



Riverbank Unified School District

August 2019

Breakfast Menu

Harvest of the Month - Watermelon






Born - West Africa

92% Water

Season - Aug. thru Nov.

Seeds found in Pharaoh Tombs

Monday	Tuesday	Wednesday	Thursday	Friday
				2
5	6	Cereal Or Fudge Poptart Raisin Box & Fresh Fruit 7	Cereal Or Mini Donuts Chocolate Juice & Fresh Fruit 8	Cereal Or Ham & Cheese Combo Fruit Cup & Fresh Fruit 9
Cereal Or Cinn. Glazed Pancakes Juice & Fresh Fruit 12	Cereal Or Breakfast Pizza Applesauce Cup & Fresh Fruit 13	Cereal Or Breakfast Bun Applesauce Cup & Fresh Fruit 14	Cereal Or Mini Donuts Powdered Sugar Juice & Fresh Fruit 15	Cereal Or Chicken & Biscuit Fruit Cup & Fresh Fruit 16
Cereal Or Mini Maple Pancakes Juice & Fresh Fruit 19	Cereal Or Breakfast Pizza Raisin Box & Fresh Fruit 20	Cereal Or Bagel w/Cream Cheese Raisin Box & Fresh Fruit 21	Cereal Or Double Choc. Muffin Juice & Fresh Fruit 22	Cereal Or Ham & Cheese Combo Fruit Cup & Fresh Fruit 23
Cereal Or French Toast Sticks Juice & Fresh Fruit 26	Cereal Or Breakfast Pizza Raisin Box & Fresh Fruit 27	Cereal Or Cocoa Puffs Filled Bar Raisin Box & Fresh Fruit 28	Cereal Or Mini Donuts Chocolate Juice & Fresh Fruit 29	Cereal Or Ham & Cheese Combo Fruit Cup & Fresh Fruit 30

USDA DAILY REQUIREMENTS: Must take 3 items
 Bread/Grain (One item must be a fruit)
 Protein/Meat
 Fruit
 Milk-1% White or Nonfat Chocolate

"The USDA and the CDE are equal opportunity providers and employers."

Menu Subject to Change



Online Application

PAY ONLINE
www.mymealtime.com