



Riverbank Unified School District

January 2019



Elementary Lunch Menu


Harvest of the Month - Grapefruit

Born - Barbados

Vitamin C & Fiber Pectin

Season - Nov. Thru April

Sour, Semi-Sweet & Bitter

Monday	Tuesday	Wednesday	Thursday	Friday
				
Tyson Chicken Tenders Or Yogurt/Che/Granola Cook's Choice Snack 7	Chicken & Mini Waffles Or PBJ/String Cheese 8	Corndog Or Bean/Cheese Burrito Garlic Fries 16	Spaghetti with Meat Sauce Or Chips & Nacho Sauce Grape Juice Box 10	Galaxy Pepperoni Pizza Or Ham/Cheese Sandwich 12
Tyson Chicken Nuggets Or Yogurt/Che/Granola Animal Cookies 14	Cinnamon Toast Maple Sausage Patties Or PBJ/String Cheese Hashbrown Patty 15	Chicken Littles Or Grilled Cheese 16	Taco Truck Carnitas Tacos Or Chips & Nacho Sauce Strawberry Fruit Pop 17	Galaxy Pepperoni Pizza Or Turkey/Cheese Sandwich 18
 1929 1968 21	Chicken & Mini Waffles Or PBJ/String Cheese Strawberry Milk 22	Hamburger Or Grilled Cheese Doritos Chips 23	Chili Frito Boat Or Chips & Nacho Sauce Lemon Raisels 24	French Bread Pepperoni Pizza Or Ham/Cheese Sandwich 25
Orange Chicken with Rice Or Yogurt/Che/Granola Chow Mein 28	Casa Solana Beef Tamale Or PBJ/String Cheese Rockin' Ola Granola 29	Rib Burger Or Bean/Cheese Burrito 30	Lasagna Casserole Or Chips & Nacho Sauce Frozen Yogurt 31	Galaxy Pepperoni Pizza Or Tuna Sandwich 1

USDA DAILY REQUIREMENTS: Must take 3 items
 Bread/Grain (One item must be a
 Protein/Meat Fruit or veggie)
 Fruit
 Veggie
 Milk-1% White or Nonfat Chocolate

"The USDA and the CDE are equal opportunity providers and employers."



Sunday
Feb. 3rd

PAY ONLINE
www.mymealtime.com



Menu Subject to Change

SALAD BAR INCLUDES:

- Tossed Salad
- Fresh Veggies
- Fresh Fruit
- Canned Fruit