

Catering:

Need Snacks for Meetings, School Party, or After School Event?

Snacks - Wraps – Pizza – Breakfast

Call: 978-247-5503

January

Gail Koutroubas: Foodservice Director

Nathan Langevin: Kitchen Manager



EATING HEALTHY for ACTIVE LEARNING
ANDOVER SCHOOL NUTRITION SERVICES

Served Daily:

NEW! Seasonal Bar \$3.00

Enjoy your favorite comfort foods all winter long!

M/W/F Macaroni & Cheese Bar
T/TH Loaded Potato Bar

Grab n' Gos \$3.25

Assorted Salads & Snack Boxes

Fill up with perfectly paired favorites

- Protein Pack Box -Buffalo Dipper Box
- Cheese & Crudite Box -Parfait Mix Box
- Breakfast Burst Box -Veggie Greek Box

Deli Sandwiches: \$3.25

Made with Thin & Trim Old Neighborhood Meats

Try a Delicious Combo of:

- Ham, Roast Beef, Buffalo Chicken, Oven Roasted Turkey, Chicken Mastic, Salami, Tuna Salad, Seafood Salad, Chicken Salad, Veggie
- Lettuce, Tomato, Pickles, Cucumbers, Black Olives, Peppers, Hot Peppers, Onions, Spinach, Carrots, Celery, Hummus, Assorted Cheeses
- Choose from Bulky, Sub roll or Wrap, all breads are WW
- Add one of our special sauces
- Served with assorted salads, fruit and milk

Assorted Pizza Bar: \$3.00

Served with Salad

- Fruit & Veggies
- Milk & Juice

NOTE: Menus subject to change due to school cancellations and/or product availability.

Snack Bar!

Offering fun & healthy grab n' go snacks and complete meal combinations

- Popcorn -Warm Pretzels, Muffins & Bagels
- Fresh Fruit & Yogurt Parfaits -Fresh Smoothies
- Ice Cream - Granola Bars ...and much more!

PRICES:

Breakfast	\$2.25
Main Entrée	\$3.00
Grill	\$3.25

Daily Breakfast:

- Egg and Cheese on Croissant (Plain, Bacon or Sausage)
- Assorted Bagels
- Scones (Blueberry, Raspberry, Apple Cinnamon)
- Assorted Muffins
- Cereals
- Yogurt Parfaits
- Fresh Fruit

Rotating Breakfast Specials:

- French Toast - Quiche
- Pancakes - Breakfast Burritos
- Omelet Bar - Assorted Danishes

**Assorted Low-Fat Milks,
Side Salad & Fresh Fruit
Served Daily**

Monday - 9

Main Entrée:

- American Chop Suey
- Romaine & Spinach Salad
- Dinner Roll
- Chilled Fruit

Grill:

- Grilled Chicken & Cheese or Cheese Quesadillas
- Salsa & Sour Cream
- Corn & Black Bean Salad
- Chilled Juice

Deli Special:

- Tuna Salad
- Veggie of the Day
- Assorted Fruit

Tuesday - 10

Main Entrée:

- Savory Turkey Bowl
- Roast Turkey over Cauliflower Mashed Potatoes w/ Gravy
- Dinner Roll
- Seasonal Fruit

Grill:

- Meatball Marinara Sub
- Broccoli Salad
- Cape Cod Chips
- Fruit Cup



Deli Special:

- Chicken Pesto Sandwich
- Veggie of the day
- Assorted Fruit

Wednesday - 11

Main Entrée:

- Street Tacos
- Steak, Chicken or Pork w/ Assorted Toppers
- Rice Florentine
- Whole Kernel Corn
- Marinated Black Bean Salad
- Chilled Pineapple

Grill:

- Breakfast for Lunch
- French Toast Sticks
- Scrambled Eggs
- Harvest Homefries
- Syrup
- Fruit Salad

Deli Special:

- Buffalo Chicken Wrap
- Veggie of the Day
- Assorted Fruit

Thursday - 12

Main Entrée:

- Chicken Tikki Masala
- Brown Rice Pilaf
- Dinner Roll
- Marinated Veggies
- Fruit Cup

Grill:

- Grilled Hot Dog
- Baked Beans
- Tomato Basil Salad
- Seasonal Fruit

Deli Special:

- Turkey Club
- Veggie of the day
- Assorted Fruit

Friday - 13

Zero Waste Day!

Main Entrée:

- Crispy Chicken Basket
- Mashed Potatoes
- Roasted Green Beans
- Orange Wedges

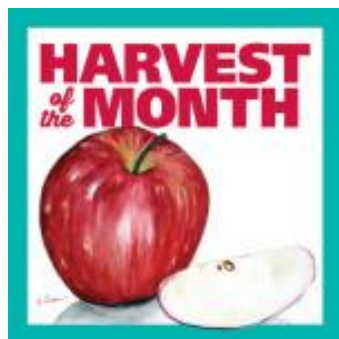
Grill:

- Extreme Burger Bar
- Top it how you want it!
- Onion Rings
- Garden Salad
- Fresh Fruit





Deli Special:

- Manager's Choice
- Veggie of the Day
- Assorted Fruit



January's Harvest of the Month is Apples!

Did you know ...
 Massachusetts grows over 40 different varieties of apples, but there are over 7,500 varieties grown worldwide. If you ate a different one every day, it would take over 20 years to try them all!

	Monday -16	Tuesday – 17	Wednesday – 18	Thursday – 19	Friday – 20
<p>Martin Luther King Jr. Day!</p> <p>No School</p>	<p><u>Main Entrée:</u> Baked Ziti - Classic Caesar Salad - Garlic Bread - Fresh Fruit</p> <p><u>Grill:</u> Deluxe Spicy Chicken Sandwich - Confetti Corn Salad - Mixed Fruit</p> <p><u>Deli Special:</u> Manager's Choice - Veggie of the day - Assorted Fruit</p>	<p><u>Main Entrée:</u> Make-Your-Own Tossed Salad Chicken Bacon Ranch or Chicken Caesar - Pita Bread - Seasonal Fruit</p>  <p><u>Grill:</u> Steak & Cheese Sub - Oven Baked Fries - Broccoli Slaw - Assorted Fruit</p> <p><u>Deli Special:</u> Buffalo Chicken Wrap - Veggie of the Day - Assorted Fruit</p>	<p><u>Main Entrée:</u> Italian Herbed Chicken - Rice Pilaf - Glazed Carrots - Cornbread - Fresh Fruit</p> <p><u>Grill:</u> Grilled Ham & Cheese - Sweet Potato Fries - Cape Cod Chips - Seasonal Fruit</p> <p><u>Deli Special:</u> Mediterranean Veggie Wrap - Veggie of the day - Assorted Fruit</p> 	<p><u>Main Entrée:</u> Meatloaf - Garlic Mashed Potatoes - Green Peas - Dinner Roll - Peach Cup</p> <p><u>Grill:</u> Chicken Fajitas - Spanish Rice - Marinated Black Bean Salad - Assorted Fresh Fruit</p> <p><u>Deli Special:</u> Cranberry Chicken Salad on Croissant - Veggie of the Day - Assorted Fruit</p>	

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