

Revised: 1/31/20













MIDDLE SCHOOL BREAKFAST MENU 2019-2020

Ontario-Montclair School District - Food & Nutrition Services

Breakfast is FREE
for all students!



WEEK 1





Monday	Tuesday	Wednesday	Thursday	Friday
Mini Muffin w/Eggstravaganza* PB & Strawberry Sandwich Mini Maple Pancakes 	Homemade Round Up Bread w/String Cheese Apple Cinnamon Cream Cheese Bagel-fuls Peach Yogurt Parfait 	Beef Sausage & Cheese Bagel Sandwich Trix Yogurt w/Granola Egg & Cheese Breakfast Taco 	Turkey Breakfast Stick Breakfast Oatmeal Cookie w/Smoothie Mini Maple Waffles 	Turkey Breakfast Sausage Pizza Strawberry Yogurt Parfait Fresh Baked Cinnamon Roll 
 Assorted Fresh Fruit 100% Assorted Fruit Juice	 Assorted Fresh Fruit 100% Assorted Fruit Juice	 Assorted Fresh Fruit 100% Assorted Fruit Juice	 Assorted Fresh Fruit 100% Assorted Fruit Juice	 Assorted Fresh Fruit 100% Assorted Fruit Juice

Week 1 will be served the weeks of: 2/11, 2/24, 3/9, 3/30, 4/13, 4/27, 5/11

WEEK 2

Turkey Ham & Cheese Croissant Sandwich Pan Dulce Beef Chorizo, Egg & Cheese Burrito 	Homemade Banana Bread w/String Cheese Mixed Berry Yogurt Parfait Chicken & Waffle Sandwich 	Turkey Ham & Cheese on Hawaiian Bun Trix Yogurt w/Granola French Toast Sticks 	Homemade A-Z Bread w/Smoothie Peanut Butter & Jelly Wafer Bagel w/Cream Cheese 	Egg & Turkey Bacon Breakfast Pizza Chocolate Chip Muffin w/String Cheese Strawberry Yogurt Parfait 
 Assorted Fresh Fruit 100% Assorted Fruit Juice	 Assorted Fresh Fruit 100% Assorted Fruit Juice	 Assorted Fresh Fruit 100% Assorted Fruit Juice	 Assorted Fresh Fruit 100% Assorted Fruit Juice	 Assorted Fresh Fruit 100% Assorted Fruit Juice

Week 2 will be served the weeks of: 2/3, 2/18, 3/2, 3/16, 4/6, 4/20, 5/4, 5/18

<p>Choose MyPlate.gov</p>	<p>Daily choice of milk: 1% White Non-Fat Chocolate Non-Fat Strawberry</p> 	<p>USDA REQUIRES STUDENTS TO TAKE 1/2 CUP OF FRUIT AT BREAKFAST TO COUNT AS A COMPLETE MEAL.</p>  <p>OR</p> 	<p>Daily choices available: Assorted Cereal Assorted Benefit Bars PopTarts</p> 	
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* Item may contain pork

"Ontario-Montclair School District is an equal opportunity provider and employer"

Menu subject to change.