



# January 2018

## DANA LUNCH MENU

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
1	WINTER BREAK	2	WINTER BREAK	3	WINTER BREAK	4	WINTER BREAK	5	WINTER BREAK
8	POPCORN CHICKEN MEATBALL SANDWICH BEAN & CHEESE BURRITO* PB&J SANDWICH*	9	BONELESS WINGS MACARONI & CHEESE* CHICKEN CAESAR SALAD PANINI & HUMMUS*	10	HAMBURGER HOT DOG BBQ PORK SANDWICH PB&J SANDWICH*	11	LASAGNA PIZZA SLICE* PITA & HUMMUS*	12	BBQ CHICKEN SANDWICH PEPPERBELLIES CHEESEBURGER TWINS PB&J SANDWICH*
15	MLK HOLIDAY	16	BONELESS WINGS BAKED PASTA CHICKEN CAESAR SALAD PANINI & HUMMUS*	17	HAMBURGER HOT DOG BBQ PORK SANDWICH PB&J, W 18	18	TACO PIZZA SLICE* PITA & HUMMUS*	19	BBQ DRUMSTICK WITH MASHED POTATOES PEPPERBELLIES CHILI CHEESE WEDGES* SPICY CHICKEN SANDWICH PB&J SANDWICH*
22	POPCORN CHICKEN MEATBALL SANDWICH BEAN & CHEESE BURRITO* PB&J SANDWICH*	23	BONELESS WINGS SPAGHETTI CHICKEN CAESAR SALAD PANINI & HUMMUS*	24	HAMBURGER HOT DOG BBQ PORK SANDWICH PB&J SANDWICH*	25	COLLABORATION DAY  SACK LUNCH	26	BBQ CHICKEN SANDWICH CHEESEBURGER TWINS PB&J SANDWICH*
29	POPCORN CHICKEN CHICKEN PARMESAN SANDWICH BEAN & CHEESE BURRITO PB&J SANDWICH*	30	BONELESS WINGS MACARONI & CHEESE CHICKEN CAESAR SALAD PANINI & HUMMUS	31	HAMBURGER HOT DOG BBQ PORK SANDWICH PB&J SANDWICH*				

Harvest  
of the  
Month

Network for a Healthy California



OFFERED DAILY:

1% LOWFAT MILK  
NONFAT CHOC. MILK  
FRESH FRUITS  
AND VEGETABLES

Choose at least 3  
components  
(meat, grain, milk, fruit  
or vegetable)

1 must be a fruit or  
vegetable

All meals are low sodium  
and all grains are whole  
grains!