



January 2018

FIRST AVENUE LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 WINTER BREAK	2 WINTER BREAK	3 WINTER BREAK	4 WINTER BREAK	5 WINTER BREAK
8 CORN DOG HAM & CHEESE WRAP SHREDDED BEEF BURRITO BEAN & CHEESE BURRITO* PB&J SANDWICH*	9 CHEESE RAVIOLI* CALZONE BBQ PORK SANDWICH MACARONI & CHEESE* PANINI & HUMMUS*	10 BONELESS WINGS CRISPY CHICKEN SANDWICH TUNA SANDWICH PB&J SANDWICH*	11 HAMBURGER INDIVIDUAL PIZZA HOT DOG PANINI & HUMMUS*	12 PEPPERBELLIES PIZZA SLICE* PB&J SANDWICH*
15 MLK HOLIDAY	16 CALZONE TACO CHEESE RAVIOLI* BAKED PASTA PANINI & HUMMUS*	17 BONELESS WINGS FISH SANDWICH TURKEY SANDWICH PB&J SANDWICH*	18 HAMBURGER INDIVIDUAL PIZZA HOT DOG PANINI & HUMMUS* 	19 ORANGE CHICKEN & NOODLES PIZZA SLICE* PB&J SANDWICH* CABBAGE TASTING
22 CORN DOG PASTRAMI SANDWICH SHREDDED BEEF BURRITO BEAN & CHEESE BURRITO* PB&J SANDWICH*	23 CHEESE RAVIOLI* CALZONE BBQ PORK SANDWICH SPAGHETTI PANINI & HUMMUS*	24 BONELESS WINGS CRISPY CHICKEN SANDWICH TUNA SANDWICH PB&J SANDWICH*	25 COLLABORATION DAY SACK LUNCH	26 BAKED CHICKEN & MASHED POTATOES PIZZA SLICE* PB&J SANDWICH*
29 CHEESEBURGER TWINS MEATBALL SANDWICH CHEF SALAD PB&J SANDWICH*	30 CALZONE TACO CHEESE RAVIOLI* MACARONI & CHEESE* PANINI & HUMMUS*	31 BONELESS WINGS FISH SAND TURKEY SANDWICH PB&J SANDWICH*		

Harvest of the Month



Network for a Healthy California



OFFERED DAILY:

- 1% LOWFAT MILK
- NONFAT CHOC. MILK
- FRESH FRUITS & VEGETABLES

Choose at least 3 components (meat, grain, milk, fruit or vegetable)

1 must be a fruit or vegetable

All meals are low sodium and all grains are whole grains!