


# December 2017

## FOOTHILLS LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 TERIYAKI CHICKEN & RICE CHILI CHEESE WEDGES BEAN & CHEESE BURRITO* PB&J SANDWICH*
4 PIZZA SLICE* LASAGNA GRILLED CHICKEN SALAD PB&J SANDWICH*	5 TACO CHICKEN PARMESAN SANDWICH MACARONI & CHEESE* CHICKEN CAESAR SALAD PANINI & HUMMUS*	6 BONELESS WINGS POPCORN CHICKEN ASIAN SALAD PB&J SANDWICH*	7 HAMBURGER CHEESEBURGER HOT DOG PITA & HUMMUS	8 BBQ DRUMSTICKS FISH SANDWICH BEAN & CHEESE BURRITO* PB&J SANDWICH*
11 PIZZA SLICE* RAVIOLI GRILLED CHICKEN SALAD PB&J SANDWICH*	12 TACO BBQ PORK SANDWICH CHICKEN SOUP CHICKEN CAESAR SALAD PANINI & HUMMUS*	13 BONELESS WINGS POPCORN CHICKEN ASIAN SALAD PB&J SANDWICH*	14 HOT DOG HAMBURGER CHEESEBURGER PITA & HUMMUS* 	15 TERIYAKI CHICKEN & RICE CHILI CHEESE WEDGES BEAN & CHEESE BURRITO* PB&J SANDWICH*
18 PIZZA SLICE* LASAGNA GRILLED CHICKEN SALAD PB&J SANDWICH*	19 TACO CHICKEN PARMESAN SANDWICH SPAGHETTI CHICKEN CAESAR SALAD PANINI & HUMMUS*	20 BONELESS WINGS POPCORN CHICKEN ASIAN SALAD PB&J SANDWICH*	21 HAMBURGER CHEESEBURGER HOT DOG PITA & HUMMUS	22 MINIMUM DAY SACK LUNCH
25 CHRISTMAS	26 WINTER BREAK	27 WINTER BREAK	28 WINTER BREAK	29 WINTER BREAK



### OFFERED DAILY:

1% LOWFAT MILK  
NONFAT CHOC. MILK  
FRESH FRUITS  
AND VEGETABLES

Choose at least 3  
components  
(meat, grain, milk, fruit  
or vegetable)

1 must be a fruit or  
vegetable

All meals are low sodium  
and all grains are whole  
grains!