



Riverbank Afterschool Program

February 2019

Snack Menu

Harvest of the Month - Carrots



Born - Persia

Vitamin K & Beta-Carotend

Season - Biennial Plant

Root Veggie & Variety of Colors

Monday	Tuesday	Wednesday	Thursday	Friday
				Cook's Choice 100% Fruit Juice 1
Frosted Cereal Bowl Milk 4	Goldfish Crackers Apple Milk 5	String Cheese 100% Fruit Juice 6	All Sports Bites Milk 7	Cook's Choice 100% Fruit Juice 8
11	Cinnamon Poptart Milk 12	Peanut Butter Cup Apple Slices 100% Fruit Juice 13	Vanilla Bear Graham Milk 14	Cook's Choice 100% Fruit Juice 15
18	Giant Goldfish Cookie Mandarin Oranges Milk 19	Yogurt 100% Fruit Juice 20	Munchie Mix Milk 21	Cook's Choice 100% Fruit Juice 22
Honey Nut Scooter Cereal Bowl Birthday Cookie Milk 25	Cheez-its Milk 26	Peanut Butter Cup Apple Slices 100% Fruit Juice 27	Mini Chocolate Chip Cookies Milk 28	Cook's Choice 100% Fruit Juice 1

"The USDA and the CDE are equal opportunity providers and employers."

Menu Subject to Change



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www.mymealtime.com

