



# January 2018

## FOOTHILLS LUNCH MENU

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
1	WINTER BREAK	2	WINTER BREAK	3	WINTER BREAK	4	WINTER BREAK	5	WINTER BREAK
8	PIZZA SLICE* RAVIOLI GRILLED CHICKEN SALAD PB&J SANDWICH*	9	TACO BBQ PORK SANDWICH MACARONI & CHEESE* CHICKEN CAESAR SALAD PANINI & HUMMUS*	10	BONELESS WINGS POPCORN CHICKEN ASIAN SALAD PB&J SANDWICH*	11	BAHN MI SANDWICH HAMBURGER CHEESEBURGER PITA & HUMMUS*	12	TERIYAKI CHICKEN & RICE CHILI CHEESE WEDGES BEAN & CHEESE BURRITO* PB&J SANDWICH*
15	MLK HOLIDAY	16	TACO CHICKEN PARMESAN SANDWICH BAKED PASTA CHICKEN CAESAR SALAD PANINI & HUMMUS*	17	BONELESS WINGS POPCORN CHICKEN ASIAN SALAD PB&J SANDWICH*	18	HOT DOG HAMBURGER CHEESEBURGER PITA & HUMMUS* 	19	BBQ DRUMSTICKS FISH SANDWICH BEAN & CHEESE BURRITO* PB&J SANDWICH*
22	PIZZA SLICE* RAVIOLI GRILLED CHICKEN SALAD PB&J SANDWICH*	23	TACO BBQ PORK SANDWICH SPAGHETTI CHICKEN CAESAR SALAD PANINI & HUMMUS*	24	BONELESS WINGS POPCORN CHICKEN ASIAN SALAD PB&J SANDWICH*	25	COLLABORATION DAY  SACK LUNCH	26	TERIYAKI CHICKEN & RICE CHILI CHEESE WEDGES BEAN & CHEESE BURRITO* PB&J SANDWICH*
29	PIZZA SLICE* LASAGNA GRILLED CHICKEN SALAD PB&J SANDWICH*	30	TACO CHICKEN PARMESAN SANDWICH MACARONI & CHEESE* CHICKEN CAESAR SALAD PANINI & HUMMUS*	31	BONELESS WINGS POPCORN CHICKEN ASIAN SALAD PB&J SANDWICH*				

**Harvest of the Month**  
  
 Network for a Healthy California



**OFFERED DAILY:**

1% LOWFAT MILK  
 NONFAT CHOC. MILK  
 FRESH FRUITS  
 AND VEGETABLES

Choose at least 3  
 components  
 (meat, grain, milk, fruit  
 or vegetable)

1 must be a fruit or  
 vegetable

All meals are low sodium  
 and all grains are whole  
 grains!