

April 2018 - Supper Menu - Middle School

Ontario-Montclair School District - Food & Nutrition Services

Monday	Tuesday	Wednesday	Thursday	Friday						
2	3	4	5	6						
Turkey Taco Nada Cooked Peas Slices Peaches	Nacho Cheese w/Tortilla Chips Beef Taco Meat Sliced Beet Coins Watermelon Frozen Juice Cup	Chicken Enchiladas Jicama Sticks Orange Smiles	ANYTIMERS Turkey & Cheese w/Mini Crackers Cucumber Coins Chilled Cantaloupe Cookie	Peanut Butter & Strawberry Sandwich String Cheese Broccoli-Carrot Mix Grape Escapes						
9	10	11	12	13						
Grilled Cheese Sandwich Baby Carrots Flavored Raisels	Mini Chicken Tacos Romaine Salad w/Dressing Chilled Mango	Roasted Chicken w/Flour Tortilla Seasoned Pinto Beans Berry Juice	String Cheese w/Crackers Trix Yogurt Celery Sticks Grape Escapes Ice Cream Sandwich	Chili Cheese Dog Carrot-Celery Combo Orange Smiles						
16	17	18	19	20						
Deep Dish Pepperoni Pizza* Cooked Green Beans Berry Juice	Taco Triangles Seasoned Pinto Beans Applesauce Cup	Kung Pao Chicken w/Rice Sugar Snap Peas Chilled Cantaloupe	Nacho Cheese w/Tortilla Chips Beef Taco Meat Cooked Corn Pineapple Pal Cookie	ANYTIMERS Turkey & Cheese w/Mini Crackers Broccoli-Carrot Mix Strawberry Cup						
23	24	25	26	27						
Bean & Cheese Burrito Cool Corn Applesauce Cup	Buffalo Chicken Sandwich Carrot-Celery Combo Peach Cup	Turkey Ham & Cheese Deli Sub Assorted Baked Chips Cucumber Coins Fresh Banana	Ants on a Log Day Peanut Butter Cup w/Crackers String Cheese Celery Sticks Raisins Ice Cream Sandwich	Mini Cheeseburgers Baby Carrots Apple Slices						
30	 <p style="text-align: center;">Choose MyPlate.gov</p>	<p style="color: blue;">Daily choice of milk: 1% White OR Non-Fat Chocolate OR Non-Fat Strawberry</p>	 <p style="font-size: 2em; color: green; font-weight: bold;">Harvest of the Month</p> <p style="font-size: 1.5em; color: orange; font-weight: bold;">Dried Fruit</p> 	<p>Students must take 3 out of 5 components for a complete meal. One must be a 1/2 cup fruit or vegetable.</p> <table style="width: 100%; border-collapse: collapse;"> <tr style="background-color: #0000FF; color: white; text-align: center;"><td>Harvest of the Month</td></tr> <tr style="background-color: #008000; color: white; text-align: center;"><td>Dark Green</td></tr> <tr style="background-color: #FFD700; color: black; text-align: center;"><td>Starchy</td></tr> <tr style="background-color: #00BFFF; color: black; text-align: center;"><td>Other</td></tr> <tr style="background-color: #FF0000; color: white; text-align: center;"><td>Red/Orange</td></tr> <tr style="background-color: #800080; color: white; text-align: center;"><td>Legumes</td></tr> </table>	Harvest of the Month	Dark Green	Starchy	Other	Red/Orange	Legumes
Harvest of the Month										
Dark Green										
Starchy										
Other										
Red/Orange										
Legumes										