



EATING HEALTHY for ACTIVE LEARNING
ANDOVER SCHOOL NUTRITION SERVICES

High School Menu September 9th-13th



Main Entrée



Warrior's Choice

Monday, 9th- Crispy Chicken Deluxe on Bulky Roll

- Macaroni Salad
- Veggie Crunchers with Dip
- Fresh Fruit

Tuesday, 10th Mac n' Cheese Bar!

- Top your own Mac n' Cheese Bowl
- Toppings Include: BBQ Pulled Pork, Buffalo Chicken, Diced Mushrooms, Peas, Diced Tomatoes and Jalapenos
- Served with Seasoned Mixed Italian Vegetables

Wednesday, 11th- Brunch for Lunch!

- Waffle Bar w/ Strawberries and Whipped Topping
- Sausage Links or Bacon
- Chilled Orange Juice
- Watermelon Wedges

Thursday, 12th- Oven Roasted Chicken

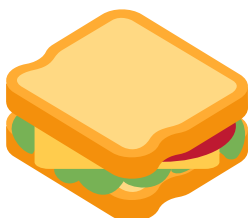
- Potato Salad
- Creamy Coleslaw
- Corn on the Cob
- Honey Wheat Biscuit
- Ice Cream Cup

Friday, 13th- Baked White Fish

- Served with a Breadcrumb Topping
- Baked Potato w/ Sour Cream
- Lemon Zest Broccoli
- Dinner Roll
- Fresh Melon

Assorted Low-Fat Milks, Side Salad, Soup & Fresh Fruit Served Daily w/ Lunch

Deli Line:



Served Daily. Made with Thin & Trim Old Neighborhood Meats
Try a Delicious Combo of: Ham, Roast Beef, Buffalo Chicken, Oven Roasted Turkey, Mesquite Chicken, Salami, Tuna Salad, Seafood Salad, Chicken Salad, Veggie, Assorted Cheeses
Toppings: Lettuce, Tomato, Pickles, Cucumbers, Black Olives, Peppers, Hot Peppers, Onions, Spinach, Carrots, Celery, Hummus
Choose from Bulky, Sub Roll or Wrap, all are Whole Grain;
Add one of our special sauces
-Served with assorted salads, fruit and milk

Monday- Roasted Vegetable Panini served with Garlic Roasted Chickpeas

Tuesday- Warm BBQ Chicken Wrap served with Corn and Black Bean Salad

Wednesday- Chef's Choice

Thursday- Twin Hot Dogs Served with Coleslaw and Corn on the Cob

Friday- Steak and Cheese with Peppers and Onions on a Sub Roll served with Broccoli Salad

Served with Assorted Fresh Fruit, Vegetables, and Fat-Free or 1% Milk



Pizza Line



Served Daily! A variety of pizzas including: Classic Cheese, Pepperoni, Buffalo Chicken, Pepper and Onion, BBQ Chicken, Veggie Lovers, and more! All pizzas are served with a variety of fruits and vegetables.



Pasta Bar



Served Monday and Wednesday! Each week will consist of a variety of pastas, sauces, and toppings! Served with choices of fruit and vegetables.

Fresh Assorted Sushi Served on Tuesdays