



January 2018

DANA BREAKFAST MENU

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
1	WINTER BREAK	2	WINTER BREAK	3	WINTER BREAK	4	WINTER BREAK	5	WINTER BREAK
8	BREAKFAST BURRITO POPTARTS* MUFFINS*	9	BREAKFAST PIZZA BAGEL & CREAM CHEESE* CEREALS*	10	FRENCH TOAST & SAUSAGE YOGURT PARFAIT* POPTARTS* MUFFINS*	11	EGG & SAUSAGE MUFFIN CINNAMON TWISTS* BAGEL & CREAM CHEESE* CEREALS*	12	PANCAKE ON STICK WG POWDERED SUGAR DONUT* CONCHA* MUFFINS* POPTARTS*
15	MLK HOLIDAY	16	BREAKFAST PIZZA BAGEL & CREAM CHEESE* CEREALS*	17	FRENCH TOAST & SAUSAGE YOGURT PARFAIT* POPTARTS* MUFFINS*	18	EGG & SAUSAGE MUFFIN CINNAMON TWISTS* BAGEL & CREAM CHEESE* CEREALS*	19	PANCAKE ON STICK WG POWDERED SUGAR DONUT* CONCHA* MUFFINS* POPTARTS*
22	BREAKFAST BURRITO POPTARTS* MUFFINS*	23	BREAKFAST PIZZA BAGEL & CREAM CHEESE* CEREALS*	24	FRENCH TOAST & SAUSAGE YOGURT PARFAIT* POPTARTS* MUFFINS*	25	COLLABORATION DAY EGG & SAUSAGE MUFFIN CINNAMON TWISTS* BAGEL & CREAM CHEESE* CEREALS*	26	PANCAKE ON STICK WG POWDERED SUGAR DONUT* CONCHA* MUFFINS* POPTARTS*
29	BREAKFAST BURRITO POPTARTS* MUFFINS*	30	BREAKFAST PIZZA BAGEL & CREAM CHEESE* CEREALS*	31	FRENCH TOAST & SAUSAGE YOGURT PARFAIT* POPTARTS* MUFFINS*				

Harvest of the Month
Network for a Healthy California



OFFERED DAILY:

1% LOWFAT MILK
NONFAT CHOC. MILK
APPLE JUICE
ORANGE JUICE
FRESH FRUIT

You must choose at least 3 items (meat, grain, fruit, juice, or milk)

1 must be a fruit

All meals are low sodium and all grains are whole grains!