

Catering:

Need Snacks for Meetings, School Party, or After School Event?

Snacks - Wraps – Pizza – Breakfast

Call: 978-247-5503

June

Gail Koutroubas: Foodservice Director

Nathan Langevin: Kitchen Manager



EATING HEALTHY for ACTIVE LEARNING
ANDOVER SCHOOL NUTRITION SERVICES

Served Daily:

Grab n' Gos \$3.25

Assorted Salads & Snack Boxes

Fill up with perfectly paired favorites

- Protein Pack Box
- Buffalo Dipper Box
- Cheese & Crudite Box
- Parfait Mix Box
- Breakfast Burst Box
- Veggie Greek Box

Deli Sandwiches: \$3.25

Made with Thin & Trim Old Neighborhood Meats

Try a Delicious Combo of:

- Ham, Roast Beef, Buffalo Chicken, Oven Roasted Turkey, Chicken Mastic, Salami, Tuna Salad, Seafood Salad, Chicken Salad, Veggie
- Lettuce, Tomato, Pickles, Cucumbers, Black Olives, Peppers, Hot Peppers, Onions, Spinach, Carrots, Celery, Hummus, Assorted Cheeses
- Choose from Bulky, Sub roll or Wrap, all breads are WW
- Add one of our special sauces
- Served with assorted salads, fruit and milk

Assorted Pizza Bar: \$3.00

Served with Salad

- Fruit & Veggies
- Milk & Juice

NOTE: Menus subject to change due to school cancellations and/or product availability.

Snack Bar!

Offering fun & healthy grab n' go snacks and complete meal combinations

- Popcorn
- Warm Pretzels, Muffins & Bagels
- Fresh Fruit & Yogurt Parfaits
- Fresh Smoothies
- Ice Cream
- Granola Bars
- ...and much more!

PRICES:

Breakfast **\$2.25**
Main Entrée **\$3.00**
Grill **\$3.25**

Daily Breakfast:

- Egg and Cheese on Croissant (Plain, Bacon or Sausage)
- Assorted Bagels
- Scones (Blueberry, Raspberry, Apple Cinnamon)
- Assorted Muffins
- Cereals
- Yogurt Parfaits
- Fresh Fruit

Rotating Breakfast Specials:

- French Toast
- Pancakes
- Omelet Bar
- Quiche
- Breakfast Burritos
- Assorted Danishes

**Assorted Low-Fat Milks,
Side Salad & Fresh Fruit
Served Daily**

Monday - 12

Main Entrée:

- American Chop Suey
- Steamed Corn
- Garlic Bread
- Fresh Fruit
- Blueberry Shortcake

Grill:

- Caprese Panini
- Broccoli Salad
- RF Chips
- Fresh Fruit

Deli Special:

- Mediterranean Veggie Wrap
- Veggie of the day
- Assorted Fruit

Tuesday - 13

Main Entrée:

- Teriyaki Chicken or Veggie Stir Fry
- Brown Rice
- Marinated Veggies
- Fortune Cookie
- Peach Cup

Grill:

- Meatball Marinara Sub
- Oven Baked Fries
- Caesar Salad
- Peach Cup

Deli Special:

- Manager's Choice
- Veggie of the day
- Assorted Fruit

Sushi Bar

Fresh assorted sushi served with rice or noodles and veggies

Wednesday - 14

Main Entrée:

- Sloppy Joe's
- Oven Baked Fries
- Tomato Basil Salad
- Seasonal Fruit

Grill:

- Grilled Cheese & Tomato
- Three Bean Salad
- Sweet Potato Salad
- Seasonal Fruit

Deli Special:

- Santé Fe Chicken Wrap
- Veggie of the day
- Assorted Fruit

Thursday - 15

Main Entrée:

- Make Your Own Tossed Salad
- Chicken Bacon Ranch or Chicken Caesar
- Pita Bread
- Fruit Cup

Grill:

- Pulled Pork Sliders
- Potato Wedges
- Side Salad
- Fruit Cup

Deli Special:

- Chicken Salad on Bulkie
- Veggie of the day
- Assorted Fruit

Friday - 16

Main Entrée:

Manager's Choice

Grill:

- RibBQ on Sub Roll
- Veggie Crunchers
- RF Chips
- Peach Cup

Deli Special:

- Turkey Club
- Veggie of the day
- Assorted Fruit

**Specialty Pizzas
on Pizza Line TODAY!**

June's Harvest of the Month is...

STRAWBERRIES!

Strawberries are the first locally-grown fruit of the year to ripen, as sign of the bounty yet to come! They are full of vitamin C, fiber, and antioxidants and low in calories.

Shopping and Storage Tips:

- Look for plump berries with a rich red color, bright green caps and a sweet smell.
- Store unwashed strawberries in the refrigerator for up to three days, but it is best to eat local berries as soon as possible.
- Before serving, use cool water to gently wash strawberries with green caps still attached.
- If buying frozen berries, look for those without sugar added.
- You can also freeze your own for use later: gently wash and dry the berries, hull them, spread them on a sheet in the freezer overnight and then transfer them to an airtight container.

Monday – 19

BBQ DAY!



Burgers or
BBQ Chicken

- Lettuce & Tomato
- Macaroni Salad
- Confetti Corn Salad
- Fresh Fruit

Deli Special:

Manager's Choice

- Veggie of the day
- Assorted Fruit

Tuesday – 20

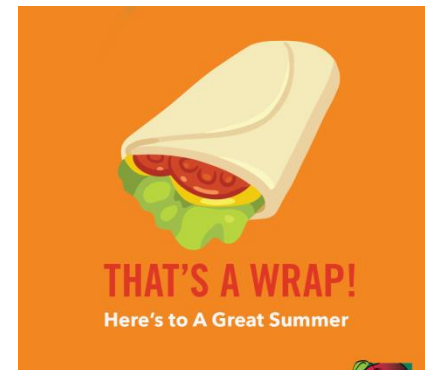
Wednesday – 21

Thursday – 22

FINALS GOOD LUCK!

Fuel up for finals with breakfast in the cafeteria
Available 7a-10a

Lunch Offerings
Pizza and Assorted Wraps w/ Sides



Feeding Bodies.
Fueling Minds.
SCHOOL
NUTRITION
ASSOCIATION

This institution is an equal opportunity provider and employer.