



# High School Menu

## March 18th-March 22nd



EATING HEALTHY for ACTIVE LEARNING  
ANDOVER SCHOOL NUTRITION SERVICES



### Main Entrée

#### Monday, 18th- Pot of Gold Shepard's Pie

- Ground beef, mixed vegetables, mashed potatoes and cheese
- Served with Green Beans
- Assorted Breads and Biscuits
- Fresh Fruit

#### Tuesday, 19th- Chicken Alfredo

- A Classic! Chicken Alfredo w/ Penne
- Steamed Broccoli
- Garlic Texas Toast
- Fresh Fruit

#### Wednesday, 20th - BBQ Bacon Cheeseburgers

- Served with Sweet Potato Fries
- Corn and Edamame Salad
- Fresh Fruit

#### Thursday, 21st- Orange Chicken Bowls

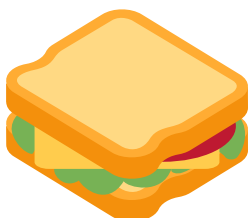
- Orange Chicken, Served over Brown Rice
- Chinese Stir-Fried Vegetables
- Chilled Pineapple

#### Friday, 22nd- Catch of the Day!

- Fresh Local Fish Topped with Ritz Bread Crumb Coating
- Seasoned Mixed Vegetables
- Warm Dinner Roll
- Fresh Fruit

Assorted Low-Fat Milks, Side Salad, Soup & Fresh Fruit Served Daily w/ Lunch

### Deli Line:



Served Daily. Made with Thin & Trim Old Neighborhood Meats  
 Try a Delicious Combo of: Ham, Roast Beef, Buffalo Chicken, Oven Roasted Turkey, Mesquite Chicken, Salami, Tuna Salad, Seafood Salad, Chicken Salad, Veggie, Assorted Cheeses  
 Toppings: Lettuce, Tomato, Pickles, Cucumbers, Black Olives, Peppers, Hot Peppers, Onions, Spinach, Carrots, Celery, Hummus  
 Choose from Bulky, Sub Roll or Wrap, all are Whole Grain;  
 Add one of our special sauces  
 -Served with assorted salads, fruit and milk

### Warrior's Choice

**Monday-** Steak and Cheese Sub served w/ Peppers and Onions and RF Chips

**Tuesday-** Roasted Vegetable Panini served w/ WG Onion Rings

**Wednesday-** RibBQ Sub served w/ Hummus and Veggie Sticks

**Thursday-** Pesto Grilled Cheese and Tomato Sandwich served w/ Kale Chips

**Friday-** Chicken Parm on a Bulky Roll served w/ Corn and Tomato Salad

Served with Assorted Fresh Fruit, Vegetables, and Fat-Free or 1% Milk



### Pizza Line



Served Daily! A variety of pizzas including: Classic Cheese, Pepperoni, Buffalo Chicken, Pepper and Onion, BBQ Chicken, Veggie Lovers, and more! All pizzas are served with a variety of fruits and vegetables.



### Pasta Bar



Served Monday and Wednesday! Each week will consist of a variety of pastas, sauces, and toppings! Served with choices of fruit and vegetables.