



February 2019 - Supper Menu

Ontario-Montclair School District - Food & Nutrition Services



Monday	Tuesday	Wednesday	Thursday	Friday					
	<p>Daily choice of milk: 1% White OR Non-Fat Chocolate OR Non-Fat Strawberry</p>		<p style="font-size: 2em; color: green;">Healthy Living</p>	<p>ANYTIMERS **Turkey & Cheese w/Mini Crackers Cooked Peas Apple Slices</p>					
<p>4</p> <p>**Pepperoni Pizza* Caesar Salad Apricot Cup</p>	<p>5</p> <p>Breakfast For Dinner **Mini Maple Pancakes Flavored Yogurt Baby Carrots Berry Juice</p>	<p>6</p> <p>Nacho Cheese **w/Chips Roasted Chickpeas Broccoli Bites Mixed Fruit</p>	<p>7</p> <p>**PB and Strawberry Sandwich String Cheese Celery Sticks Fresh Banana **Sunbutter Cookie</p>	<p>8</p> <p>**Macaroni & Cheese Cucumber Coins Apple Slices</p>					
<p>11</p> <p>Kung Pao Chicken **w/Brown Rice Carrot-Broccoli Combo Berry Juice</p>	<p>12</p> <p>**Chicken Corn Dog Cooked Peas Pineapple Tidbits</p>	<p>13</p> <p>**Chicken Enchilada Seasoned Pinto Beans Mixed Berry Cup</p>	<p>14</p> <p>**Pepperoni Pizza Sliders* Cucumber Coins Fresh Tangerine</p>	<p>15</p> <p>Lincoln's Birthday</p>					
<p>18</p>	<p>19</p> <p>Beef Teriyaki Dunkers **w/Brown Rice Roasted Chickpeas Berry Juice</p>	<p>20</p> <p>**Beef Chili Mac **w/Breadstick Cooked Green Beans Strawberry Cup</p>	<p>21</p> <p>ANYTIMERS **Turkey & Cheese w/Mini Crackers Broccoli-Carrot Mix Pineapple Pal **Sugar Cookie</p>	<p>22</p> <p>**French Bread Pepperoni Piza Cucumber Coins Grape Escapes</p>					
<p>25</p> <p>**Chicken Nuggets Seasoned Potato Wedges Berry Juice</p>	<p>26</p> <p>**Mini Chicken Tacos Caesar Salad Raisins</p>	<p>27</p> <p>**Turkey Taco Nada Zucchini Sticks w/Ranch Grape Escapes</p>	<p>28</p> <p>Nacho Cheese **w/Soft Baked Pretzel Celery Sticks w/Peanut Butter Berry Juice **Chocolate Chip Cookie</p>	<p>USDA requires student to take 3 out of 5 items. One of the items must be 1/2 cup of fruit or vegetable.</p> <table style="margin-left: auto; margin-right: auto; border-collapse: collapse;"> <tr style="background-color: #008000; color: white; text-align: center;"> <td>Dark Green</td> </tr> <tr style="background-color: #FFD700; color: black; text-align: center;"> <td>Starchy</td> </tr> <tr style="background-color: #00BFFF; color: black; text-align: center;"> <td>Other</td> </tr> <tr style="background-color: #FF0000; color: white; text-align: center;"> <td>Red/Orange</td> </tr> <tr style="background-color: #800080; color: white; text-align: center;"> <td>Legumes</td> </tr> </table>	Dark Green	Starchy	Other	Red/Orange	Legumes
Dark Green									
Starchy									
Other									
Red/Orange									
Legumes									

* Item contains pork

" Ontario-Montclair School District is an equal opportunity provider and employer"

**Item is whole grain-rich