



Riverbank Afterschool Program

February 2020

Snack Menu

Harvest of the Month - Jicama










Born - Mexico

Fiber and Vit. C

Requires 9 months w/o frost

Known as Mexican Turnip

Monday	Tuesday	Wednesday	Thursday	Friday
				
Cocoa Puffs Cereal Bowl Milk 3	Cook's Choice Fresh Mandarin Oranges Milk 4	Strawberry Yogurt 100% Juice Orange Tangarine 5	Disney Frozen Grahams Milk 6	Cheez-its 100% Juice Very Berry 7
	Cook's Choice Green Apple Milk 11	Deli Turkey Stick 100% Juice Fruit Punch 12	Strawberry Nutri Grain Bar Milk 13	Scooby Doo Snacks 100% Juice Apple 14
	Cook's Choice Milk 18	Mozzarella String Cheese 100% Juice Orange Tangarine 19	Austin Cheese P.Butter Crackers Milk 20	Munchie Mix 100% Juice Very Berry 21
Marshmallow Mateys Cereal Bowl Milk 24	Cook's Choice Pink Lady Apple Milk 25	Cheddar Cheese Cubes 100% Juice Fruit Punch 26	Cinnamon Poptart Milk 27	Goldfish Cheddar 100% Juice Apple 28

"The USDA and the CDE are equal opportunity providers and employers."



Menu Written by Mesa: Mesa's Sports Club

Geovani Castelar, Daniel Orunja, Dillyn Budrow, Nathan Nissan, Carol Nissan, Angel Aguirre, Fernando Orozco, Dilber Guzman, Ryan Castro, Allayah Byrd, Jackson DeLeon, Alan Castro, Savannah Castro and Ezaiah Medina.

Menu Subject to Change