



January 2018

HUGO REID LUNCH MENU

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
1	WINTER BREAK		WINTER BREAK	3	WINTER BREAK	4	WINTER BREAK	5	WINTER BREAK
8	CHICKEN GIGGLES CHEESEBURGER TWINS PB&J SANDWICH* YOGURT, STRING CHEESE, AND CRACKERS*	9	MACARONI & CHEESE* ORANGE CHICKEN & RICE PASTRAMI SANDWICH	10	PIZZA SLICE* BEAN & CHEESE BURRITO* TURKEY SANDWICH YOGURT, STRING CHEESE, AND CRACKERS*	11	POPCORN CHICKEN CORN DOG CHEESE QUESADILLA* PB&J SANDWICH*	12	PEPPERBELLIES CHEESE BREAD TURKEY & HAM SANDWCH
15	MLK HOLIDAY	16	BAKED PASTA ORANGE CHICKEN & RICE PASTRAMI SANDWICH	17	PIZZA SLICE* BEAN & CHEESE BURRITO* TURKEY SANDWICH YOGURT, STRING CHEESE, AND CRACKERS* BROWNIE	18	POPCORN CHICKEN CORN DOG CHEESE QUESADILLA* PB&J SANDWICH*	19	CHICKEN BURGER CHEESE BREAD TURKEY & HAM SANDWCH
22	CHICKEN GIGGLES CHEESEBURGER TWINS PB&J SANDWICH* YOGURT, STRING CHEESE, AND CRACKERS*	23	SPAGHETTI TACOS ORANGE CHICKEN & RICE CHEESE QUESADILLA* PASTRAMI SANDWICH	24	PIZZA SLICE* BEAN & CHEESE BURRITO* TURKEY SANDWICH YOGURT, STRING CHEESE, AND CRACKERS*	25	COLLABORATION DAY SACK LUNCH	26	BBQ CHICKEN, CORN CHEESE BREAD TURKEY & HAM SANDWCH
29	CHICKEN GIGGLES CHEESEBURGER TWINS PB&J SANDWICH* YOGURT, STRING CHEESE, AND CRACKERS*	30	MACARONI & CHEESE* ORANGE CHICKEN & RICE PASTRAMI SANDWICH	31	PIZZA SLICE* BEAN & CHEESE BURRITO TURKEY SANDWICH, YOGURT, STRING CHEESE, AND CRACKERS*				

**Harvest
of the
Month**

Network for a Healthy California



OFFERED DAILY:

1% LOWFAT MILK
NONFAT CHOC. MILK
FRESH FRUITS
AND VEGETABLES

Choose at least 3
components
(meat, grain, milk, fruit
or vegetable)

1 must be a fruit or
vegetable

All meals are low sodium
and all grains are whole
grains!