

Catering:

Need Snacks for Meetings, School Party, or After School Event?

Snacks - Wraps – Pizza – Breakfast

Call: 978-247-5503

May

Gail Koutroubas: Foodservice Director

Nathan Langevin: Kitchen Manager



EATING HEALTHY for ACTIVE LEARNING
ANDOVER SCHOOL NUTRITION SERVICES

Served Daily:

Grab n' Gos \$3.25

Assorted Salads & Snack Boxes

Fill up with perfectly paired favorites

- Protein Pack Box
- Buffalo Dipper Box
- Cheese & Crudite Box
- Parfait Mix Box
- Breakfast Burst Box
- Veggie Greek Box

Deli Sandwiches: \$3.25

Made with Thin & Trim Old Neighborhood Meats

Try a Delicious Combo of:

- Ham, Roast Beef, Buffalo Chicken, Oven Roasted Turkey, Chicken Mastic, Salami, Tuna Salad, Seafood Salad, Chicken Salad, Veggie
- Lettuce, Tomato, Pickles, Cucumbers, Black Olives, Peppers, Hot Peppers, Onions, Spinach, Carrots, Celery, Hummus, Assorted Cheeses
- Choose from Bulky, Sub roll or Wrap, all breads are WW
- Add one of our special sauces
- Served with assorted salads, fruit and milk

Assorted Pizza Bar: \$3.00

Served with Salad

- Fruit & Veggies
- Milk & Juice

NOTE: Menus subject to change due to school cancellations and/or product availability.

Snack Bar!

Offering fun & healthy grab n' go snacks and complete meal combinations

- Popcorn
- Warm Pretzels, Muffins & Bagels
- Fresh Fruit & Yogurt Parfaits
- Fresh Smoothies
- Ice Cream
- Granola Bars
- ...and much more!

PRICES:

Breakfast **\$2.25**
Main Entrée **\$3.00**
Grill **\$3.25**

Daily Breakfast:

- Egg and Cheese on Croissant (Plain, Bacon or Sausage)
- Assorted Bagels
- Scones (Blueberry, Raspberry, Apple Cinnamon)
- Assorted Muffins
- Cereals
- Yogurt Parfaits
- Fresh Fruit

Rotating Breakfast Specials:

- French Toast
- Pancakes
- Omelet Bar
- Quiche
- Breakfast Burritos
- Assorted Danishes

**Assorted Low-Fat Milks,
Side Salad & Fresh Fruit
Served Daily**

Monday - 1

Main Entrée:

Swedish Meatballs over Pasta

- Seasoned Green Beans
- Breadstick
- Fruit of the Day



Grill:

Steak & Cheese Sub w/ the Works

- Oven Baked Fries
- Marinated Black Bean Salad
- Fresh Melon

Deli Special:

Mediterranean Veggie Wrap

- Veggie of the day
- Assorted Fruit

Tuesday - 2

Main Entrée:

Asian Rice Bowl w/ Roast Pork or Veggies

- Fortune Cookie
- Fruit of the Day

Grill:

Deluxe Buffalo Chicken Sandwich

- Veggie Crunchers w/ Dip
- Confetti Corn Salad
- Fresh Fruit

Deli Special:

Turkey & Cheese Wrap

- Veggie of the day
- Assorted Fruit

Sushi Bar

Fresh assorted sushi served with rice or noodles and veggies

Wednesday - 3

Main Entrée:

Oven Rotisserie Chicken

- Garlic Mashed Potatoes
- Spinach & Strawberry Salad
- Dinner Roll
- Fresh Fruit

Grill:

Tomato Mozzarella Panini

- RF Cape Cod Chips
- Broccoli Salad
- Peach Cup

Deli Special:

Buffalo Chicken Wrap

- Veggie of the Day
- Assorted Fruit

Thursday - 4

Main Entrée:

BBQ Turkey Tips

- Rice Pilaf
- Glazed Carrots
- Seasonal Fruit

Grill:

Grilled Cheese Sandwich

- Sweet Potato Fries
- Tomato Basil Salad
- Fruit of the Day



Deli Special:

Italian Sub

- Veggie of the day
- Assorted Fruit

Friday - 5

HAPPY CINCO DE MAYO!!



Main Entrée:

Make Your Own Taco Salad

Assorted Protein & Vegetable Toppers

- Tortilla Shell
- Fresh Fruit Cup
- Apple Churro

Grill:

Beef Burrito or Bean Burrito

- Filled with beef or beans, rice, & veggies.
- Chilled Pineapple

Deli Special:

Cranberry Chicken Salad

- Veggie of the day
- Assorted Fruit


May's Harvest of the Month is...

SEAFOOD!



Last month, we began featuring **FRESH LOCAL SEAFOOD** as part of our Fresh Fish Friday campaign. In May, we will be featuring it again as the Harvest of the Month! Locally caught SEAFOOD will be featured in the catch of the day on Wednesday, May 10th.

To learn more about Harvest of the Month, visit <http://www.massfarmtoschool.org/hotm>.

<i>Monday – 8</i>	<i>Tuesday – 9</i>	<i>Wednesday – 10</i>	<i>Thursday – 11</i>	<i>Friday – 12</i>
<p><u>Main Entrée:</u> Stuffed Shells w/ Marinara - Steamed Broccoli - Garlic Bread - Chilled Fruit Cup</p> <p><u>Grill:</u> Beef Gyro w/ Lettuce, Tomato & Tzatziki - Greek Salad - Seasoned Potato Wedges - Chilled Fruit</p> <p><u>Deli Special:</u> White Bean & Tuna Wrap - Veggie of the day - Assorted Fruit</p>	<p><u>Main Entrée:</u> Popcorn Chicken Bowl Popcorn Chicken, Homemade Mashed Potatoes, Corn, & Gravy - Dinner Roll - Peaches</p> <p><u>Grill:</u> RibBQ Sandwich - Carrot Sticks w/ Dip - Onion Rings - Peach Cup</p> <p><u>Deli Special:</u> Roast Beef Wrap - Veggie of the day - Assorted Fruit</p> <p><u>Sushi Bar</u> Fresh assorted sushi served with rice or noodles and veggies</p>	<p><u>Main Entrée:</u> Fresh Fish Catch of the Day - Rice Pilaf - Roasted Sweet Potato - Strawberries & Cream</p> <p><u>Grill:</u> Chicken & Broccoli Flatbread Pizza - Romaine & Spinach Salad - Fresh Fruit</p> <p><u>Deli Special:</u> Buffalo Chicken Wrap - Veggie of the Day - Assorted Fruit</p>	<p><u>BBQ DAY!</u></p>  <p>Burgers or Hot Dogs - Baked Beans - Lettuce & Tomato - Macaroni Salad - Coleslaw - Watermelon</p> <p><u>Deli Special:</u> Manager's Choice - Veggie of the day - Assorted Fruit</p>	<p>Early Release Day!</p> <p>HAPPY FRIDAY!</p> <p>Breakfast available 7a-10a</p>

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