

Catering:

Need Snacks for Meetings, School Party, or After School Event?

Snacks - Wraps – Pizza – Breakfast

Call: 978-247-5503

May

Gail Koutroubas: Foodservice Director

Nathan Langevin: Kitchen Manager



EATING HEALTHY for ACTIVE LEARNING
ANDOVER SCHOOL NUTRITION SERVICES

Served Daily:

Grab n' Gos \$3.25

Assorted Salads & Snack Boxes

Fill up with perfectly paired favorites

- Protein Pack Box
- Buffalo Dipper Box
- Cheese & Crudite Box
- Parfait Mix Box
- Breakfast Burst Box
- Veggie Greek Box

Deli Sandwiches: \$3.25

Made with Thin & Trim Old Neighborhood Meats

Try a Delicious Combo of:

- Ham, Roast Beef, Buffalo Chicken, Oven Roasted Turkey, Chicken Mastic, Salami, Tuna Salad, Seafood Salad, Chicken Salad, Veggie
- Lettuce, Tomato, Pickles, Cucumbers, Black Olives, Peppers, Hot Peppers, Onions, Spinach, Carrots, Celery, Hummus, Assorted Cheeses
- Choose from Bulky, Sub roll or Wrap, all breads are WW
- Add one of our special sauces
- Served with assorted salads, fruit and milk

Assorted Pizza Bar: \$3.00

Served with Salad

- Fruit & Veggies
- Milk & Juice

NOTE: Menus subject to change due to school cancellations and/or product availability.

Snack Bar!

Offering fun & healthy grab n' go snacks and complete meal combinations

- Popcorn
- Warm Pretzels, Muffins & Bagels
- Fresh Fruit & Yogurt Parfaits
- Fresh Smoothies
- Ice Cream
- Granola Bars
- ...and much more!

PRICES:

Breakfast	\$2.25
Main Entrée	\$3.00
Grill	\$3.25

Daily Breakfast:

- Egg and Cheese on Croissant (Plain, Bacon or Sausage)
- Assorted Bagels
- Scones (Blueberry, Raspberry, Apple Cinnamon)
- Assorted Muffins
- Cereals
- Yogurt Parfaits
- Fresh Fruit

Rotating Breakfast Specials:

- French Toast
- Pancakes
- Omelet Bar
- Quiche
- Breakfast Burritos
- Assorted Danishes

**Assorted Low-Fat Milks,
Side Salad & Fresh Fruit
Served Daily**

Monday - 15

Main Entrée:

- Manager's Choice
- Fresh vegetables
- Fruit of the Day

Grill:

- BBQ Pulled Pork on Bulkie Roll
- Oven Baked Fries
- Marinated Black Bean Salad
- Fresh Melon

Deli Special:

- Turkey BLT Wrap
- Veggie of the day
- Assorted Fruit

Tuesday - 16

Main Entrée:

- Make-Your-Own Tossed Salad
- Chicken Caesar or Chicken Bacon Ranch
- Pita Bread
- Fruit of the Day

Grill:

- Cuban Panini
- RF Cape Cod Chips
- Broccoli Salad
- Peach Cup

Deli Special:

- Cranberry Chicken Salad
- Veggie of the day
- Assorted Fruit

Sushi Bar

Fresh assorted sushi served with rice or noodles and veggies

Wednesday - 17

Main Entrée:

- Catch of the Day
- Garlic Mashed Potatoes
- Glazed Carrots
- Dinner Roll
- Fresh Fruit
- Blueberry Crisp

Grill:

- Street Tacos
- Chicken or Beef Taco
- Lettuce & Tomato
- Salsa & Sour Cream
- Black Bean and Corn Salad
- Fresh Fruit

Deli Special:

- Buffalo Chicken Wrap
- Veggie of the Day
- Assorted Fruit

Thursday - 18

Main Entrée:

- Baked Mac & Cheese
- Roasted Broccoli
- Breadstick
- Seasonal Fruit

Grill:

- Buffalo Chicken Basket
- Carrots & Celery Sticks
- Potato Wedges
- Peach Cup

Deli Special:

- Tuna Salad on Croissant
- Veggie of the day
- Assorted Fruit

BBQ DAY!



Burgers or Hot Dogs

- Lettuce & Tomato
- Potato Salad
- Coleslaw
- Fresh Fruit

Deli Special:

- Manager's Choice
- Veggie of the day
- Assorted Fruit

May's Harvest of the Month is...

SEAFOOD!



Last month, we began featuring **FRESH LOCAL SEAFOOD** as part of our Fresh Fish Friday campaign. In May, we will be featuring it again as the Harvest of the Month! Locally caught SEAFOOD will be featured in the catch of the day on Wednesday, May 10th.

To learn more about Harvest of the Month, visit <http://www.massfarmtoschool.org/hotm>.

	Monday – 22	Tuesday – 23	Wednesday – 24	Thursday – 25	Friday – 26
	<p><u>Main Entrée:</u> Orange Chicken</p> <ul style="list-style-type: none"> - Brown Rice - Marinated Veggies - Egg Roll - Fortune Cookie - Chilled Fruit Cup <p><u>Grill:</u> RibBBQ Sandwich</p> <ul style="list-style-type: none"> - Carrot Sticks w/ Dip - Onion Rings - Peach Cup <p><u>Deli Special:</u> Caesar Salad Wrap</p> <ul style="list-style-type: none"> - Veggie of the day - Assorted Fruit 	<p><u>Main Entrée:</u> Roma Pasta</p> <ul style="list-style-type: none"> - Spinach & Strawberry Salad - Dinner Roll - Seasonal Fruit <p><u>Grill:</u> Meatball Marinara Sub</p> <ul style="list-style-type: none"> - Seasoned Potato Wedges - Chickpea Salad - Chilled Fruit <p><u>Deli Special:</u> Chicken Pesto on Croissant</p> <ul style="list-style-type: none"> - Veggie of the day - Assorted Fruit <p><u>Sushi Bar</u> Fresh assorted sushi served with rice or noodles and veggies</p>	<p><u>Main Entrée:</u> Build-Your-Own Burrito</p> <p>Choice of beef, chicken or pork and topped with rice, beans and your choice of veggies</p> <ul style="list-style-type: none"> - Seasonal Fruit <p><u>Grill:</u> Chicken Bacon Ranch on Bulkie Roll</p> <ul style="list-style-type: none"> - Romaine & Spinach Salad - RF Cape Cod Chips - Fresh Fruit <p><u>Deli Special:</u> Buffalo Chicken Wrap</p> <ul style="list-style-type: none"> - Veggie of the Day - Assorted Fruit 	<p><u>Main Entrée:</u> Chicken Tenders</p> <ul style="list-style-type: none"> - Potato Wedges - Tomato Basil Salad - Mixed Fruit <p><u>Grill:</u> Manager's Choice</p> <ul style="list-style-type: none"> - Assorted Veggies - Fruit Cup <p><u>Deli Special:</u> All American Sub</p> <ul style="list-style-type: none"> - Veggie of the day - Assorted Fruit 	<p><u>BBQ DAY!</u></p> <p>Burgers or Hot Dogs</p> <ul style="list-style-type: none"> - Lettuce & Tomato - Macaroni Salad - Confetti Corn Salad - Fresh Fruit <p><u>Deli Special:</u> Manager's Choice</p> <ul style="list-style-type: none"> - Veggie of the day - Assorted Fruit

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