



# Riverbank Unified School District

## February 2020 Breakfast Menu

### Harvest of the Month - Jicama











Born - Mexico

Fiber and Vit. C

Requires 9 months w/o frost

Known as Mexican Turnip

Monday	Tuesday	Wednesday	Thursday	Friday
				
<b>Cereal Or French Toast Sticks</b> Juice & Fresh Fruit 3	<b>Cereal Or Breakfast Pizza</b> Applesauce Cup & Fresh Fruit 4	<b>Cereal Or Cook's Choice</b> Applesauce Cup & Fresh Fruit 5	<b>Cereal Or Mini Donuts Chocolate</b> Juice & Fresh Fruit 6	<b>Cereal Or Ham &amp; Cheese Combo</b> Applesauce Cup & Fresh Fruit 7
	<b>Cereal Or Breakfast Pizza</b> Raisin Box & Fresh Fruit 11	<b>Cereal Or Dutch Waffle w/fruit</b> Raisin Box & Fresh Fruit 12	<b>Cereal Or Mini Donuts Powdered Sugar</b> Juice & Fresh Fruit 13	<b>Cereal Or Chicken &amp; Biscuit</b> Raisin Box & Fresh Fruit 14
	<b>Cereal Or Breakfast Pizza</b> Applesauce Cup & Fresh Fruit 18	 <b>Cereal Or Concha</b> Applesauce Cup & Fresh Fruit 19	<b>Cereal Or Double Choc. Muffin Top</b> Juice & Fresh Fruit 20	<b>Cereal Or Ham &amp; Cheese Combo</b> Applesauce Cup & Fresh Fruit 21
<b>Cereal Or Banana Choc. Chip Bar</b> Juice & Fresh Fruit 24	<b>Cereal Or Breakfast Pizza</b> Raisin Box & Fresh Fruit 25	<b>Cereal Or Breakfast Bun</b> Raisin Box & Fresh Fruit 26	<b>Cereal Or Mini Donuts Chocolate</b> Juice & Fresh Fruit 27	<b>Cereal Or Ham &amp; Cheese Combo</b> Raisin Box & Fresh Fruit 28

**USDA DAILY REQUIREMENTS:** Must take 3 items  
Bread/Grain (One item must be a fruit)  
Protein/Meat  
Fruit  
Milk-1% White or Nonfat Chocolate

"The USDA and the CDE are equal opportunity providers and employers."

Menu Subject to Change



New Item



PAY ONLINE

[www.mymealtime.com](http://www.mymealtime.com)