


# December 2017

## DANA LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 BBQ CHICKEN SANDWICH CHEESEBURGER TWINS PB&J SANDWICH*
4 POPCORN CHICKEN CHICKEN PARMESAN SANDWICH BEAN & CHEESE BURRITO* PB&J SANDWICH*	5 BONELESS WINGS MACARONI & CHEESE* CHICKEN CAESAR SALAD PANINI & HUMMUS*	6 HAMBURGER HOT DOG BBQ PORK SANDWICH PB&J, W 	7 TACO PIZZA SLICE* PITA & HUMMUS*	8 BBQ DRUMSTICK WITH MASHED POTATOES PEPPERBELLIES CHILI CHEESE WEDGES* SPICY CHICKEN SANDWICH PB&J SANDWICH*
11 POPCORN CHICKEN, M MEATBALL SANDWICH B&C BURRITO, M PB&J, M	12 BONELESS WINGS CHICKEN SOUP CHICKEN CAESAR SALAD PANINI & HUMMUS*	13 HAMBURGER HOT DOG BBQ PORK SANDWICH PB&J SANDWICH*	14 LASAGNA PIZZA SLICE* PITA & HUMMUS*	15 BBQ CHICKEN SANDWICH CHEESEBURGER TWINS PB&J SANDWICH*
18 POPCORN CHICKEN CHICKEN PARMESAN SANDWICH BEAN & CHEESE BURRITO* PB&J SANDWICH*	19 BONELESS WINGS SPAGHETTI CHICKEN CAESAR SALAD PANINI & HUMMUS*	20 HAMBURGER HOT DOG BBQ PORK SANDWICH PB&J SANDWICH*	21 TACO PIZZA SLICE* PITA & HUMMUS*	22 <b>MINIMUM DAY</b>  SACK LUNCH
25 <b>CHRISTMAS</b>	26 <b>WINTER BREAK</b>	27 <b>WINTER BREAK</b>	28 <b>WINTER BREAK</b>	29 <b>WINTER BREAK</b>

# Harvest of the Month

Network for a Healthy California



### OFFERED DAILY:

1% LOWFAT MILK  
NONFAT CHOC. MILK  
FRESH FRUITS  
AND VEGETABLES

Choose at least 3  
components  
(meat, grain, milk, fruit  
or vegetable)

1 must be a fruit or  
vegetable

All meals are low sodium  
and all grains are whole  
grains!