

- Potato Wedges
- Assorted Dipping Sauces
- Creamy Coleslaw
- Fresh Fruit Cup

Wednesday, 16th- Karen's Meatloaf

- Chef Karen's take on the Classic!
- Served with Gravy
- Whipped Potato
- Seasoned Peas
- Dinner Roll
- Chilled Peaches

Thursday, 17th- Chicken Cacciatore

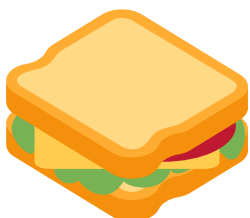
- Served over Pasta
- Garlic Bread
- Green Beans
- Side Kicks

Friday, 18th- Fresh Oven Baked Fish

- Rice Pilaf
- Lemon Zest Broccoli
- Caesar Salad with Croutons and Dressing
- Dinner Roll
- Chilled Mixed Fruit

Assorted Low-Fat Milks, Side Salad,
Soup & Fresh Fruit Served Daily w/ Lunch

Deli Line:



Served Daily. Made with Thin & Trim Old Neighborhood Meats
Try a Delicious Combo of: Ham, Roast Beef, Buffalo Chicken, Oven Roasted Turkey, Mesquite Chicken, Salami, Tuna Salad, Seafood Salad, Chicken Salad, Veggie, Assorted Cheeses
Toppings: Lettuce, Tomato, Pickles, Cucumbers, Black Olives, Peppers, Hot Peppers, Onions, Spinach, Carrots, Celery, Hummus
Choose from Bulky, Sub Roll or Wrap, all are Whole Grain;
Add one of our special sauces
-Served with assorted salads, fruit and milk

Monday- No School! Columbus Day

Tuesday- NEW! Buffalo Chicken Dip with Tortilla Chips, Caesar Salad w/ Croutons and Dressing, Fresh Fruit Cup

Wednesday- Chef's Choice

Thursday- Twin Hot Dogs on Grilled Roll served with Baked Beans, Veggie Crunchers w/ Dip, Fresh Fruit

Friday- Grilled Ham and Cheese served w/ Sweet Potato Fries, Chilled Juice, and Fresh Fruit Cup

Served with Assorted Fresh Fruit, Vegetables,
and Fat-Free or 1% Milk



Pizza Line



Served Daily! A variety of pizzas including:
Classic Cheese, Pepperoni, Buffalo Chicken, Pepper and Onion, BBQ Chicken, Veggie Lovers, and more! All pizzas are served with a variety of fruits and vegetables.



Pasta Bar



Served Monday and Wednesday! Each week will consist of a variety of pastas, sauces, and toppings! Served with choices of fruit and vegetables.

Fresh Assorted Sushi Served on Tuesdays

Grab n Go and Power Packs on Thursday