



# Riverbank Unified School District



## April 2019

### Elementary Lunch Menu

### Harvest of the Month - Dried Beans



Born-Peru/Mesoamerica  
 Protein & Iron  
 Season - Summer Crop  
 40,000 Bean Varieties

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Chicken Nuggets</b> <b>Or</b> <b>Yogurt/Che/Granola</b> Munchie Mix 1	<b>Chicken Leg &amp; Mini Waffles</b> <b>Or</b> <b>PBJ/String Cheese</b> 2	<b>Corndog</b>  <b>Or</b> <b>Grilled Cheese</b> Seasoned Fries 3	<b>Grande Soft Taco with Refried Beans</b> <b>Or</b> <b>Chips &amp; Nacho Sauce</b> Fruit Cup Variety 4	<b>Galaxy Cheese Pizza</b> <b>Or</b> <b>Tuna Sandwich</b> 5
<b>Teriyaki Chicken with Rice</b> <b>Or</b> <b>Yogurt/Che/Granola</b> Fortune Cookie 8	<b>Hot Dog with hot veggie beans</b> <b>Or</b> <b>PBJ/String Cheese</b> Berry Bear Grahams 9	<b>Hamburger</b> <b>Or</b>  <b>Bean/Ch Chiminada</b> Lay's Potato Chips 10	<b>Lasagna Cassarole</b> <b>Or</b> <b>Chips &amp; Nacho Sauce</b> Raisel Variety 11	<b>Pizza Cheese Crunchers</b> <b>Or</b> <b>Ham/Cheese Sandwich</b> 12
<b>Popcorn Chicken</b> <b>Or</b> <b>Yogurt/Che/Granola</b> Goldfish Crackers 15	<b>Chicken Leg &amp; Mini Waffles</b> <b>Or</b> <b>PBJ/String Cheese</b> 16	<b>Enchilada Soup with Bf Taco Stick</b> <b>Or</b> <b>Bean/Cheese Burrito</b> 17	<b>Taco Truck Carnitas Tacos</b> <b>Or</b> <b>Chips &amp; Nacho Sauce</b> Sherbert Variety 18	 19
 22	 23	 24	 25	 26
<b>Orange Chicken with Rice</b> <b>Or</b> <b>Yogurt/Che/Granola</b> Fortune Cookie 29	 <b>Lil Bites Pepperoni</b> <b>Or</b> <b>PBJ/String Cheese</b> Frozen Yogurt 30	 <b>Macaroni and Cheese</b> <b>Or</b> <b>Grilled Cheese</b> Strawberry Sports Bites 1	<b>Chili w/Cornbread</b> <b>Or</b> <b>Chips &amp; Nacho Sauce</b> Cranberry Juice Box 2	<b>Galaxy Pepperoni Pizza</b> <b>Or</b> <b>Tuna Sandwich</b> 3

USDA DAILY REQUIREMENTS: Must take 3 items  
 Bread/Grain (One item must be)  
 Protein/Meat (One item must be)  
 Fruit (One item must be)  
 Veggie (One item must be)  
 Milk-1% White or Nonfat Chocolate

"The USDA and the CDE are equal opportunity providers and employers."



Student Approved

PAY ONLINE  
[www.mymealtime.com](http://www.mymealtime.com)



Menu Subject to Change  
 SALAD BAR INCLUDES:  
 Tossed Salad  
 Fresh Veggies  
 Fresh Fruit  
 Canned Fruit