



Riverbank Afterschool Program

April 2019

Snack Menu



Harvest of the Month - Dried Beans

Born-Peru/Mesoamerica

Protein & Iron

Season - Summer Crop

40,000 Bean Varieties

Monday	Tuesday	Wednesday	Thursday	Friday
Apple Jacks Cereal Bowl Milk 1	Cheez-its Apple Milk 2	String Cheese 100% Fruit Juice 3	Mini Choc. Chip Cookies Milk 4	Cook's Choice 100% Fruit Juice 5
Cocoa Puffs Cereal Bowl Milk 8	Fudge Poptart Milk 9	Peanut Butter Cup Apple Slices 100% Fruit Juice 10	Sunflower Seeds Milk 11	Cook's Choice 100% Fruit Juice 12
Cinnamon Toast Cereal Bowl Milk 15	Munchie Mix Mandarin Oranges Milk 16	Yogurt 100% Fruit Juice 17	Choc. All Sports Bites Milk 18	 19
 22	23	 24	25	 26
Trix Cereal Bowl Birthday Cookie Milk 29	Rainbow Goldfish Milk 30	Peanut Butter Cup Apple Slices 100% Fruit Juice 1	Goody Man Crispy Square Milk 2	Cook's Choice 100% Fruit Juice 3

"The USDA and the CDE are equal opportunity providers and employers."

Menu Subject to Change



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www.mymealtime.com

