

Revised: 6/17/19













MIDDLE SCHOOL BREAKFAST MENU 2019

Ontario-Montclair School District - Food & Nutrition Services

Breakfast is free for all students!



WEEK 1

Monday	Tuesday	Wednesday	Thursday	Friday
Mini Cream Cheese Bagels Mini Maple Pancakes Mini Muffin w/Eggstravaganza* 	Homemade Roundup Bread w/String Cheese PB & Strawberry Sandwich Peach Yogurt Parfait 	Turkey Ham & Cheese on Hawaiian Bun Greek Yogurt w/Granola Egg & Cheese Breakfast Taco 	Turkey Breakfast Stick Breakfast Oatmeal Cookie w/Smoothie Mini Cinni Rolls 	Turkey Ham, Egg & Cheese Sandwich Chocolate Chip Muffin w/String Cheese Strawberry Yogurt Parfait 
 Assorted Fresh Fruit 100% Assorted Fruit Juice	 Assorted Fresh Fruit 100% Assorted Fruit Juice	 Assorted Fresh Fruit 100% Assorted Fruit Juice	 Assorted Fresh Fruit 100% Assorted Fruit Juice	 Assorted Fresh Fruit 100% Assorted Fruit Juice

Week 1 will be served the weeks of: 8/7, 8/19, 9/3, 9/16

WEEK 2

Turkey Ham & Cheese Croissant Sandwich Pan Dulce Bean & Cheese Breakfast Burrito 	Homemade Banana Bread w/String Cheese PB & Strawberry Sandwich Peach Yogurt Parfait 	Turkey Ham & Cheese on Hawaiian Bun Greek Yogurt w/Granola French Toast Sticks 	Homemade A-Z Bread w/Smoothie Peanut Butter & Jelly Wafer Bagel w/Cream Cheese 	Turkey Ham, Egg & Cheese Sandwich Chocolate Chip Muffin w/String Cheese Strawberry Yogurt Parfait 
 Assorted Fresh Fruit 100% Assorted Fruit Juice	 Assorted Fresh Fruit 100% Assorted Fruit Juice	 Assorted Fresh Fruit 100% Assorted Fruit Juice	 Assorted Fresh Fruit 100% Assorted Fruit Juice	 Assorted Fresh Fruit 100% Assorted Fruit Juice

Week 2 will be served the weeks of: 8/12, 8/26, 9/9, 9/23

USDA REQUIRES STUDENTS TO TAKE 1/2 CUP OF FRUIT AT BREAKFAST TO COUNT AS A COMPLETE MEAL.



OR



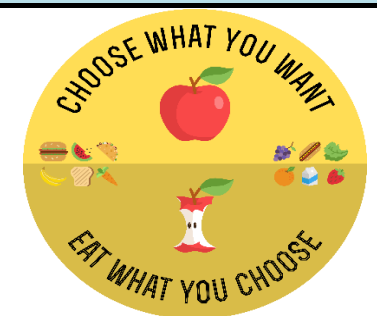
Daily choices available:
Assorted Cereal
Assorted Benefit Bars
PopTarts



wake up!
School Breakfast



Daily choice of milk:
1% White
Non-Fat Chocolate
Non-Fat Strawberry



* Item contains pork

"Ontario-Montclair School District is an equal opportunity provider and employer"

Menu subject to change.