



Riverbank Unified School District

March 2019

Breakfast Menu

Harvest of the Month - Rainbow Chard



Born - Mediterranean
 Vitamin A, K & C
 Season - April thru May
 Eat in Salads

Monday	Tuesday	Wednesday	Thursday	Friday
 Happy Birthday, Dr. Seuss!	 THIRD ANNUAL PARENT SUMMIT Sat. March 9, 2019 9:00 am - 1:30 pm "Promoting a college pathway through family support" RHS - Ray Fauria Gym			Cereal Or Ham & Cheese Combo Raisin Box & Fresh Fruit 1
Cereal Or Green Eggs & Ham Juice & Fresh Fruit 4	Cereal Or Breakfast Pizza Applesauce Cup & Fresh Fruit 5	Cereal Or Cook's Choice Applesauce Cup & Fresh Fruit 6	Cereal Or Double Choc. Muffin Juice & Fresh Fruit 7	Cereal Or Ham & Cheese Combo Applesauce Cup & Fresh Fruit 8
Cereal Or Mini Pancakes Juice & Fresh Fruit 11	Cereal Or Breakfast Pizza Raisin Box & Fresh Fruit 12	Cereal Or Bagel with Cream Cheese Raisin Box & Fresh Fruit 13	Cereal Or Mini Donuts Chocolate Juice & Fresh Fruit 14	Cereal Or Ham & Cheese Combo Raisin Box & Fresh Fruit 15
Cereal Or Fruity Cherrios Cereal Bar Juice & Fresh Fruit 18	Cereal Or Breakfast Pizza Applesauce Cup & Fresh Fruit 19	Cereal Or Breakfast Bun Applesauce Cup & Fresh Fruit 20	Cereal Or Mini Donuts Powdered Sugar Juice & Fresh Fruit 21	Cereal Or Ham & Cheese Combo Applesauce Cup & Fresh Fruit 22
Cereal Or Blueberry Poptart Juice & Fresh Fruit 25	Cereal Or Breakfast Pizza Raisin Box & Fresh Fruit 26	Cereal Or French Toast Sticks Raisin Box & Fresh Fruit 27	Cereal Or Double Choc. Muffin Juice & Fresh Fruit 28	Cereal Or Ham & Cheese Combo Raisin Box & Fresh Fruit 1

USDA DAILY REQUIREMENTS: Must take 3 items
 Bread/Grain (One item must be a fruit)
 Protein/Meat
 Fruit
 Milk-1% White or Nonfat Chocolate

"The USDA and the CDE are equal opportunity providers and employers."

Menu Subject to Change



PAY ONLINE
www.mymealtime.com

