



December 2017

DANA BREAKFAST MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 PANCAKE ON STICK WG POWDERED SUGAR DONUT* CONCHA* MUFFINS* POPTARTS*
4 BREAKFAST BURRITO POPTARTS* MUFFINS*	5 BREAKFAST PIZZA BAGEL & CREAM CHEESE* CEREALS*	6 FRENCH TOAST & SAUSAGE YOGURT PARFAIT* POPTARTS* MUFFINS*	7 EGG & SAUSAGE MUFFIN CINNAMON TWISTS* BAGEL & CREAM CHEESE* CEREALS*	8 PANCAKE ON STICK WG POWDERED SUGAR DONUT* CONCHA* MUFFINS* POPTARTS*
11 BREAKFAST BURRITO POPTARTS* MUFFINS*	12 BREAKFAST PIZZA BAGEL & CREAM CHEESE* CEREALS*	13 FRENCH TOAST & SAUSAGE YOGURT PARFAIT* POPTARTS* MUFFINS*	14 EGG & SAUSAGE MUFFIN CINNAMON TWISTS* BAGEL & CREAM CHEESE* CEREALS*	15 PANCAKE ON STICK WG POWDERED SUGAR DONUT* CONCHA* MUFFINS* POPTARTS*
18 BREAKFAST BURRITO POPTARTS* MUFFINS*	19 BREAKFAST PIZZA BAGEL & CREAM CHEESE* CEREALS*	20 FRENCH TOAST & SAUSAGE YOGURT PARFAIT* POPTARTS* MUFFINS*	21 EGG & SAUSAGE MUFFIN CINNAMON TWISTS* BAGEL & CREAM CHEESE* CEREALS*	22 MINIMUM DAY PANCAKE ON STICK WG POWDERED SUGAR DONUT* CONCHA* MUFFINS* POPTARTS*
25 CHRISTMAS	26 WINTER BREAK	27 WINTER BREAK	28 WINTER BREAK	29 WINTER BREAK



OFFERED DAILY:

1% LOWFAT MILK
NONFAT CHOC. MILK
APPLE JUICE
ORANGE JUICE
FRESH FRUIT

You must choose at least 3 items (meat, grain, fruit, juice, or milk)

1 must be a fruit

All meals are low sodium and all grains are whole grains!