



Riverbank Unified School District

August 2019



Elementary Lunch Menu


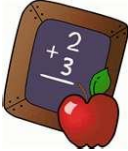


Harvest of the Month - Watermelon

Born - West Africa

92% Water

Season - Aug. thru Nov.

Seeds found in Pharaoh Tombs

Monday	Tuesday	Wednesday	Thursday	Friday
 5		 Corndog  Or Grilled Cheese Variety Cookie 7	 Macaroni and Cheese Or Chips & Nacho Sauce Apple Juice Box 8	2 Galaxy Pepperoni Pizza Or Ham/Cheese Sandwich 9
Chicken Nuggets Or Yogurt/Che/Gran Cookie Dough Bites 12	Chicken Leg & Mini Waffles Or PBJ/String Cheese 13	Pork Tamale Or Bean/Cheese Burrito Nacho Cheese Chips 14	Lasagna Casserole Or Chips & Nacho Sauce Whole Fruit Cup 15	Garlic Cheese Bread Or Tuna Sandwich Mini Cocoa Krispie Treat 16
Orange Chicken with Rice Or Yogurt/Che/Granola Fortune Cookie 19	Cinnamon Toast Maple Sausage Patties Or PBJ/String Cheese Strawberry Milk 20	Hamburger Or Pizza Nada Vanilla Bear Graham 21	Grande Soft Taco with Refried Beans Or Chips & Nacho Sauce Fiesta Raisels 22	Deep Dish Pepp Pizza Or Ham/Cheese Sandwich 23
Chicken Tenders Or Yogurt/Che/Granola Scooby Snacks 26	Chicken Leg & Mini Waffles Or PBJ/String Cheese 27	Breaded Pork Steak with Mashers & Roll Or Bean/Ch Chiminada Vanilla Bean Yogurt 28	Rotini Noodles w/Meat Sauce Or Chips & Nacho Sauce Whole Fruit Cup 29	Pizza Cheese Crunchers Or Ham/Cheese Sandwich 30

USDA DAILY REQUIREMENTS: Must take 3 items
 Bread/Grain (One item must be a
 Protein/Meat Fruit or veggie)
 Fruit
 Veggie
 Milk-1% White or Nonfat Chocolate

"The USDA and the CDE are equal opportunity providers and employers."

PAY ONLINE
www.mymealtime.com

Menu Subject to Change

SALAD BAR INCLUDES:
 Tossed Salad
 Fresh Veggies
 Fresh Fruit
 Canned Fruit

Reminder: Complete a Free/Red lunch application, Online or paper copy
