



# Riverbank Afterschool Program

## March 2019

### Snack Menu



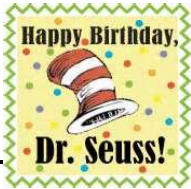




## Harvest of the Month - Rainbow Chard

Born - Mediterranean

Vitamin A, K & C

Season - April thru May

Eat in Salads

Monday	Tuesday	Wednesday	Thursday	Friday
	 <p><b>THIRD ANNUAL PARENT SUMMIT</b>            Sat. March 9, 2019 9:00 am - 1:30 pm  <b>"Promoting a college pathway through family support"</b>            RHS - Ray Fauria Gym</p>			<p><b>Cook's Choice</b></p> <p>100% Fruit Juice 1</p>
<p><b>Blueberry Spooners Cereal Bowl</b></p> <p>Milk 4</p>	<p><b>Goldfish Crackers</b></p> <p>Apple Milk 5</p>	<p><b>String Cheese</b></p> <p>100% Fruit Juice 6</p>	<p><b>Scooby Snacks</b></p> <p>Milk 7</p>	<p><b>Cook's Choice</b></p> <p>100% Fruit Juice 8</p>
<p><b>Marshmallow Mateys Cereal Bowl</b></p> <p>Milk 11</p>	<p><b>Strawberry Poptart</b></p> <p>Milk 12</p>	<p><b>Peanut Butter Cup</b></p> <p>Apple Slices 100% Fruit Juice 13</p>	<p><b>Choc. Elf Grahams</b></p> <p>Milk 14</p>	<p><b>Cook's Choice</b></p> <p>100% Fruit Juice 15</p>
<p><b>Alpha Bets Cereal Bowl</b></p> <p>Milk 18</p>	<p><b>Munchie Mix</b></p> <p>Mandarin Oranges Milk 19</p>	<p><b>Yogurt</b></p> <p>100% Fruit Juice 20</p>	<p><b>Berry Bear Grahams</b> </p> <p>Milk 21</p>	<p><b>Cook's Choice</b></p> <p>100% Fruit Juice 22</p>
<p><b>Reese Puffs Cereal Bowl</b></p> <p>Birthday Cookie Milk 25</p>	<p><b>Pizza Bite Crackers</b> </p> <p>Milk 26</p>	<p><b>Peanut Butter Cup</b></p> <p>Apple Slices 100% Fruit Juice 27</p>	<p><b>Goody Man Crispy Square</b> </p> <p>Milk 28</p>	<p><b>Cook's Choice</b></p> <p>100% Fruit Juice 1</p>

"The USDA and the CDE are equal opportunity providers and employers."

Menu Subject to Change



PAY ONLINE  
[www.mymealtime.com](http://www.mymealtime.com)

