

Catering:

Need Snacks for Meetings, School Party, or After School Event?

Snacks - Wraps – Pizza – Breakfast

Call: 978-247-5503

April

Gail Koutroubas: Foodservice Director

Nathan Langevin: Kitchen Manager



EATING HEALTHY for ACTIVE LEARNING
ANDOVER SCHOOL NUTRITION SERVICES

Served Daily:

Grab n' Gos \$3.25

Assorted Salads & Snack Boxes

Fill up with perfectly paired favorites

- Protein Pack Box
- Buffalo Dipper Box
- Cheese & Crudite Box
- Parfait Mix Box
- Breakfast Burst Box
- Veggie Greek Box

Deli Sandwiches: \$3.25

Made with Thin & Trim Old Neighborhood Meats

Try a Delicious Combo of:

- Ham, Roast Beef, Buffalo Chicken, Oven Roasted Turkey, Chicken Mastic, Salami, Tuna Salad, Seafood Salad, Chicken Salad, Veggie
- Lettuce, Tomato, Pickles, Cucumbers, Black Olives, Peppers, Hot Peppers, Onions, Spinach, Carrots, Celery, Hummus, Assorted Cheeses
- Choose from Bulky, Sub roll or Wrap, all breads are WW
- Add one of our special sauces
- Served with assorted salads, fruit and milk

Assorted Pizza Bar: \$3.00

Served with Salad

- Fruit & Veggies
- Milk & Juice

NOTE: Menus subject to change due to school cancellations and/or product availability.

Snack Bar!

Offering fun & healthy grab n' go snacks and complete meal combinations

- Popcorn
- Warm Pretzels, Muffins & Bagels
- Fresh Fruit & Yogurt Parfaits
- Fresh Smoothies
- Ice Cream
- Granola Bars
- ...and much more!

PRICES:

| | |
|--------------------|---------------|
| Breakfast | \$2.25 |
| Main Entrée | \$3.00 |
| Grill | \$3.25 |


Daily Breakfast:

- Egg and Cheese on Croissant (Plain, Bacon or Sausage)
- Assorted Bagels
- Scones (Blueberry, Raspberry, Apple Cinnamon)
- Assorted Muffins
- Cereals
- Yogurt Parfaits
- Fresh Fruit

Rotating Breakfast Specials:

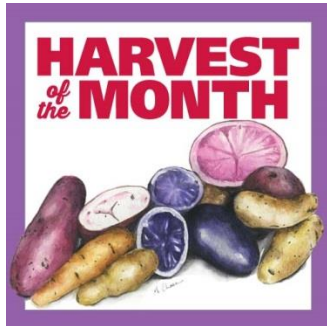
- French Toast
- Pancakes
- Omelet Bar
- Quiche
- Breakfast Burritos
- Assorted Danishes

**Assorted Low-Fat Milks,
Side Salad & Fresh Fruit
Served Daily**

| Monday - 10 | Tuesday - 11 | Wednesday - 12 | Thursday - 13 | Friday - 14 |
|--|--|---|--|---|
| <p><u>Main Entrée:</u> Pasta & Meatballs</p> <ul style="list-style-type: none"> - Garlic Bread - Steamed Peas & Carrots - Seasonal Fruit <p><u>Grill:</u> Deluxe Buffalo Chicken Sandwich</p> <ul style="list-style-type: none"> - Macaroni Salad - Carrot & Celery Sticks - Fresh Melon <p><u>Deli Special:</u> Ham & Cheese Sub</p> <ul style="list-style-type: none"> - Veggie of the day - Assorted Fruit | <p><u>Main Entrée:</u> Make-Your-Own Tossed Salad</p> <p>Chicken Bacon Ranch or Chicken Caesar Salad</p> <ul style="list-style-type: none"> - Pita Bread - Fruit of the Day <p><u>Grill:</u> Dueling Hot Dogs</p> <ul style="list-style-type: none"> - Baked Beans - Confetti Corn Salad - Fresh Fruit <p><u>Deli Special:</u> Turkey Club</p> <ul style="list-style-type: none"> - Veggie of the day - Assorted Fruit <p><u>Sushi Bar</u> Fresh assorted sushi served with rice or noodles and veggies</p> | <p><u>Main Entrée:</u> Burger Bar</p> <p>Hamburger or Veggie Burger</p> <ul style="list-style-type: none"> - Assorted Toppings - Side Caesar Salad - Baked Beans - Watermelon <p><u>Grill:</u> Grilled Cheese Sandwich</p> <ul style="list-style-type: none"> - RF Cape Cod Chips - Tomato Basil Salad - Peach Cup <p><u>Deli Special:</u> Buffalo Chicken Wrap</p> <ul style="list-style-type: none"> - Veggie of the Day - Assorted Fruit | <p><u>Main Entrée:</u> Brunch for Lunch</p> <p>French Toast Sticks or Pancakes</p> <ul style="list-style-type: none"> - Harvest Homefries - Sausage links - Seasonal Fruit <p><u>Grill:</u> Chef's Choice</p> <ul style="list-style-type: none"> - Side Salad - Fruit of the Day <p><u>Deli Special:</u> Manager's Special</p> <ul style="list-style-type: none"> - Veggie of the day - Assorted Fruit | <p>No School Today</p>  <p>Have a great vacation!</p> |

April's Harvest of the Month is...

POTATOES!



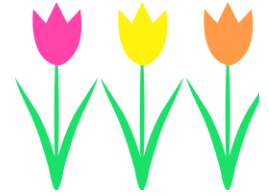
Potatoes are among the top sources of potassium. In fact, potatoes have more potassium per serving than any other vegetable or fruit, including bananas, oranges, or mushrooms.



Fun Fact! In October 1995, the potato became the first vegetable to be grown in space. NASA and the University of Wisconsin created the technology with the goal of feeding astronauts on long space voyages.



Spring Recess!!

April 14th - 23rd



| Monday - 24 | Tuesday - 25 | Wednesday - 26 | Thursday - 27 | Friday - 28 |
|--|--|--|--|--|
| <p>Main Entrée: Baked Macaroni & Cheese</p> <ul style="list-style-type: none"> - Steamed Broccoli - Dinner Roll - Chilled Fruit Cup <p>Grill: Meatball Sub</p> <ul style="list-style-type: none"> - Roasted Carrots - Seasoned Potato Wedges - Chilled Fruit <p>Deli Special: Cranberry Chicken Salad</p> <ul style="list-style-type: none"> - Veggie of the day - Assorted Fruit | <p>Main Entrée: Street Tacos</p> <ul style="list-style-type: none"> - Beef, Chicken or Veggie - Peppers & Onions - Marinated Black Bean Salad - Peaches <p>Grill: Grilled Ham & Cheese</p> <ul style="list-style-type: none"> - Oven Roasted Red Bliss Potatoes - Veggie Crunchers - Peach Cup <p>Deli Special: Caesar Salad Wrap</p> <ul style="list-style-type: none"> - Veggie of the day - Assorted Fruit <p>Sushi Bar Fresh assorted sushi served with rice or noodles and veggies</p> | <p>Main Entrée: Oven Fried Chicken</p> <ul style="list-style-type: none"> - Baked Potato w/ Sour Cream - Seasoned Peas - Dinner Roll - Pears <p>Grill: Bacon Burger</p> <ul style="list-style-type: none"> - Assorted Toppers - Veggie Beans - Onion Rings - Fresh Fruit  <p>Deli Special: Buffalo Chicken Wrap</p> <ul style="list-style-type: none"> - Veggie of the Day - Assorted Fruit | <p>Main Entrée: Handmade Calzones Pepperoni, Meatball, or Cheese</p> <ul style="list-style-type: none"> - Garden Salad - Chilled Applesauce <p>Grill: Build-Your-Own Nachos Chicken, Veggie or Pork</p> <ul style="list-style-type: none"> - Assorted Toppers - Spanish Rice - Fiesta Corn & Bean Salad - Seasonal Fruit <p>Deli Special: Italian Sub</p> <ul style="list-style-type: none"> - Veggie of the day - Assorted Fruit | <p>Main Entrée: FRESH FISH FRIDAY Oven Baked Fish</p> <ul style="list-style-type: none"> - Rice Pilaf - Glazed Carrots - Dinner Roll - Chilled Fruit <p>Grill: Caprese Panini</p> <ul style="list-style-type: none"> - RF Cape Cod Chips - Tossed Garden Salad - Orange Wedges <p>Deli Special: Tuna Salad on Croissant</p> <ul style="list-style-type: none"> - Veggie of the Day - Assorted Fruit  |

This institution is an equal opportunity provider and employer.